

February 2026

Activities are
subject to change.

 = ONLINE PROGRAM
 = IN-PERSON PROGRAM

 = VIDEO LECTURE
 = PAID EVENT






















Edgar Cayce's **ARE**
your body | mind | spirit resource since 1931 

HEADQUARTERS EVENTS & WEBINARS


12:00pm Mon–Fri
Staff Lead Meditation



2:30pm Every Day
Visitor Center Tour


3:30–4:30pm Every Day
Free Daily Lecture


SUN	MON	TUES	WED	THUR	FRI	SAT
1 LECTURE: Cayce Remedies for Body, Mind, Spirit, J.P. Amonte, DC, BS, CMT 	2 LECTURE: Sacred Geometry, Donald Carroll  Student Chair Massage, Cayce Reilly, 1:30-4:30p.m., free	3 LECTURE: Our Amazing Soul Life, John Van Auken 	4 LECTURE: Edgar Cayce and the Importance of Ideals, Tyler Benson  Student Chair Massage, Cayce Reilly, 1:30-4:30p.m., free WEBINAR:   Angels of Attraction: Manifesting Your Heart's Desires, Karen Wright, MA, MHT, PhD 8-9:15p.m.	5 LECTURE: Prophecy and Earth Changes, Rev. Laura Jackson Loo 	6 LECTURE: Animals and the Afterlife with Edgar Cayce's Wisdom, Jennie E. Taylor 	7 Special Guest Psychic (Bookstore) 10:30a.m.–4p.m. LECTURE: Edgar Cayce on Dreams, Cheryl Baer-Bernath, CHt  Rhythm & Romance: An Afternoon of Salsa and Bachata, AREOM Studio, 2-4p.m.  Tarot Tea, (Meditation Room) 1-2:30p.m. 
8 LECTURE: Sacred Geometry, Donald Carroll 	9 LIVE LECTURE: Cayce's Psychic Attunement, Susan Barnes, PhD	10 LECTURE: Cayce Remedies for Body, Mind, Spirit, J.P. Amonte, DC, BS, CMT 	11 LIVE LECTURE: Love and Gratitude: Masuru Emoto's Study of Water, Dick Dinges	12 LIVE LECTURE: Neuroscience of the Soul: Restoring the Sacred Circuit Between Body, Mind Spirit, Nadira Grubbs	13 LIVE LECTURE: Metaphysics and the Mind, Doug Hough	14 Special Guest Psychic (Bookstore) 10:30a.m.–4p.m. ESP Demo 1 p.m. LECTURE: Edgar Cayce and the Importance of Ideals, Tyler Benson 
Women's Integrative Wellness Retreat, Corinne Cayce, MA and Judith Stevens Feb. 12-15 (Main) 						
15 LECTURE: Our Amazing Soul Life, John Van Auken 	16 LECTURE: Edgar Cayce on Dreams, Cheryl Baer-Bernath, CHt 	17 LECTURE: Cayce Remedies for Body, Mind, Spirit, J.P. Amonte, DC, BS, CMT 	18 LIVE LECTURE: Past Lives for Positive Change: Past-Life Regression, Karen Wright, MA, MHT WEBINAR:   Sacred Partnership: Feng Shui Your Space for Romantic Connection, Kim Goeltom, MA, 8-9:15p.m.	19 LECTURE: Animals and the Afterlife with Edgar Cayce's Wisdom, Jennie E. Taylor 	20 Special Guest Psychic (Bookstore) 10:30a.m.–4p.m.	SATURDAY, FEB 21 10 a.m.–5 p.m.  body mind spirit FAIR
22 LIVE LECTURE: Circulation and Vitality, Sheri Marshall, MD	23 LECTURE: My Life with Edgar Cayce, June Bro with Pam Bro 	24 LIVE LECTURE: Circulation and Vitality, Sheri Marshall, MD	25 LECTURE: Prophecy and Earth Changes, Rev. Laura Jackson Loo 	26 LIVE LECTURE: Gemstone and Crystal Healing, Patricia Guerra	27 LIVE LECTURE: Healthy Nutrition the Edgar Cayce Way, Judith Stevens	28 Special Guest Psychic (Bookstore) 10:30a.m.–4p.m. ESP Demo 1 p.m. LECTURE: Amazing Soul Life, John Van Auken 
				Whispers Between Worlds, Nancy Laporta (Main) 6:30-8:30p.m. 	Soul Writing™ Training Intensive, Joanne DiMaggio, MA, CHt Feb. 27-Mar. 1 (Main) 	



STUDY GROUPS

A Search for God | Book 1
Wed, 6-7:15 p.m. 
(Meditation Room)

A Search for God | Book 2
Mon, 4–5 p.m.  (Copeland)
Fri, 12:30–1:30 p.m.  (Wynne)

Comparative Studies
Thu, 2–3 p.m. (Copeland) 

Glad Helpers (Meditation Room)
Tue, 10 a.m.–12 p.m. 


Lemuria/Atlantis, 
Book of Revelation 
Alternating Thursdays,
12:30–1:30 p.m. (Copeland)




For list of all/online study groups, please go to:
EdgarCayce.org/StudyGroups

SAVE THE DATE


Reiki III Certificate Training
Mar 7–8, 2026 


Holistic Wellness Practitioner Training
Mar 12–15, 2026 

Regression Hypnosis Certificate Training
April 13–17, 2026 

Wisdom of the Cards
April 25–26, 2026 

Echoes of the Past: Awakening to Your Soul's Many Lives
May 1–3, 2026 

95th A.R.E. Members Congress
Jun 7–12, 2026 

Couples Integrative Wellness Retreat
July 16–19, 2026 

EdgarCayce.org/Events





AREÖM CLASSES



YOGA & DANCE

Mind | Body | Spirit | Community

Membership: \$69 per month

Ask about our ARE Members, Military, and Senior discounts!

MONDAYS

5:30–6:30 p.m. **Meditation** (Meditation Room, *free*)

6:30–7:30 p.m. **Yoga & Sound Healing**

TUESDAYS

11:00 a.m.–12:00 p.m. **Tai Chi**

12:30–1:30 p.m. **Aura Flow Color Yoga**

5:00–6:00 p.m. **Qigong**

6:30–7:30 p.m. **Flow Yoga**

WEDNESDAYS

10:30–11:30 a.m. **Chair Yoga**

12:30–1:30 p.m. **Yoga for Health**

5:30–6:30 p.m. **Yin Yoga**

6:30–7:30 p.m. **Somatic Yoga**

THURSDAYS

12:30–1:30 p.m. **Kundalini Yoga**

5:30–6:30 p.m. **Belly Dance**

6:30–7:30 p.m. **Salsa: Joyful Steps**

FRIDAYS

12:00–1:00 p.m. **Gentle Yoga with Reiki**

4:00–5:00 p.m. **Yoga for Health**

SATURDAYS

11:00 a.m.–12:00 p.m. **Hatha Yoga**

12:30–1:30 p.m. **Tai Chi**

SUNDAYS

12:00–1:30 p.m. **Sacred Sunday Yoga**

1:30–2:30 p.m. **Bachata Latin Dance**



UPCOMING EVENTS



2026

an A.R.E. Community Event

Whispers Between Worlds

Connecting with Loved Ones Who Have Passed

FEB 26, 2026 | with Nancy Laporta

MAR 26, 2026 | *Whiskers Between Worlds*
with Nicole Harp

APR 30, 2026 | with Nancy Laporta

UPCOMING

Wednesday Night Webinars



FEB 4, 2026



Angels of Attraction:
Manifesting Your Heart's Desires
with Karen Wright, MA, MHT

FEB 18, 2026



Sacred Partnership: Feng Shui Your Space for Romantic Connection
with Kim Goeltom, MA

MAR 4, 2026



Healing Your Soul Family
with Kristy Robinett

MAR 18, 2026



The Magic of Dreams
with Samantha Fey

 = Online Program  = In-Person Program

AREÖM: Special Workshops!



DANCE OF THE FLOWERS: PERSIAN DANCE CHOREOGRAPHY

with Katayoun Farah, Expressive Movement
Coordinator and Cultural Dance Artist

Mar. 7, 2026, 2pm–4 pm, AREÖM Studio, \$40

Step into the magical world of Persian culture, where flowers aren't just beautiful, they're sacred symbols of divinity, creation, and purity. Edgar Cayce's readings described an ancient Persian society with deep spiritual roots that later blossomed into the Zoroastrian religion, a tradition that honored the divine through nature's elegance.

RHYTHM & ROMANCE: AN AFTERNOON OF SALSA & BACHATA



with Leroy Windfield and Ayden Galindez

Feb. 7, 2026, 2pm–4 pm, AREÖM Studio, \$40

Celebrate love in all its forms with an electrifying Salsa and Bachata workshop! Whether you're coming with a partner, your best friend, or flying solo, this lively afternoon is about connecting through the universal language of dance, dance for insight, clarity, and spiritual connection.

VISITOR CENTER

(800) 333-4499 | (757) 457-7265 | EdgarCayce.org

Visitor Services: Mon-Sat: 10 a.m.–5 p.m.
Sun 12 p.m.–5 p.m.

Gift & Bookstore: Mon-Sat: 10 a.m.–5 p.m.
Sun 12 p.m.–5 p.m.

Library: **TEMPORARILY CLOSED**
For online library access email
library@edgarcayce.org

FEBRUARY SPECIALS

Twin Flames Couples

60 minute Cayce Massage **\$220**

90 minute Cayce Massage **\$270**

Love Bug Couples Facial
45 minute **\$210**

Post First Date Glow
Facial Combo | 90 minute **\$155**

HEALTH CENTER & SPA

(757) 457-7202 | AREhealth.org

Mon: 10 a.m.–6 p.m.

Tue: 10 a.m.–2 p.m.

Wed: 10 a.m.–2 p.m.

Thur: 10 a.m.–6 p.m.

Fri: 10 a.m.–6 p.m.

Sat: 10 a.m.–6 p.m.

Sun: 10 a.m.–5 p.m.

NOW OPEN! SESSION AT THE A|R|E CAFÉ

(757) 457-7105

Mon-Sat: 9 a.m.–3 p.m.



Session
AT THE
A|R|E CAFÉ

CAYCE REILLY® SCHOOL OF MASSAGE

(757) 457-7249 | CayceReilly.edu | earl.wallace@edgarcayce.org

BOOK A STUDENT MESSAGE (757-457-7146)

Tue-Thur: 1–5 p.m.

Sat: 9:30 a.m.–5 p.m.

October Full Time Day 2026

- Orientation: Oct. 16, 2026
- **First Semester:** Oct. 19, 2026 - Feb. 5, 2027
- **Second Semester:** Feb. 8, 2027 - May 19, 2027

Full time students are finished in 8 months;
Part-time students are finished in about one year.



ATLANTIC UNIVERSITY ONLINE COURSES

(757) 457-7249 | AtlanticUniv.edu | earl.wallace@edgarcayce.org

Spring 2026:

- April 6–June 28, 2026
- **All applications due:** March 20, 2026



EdgarCayce.org |  | 

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(757) 428-3588 | (800) 333-4499