



# Holistic Wellness Practitioner Training

featuring Dr. Jean Paul (JP) Amonte, D.C.

Thursday, March 12		Friday, March 13	Saturday, March 14	Sunday, March 15
9:00 a.m.-10:30 a.m.	8:30 a.m.-9:00 a.m. Registration 9:00 a.m.-9:10 a.m. Welcome & Orientation	Morning Movement Good Vibrations: Electromagnetic Healing Cayce's Electro Therapies Mechanical Treatments Energy Healing Earthing/Grounding	Morning Movement Holistic Herbal Healing Cayce's Herbal Tonics Cayce's Herbal Teas Potato Poultice Grape Poultice Onion Poultice Mullein Poultice/Stupe Turpentine Stupe	Morning Movement How to Live Forever: Current Research on Longevity and Immortality Healing Past, Present, and Future Hypnotherapy Past Life Regression Future Life Projection
	Morning Movement Mind Is the Builder: The Healing Power of Consciousness Cayce's Holisitic Philosophy Guided Meditation Restorative Breathwork Brainwave Analysis			
10:30 a.m.-10:45 a.m.	Energy Break			
10:45 a.m.-12:00 p.m.	Cayce's C.A.R.E Method Setting Ideals for the Body/Mind/Spirit	Cayce's Radiac appliance, Tesla's Violet Ray, UV & Green Light Therapy Biofield Energy Balancing	Glyco/Alkacare Pack Castor Oil Pack	Guided Meditation Holistic Karmic Healing Finding Our Life's Purpose
12:00 p.m.-2:00 p.m.	Lunch			
2:00 p.m.-3:30 p.m.	The Beautiful Body Temple Cayce's Holistic Diet Nutritional Healing Holistic Weight Loss	Cayce's Holistic Massage & Manual Therapy Swedish Massage Techniques Spinal Massage Patterns	Epsom Salts Pack Apple Cider/Salt Pack Atomidine Support	
3:30 p.m.-3:45 p.m.	Energy Break			
3:30 p.m.-5:00 p.m.	Natural Beauty & Skin Care Holistic Exercise Plans Cayce-based Detox Plans	Joint Mobilization Holistic Hydrotherapy Lymphatic Drainage Techniques	How to Make Tinctures How to Infuse Oils	
Schedule is subject to change.				

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