

A.R.E./Glad Helpers' International Prayer List



JANUARY 2026

Dear Prayer and Healing Friends,

As we step into a new year, let us embrace the tranquility God offers us. "And the peace of God, which transcends all understanding, will guard your hearts and your minds in Christ Jesus." Philippians 4:7. In a world filled with challenges and chaos, this divine peace is our anchor. Let us remember the words of Matthew 5:9, "Blessed are the peacemakers, for they will be called children of God."

This year, strive to become a beacon of peace in every situation. Each act of kindness is a step toward harmony. Isaiah 26:3 promises, "You will keep in perfect peace those whose minds are steadfast, because they trust in you." As we trust in the Lord, let us focus on His goodness and love, which can dispel any fear or anxiety. Jeremiah 29:11 declares, "For I know the plans I have for you . . . plans to prosper you and not to harm you, plans to give you hope and a future."

With faith, let us walk into this coming year filled with hope, peace, and the assurance of God's presence. Wishing all a blessed and peaceful New Year!

Savanna Barbarian

Savanna Barbarian
Prayer and Meditation Services

Prayer: A Pathway to Peace—Part 5 Savanna Barbarian

In Edgar Cayce reading 254-92, given on December 16, 1936, a profound emphasis is made on the essence and purpose of both organizations and individuals. The reading begins by asserting that "all the laws as pertain to the activities are the same . . . [The] materialization first has its inception in the mental and spiritual realm . . .," highlighting the universal truths that guide both material and spiritual matters. This aligns with Philippians 4:9, "Whatever you have learned or received or heard from me, or seen in me—put it into practice. And the God of peace will be with you." Here, the practice of universal truths cultivates peace.

The work reading continues by underscoring that an organization's mission is deeply interwoven in the lives of those that are active in its material being. These influences are driven by desire, whether personal or collective. We see that aligning individual desires with higher purposes fosters peace and harmony, creating a unified effort toward collective goals.

It is further suggested that "in seeking information as to the conducting of the affairs and of carrying forward the ideals and purposes of such an organization, consider the sources from which such information may come and as to what and as to how they apply toward what is set as the ideal." This emphasizes the importance of consensus and guidance, resonating with James 3:18, "Peacemakers who sow in peace reap a harvest of righteousness." The collective pursuit of understanding and wisdom is a powerful conduit for achieving peace and righteousness.

There is strong emphasis on individual roles within broader purposes, with the assertion that "yet there becomes in the practical application more of a confusion, unless the *ideals* and the purposes that are of a spiritual nature are held to." "Deceit is in the hearts of those who plot evil, but those who promote

Cont. on page 2



January 2026 Affirmation

"Our Father, our God, in the name of the Christ, Jesus, we ask that thou purify our hearts . . . that the peace . . . in the Christ may be manifest through . . . thoughts and . . . deeds done in my body."

Edgar Cayce reading 281-65

The Edgar Cayce readings emphasize the importance that those who are seeking help and healing through prayer actively participate in the prayer effort—praying for themselves and others on the list. This creates a cooperative, unified prayer effort. In the giving comes receiving.

AS HELP IS RECEIVED, REMEMBER TO THANK GOD,
THE GIVER OF ALL GOOD AND PERFECT GIFTS.

A.R.E. Prayer and Meditation Services

215 67th Street • Virginia Beach, VA 23451-2061 • 800-333-4499, ext. 7551 • EdgarCayce.org/prayer • prayer@edgarcayce.org

Due to the growing number of monthly prayer requests, multiple requests for and from the same family member will be listed as (your name) "Jane Doe and Family," or "Jane Doe and Friends," or "Jane Doe and Family & Friends." We will pray for you, as the channel, as you pray for those on your personal prayer list, which is what Mr. Cayce instructed members of the original Prayer Group to do. Thank you for your understanding and assistance.

Request for Direct Healing for the February List

I AGREE TO
PRAY FOR:

Full Name, (Please Print)

and to pray with those names on the Glad Helpers Prayer List (Morning, Noon, Sunset, Evening, Passed On), or with those whom I feel led to pray for on the list:

SEND LIST TO: NAME _____

ADDRESS _____

CITY _____ STATE _____ ZIP _____

*EMAIL _____

☐ I want to help save money! Please sign me up to receive the list via email*.

You are joined in prayer by the Glad Helpers Prayer Healing Group. If your request is received after the 2nd Monday of the month, it will be placed on the following month's printed list. **You must renew your name each month.**

- ☐ You have my full cooperation
☐ I feel that I have been aided

**PRAYER
TIME:***

- ☐ MORNING ☐ SURROUND (Those in need, but who are unable or unwilling to participate). Note: Names will not be printed on list, but they will be prayed for each day.
☐ NOON
☐ SUNSET
☐ EVENING
☐ PASSED ON

*Please choose one

Thank you!

Your donations completely
support this service.

- ☐ I am enclosing a \$ _____ donation to help support this work. We gladly accept checks, money orders, cash, and the four credit cards listed below.*

☐ VISA ☐ MasterCard

☐ AMEX ☐ Discover

Card Number _____

Expiration Date: ____/____/____

Signature: _____

2026PL

*Please make check payable to A.R.E., and in the lower left-hand corner of your check, designate: "for Prayer and Meditation Services." We thank you.

Cont. from page 1

peace have joy," Proverbs 12:20. This verse encourages aligning individual actions with peace to overcome confusion and disunity.

The reading advocates for a harmonious integration of personal and collective aspirations, guided by universal laws, to cultivate peace.

Work reading 254-92 delves deeper into the responsibilities and challenges that arise within an organization. The guidance begins with a question, "How did thy Master work?" This reflects on the need to emulate Christ's teachings as organizations seek to fulfill their purpose. In John 14:27, Jesus states, "Peace I leave with you; my peace I give you," underscoring that true leadership and the guiding principles of any organization should be rooted in peace.

Mr. Cayce highlights the critical distinction of roles, stating that having "an individual soul's entity" represents a unique perspective and potential within the collective. This notion connects with Romans 12:4-5, "For just as each of us has one body with many members, and these members do not all have the same function, so in Christ we, though many, form one body." The interconnectedness of individuals emphasizes that each contributes to the overarching goal of peace and cooperation.

The reading goes on to say that the Association must present con-

crete evidence of being "grounded in mental and spiritual truth. But not that it is to build up any organization that is to be as a cism or a cult or ism, or to build up money or wealth or fame, or position . . ." Ephesians 4:3 reinforces this, urging, "Make every effort to keep the unity of the Spirit through the bond of peace." Such unity is essential for overcoming conflict and achieving a shared vision.

Mr. Cayce mentions a frequency of thought, indicating that those who seek information must prioritize peaceful intentions. Colossians 3:15 emphasizes this: "Let the peace of Christ rule in your hearts, since as members of one body you were called to peace." Here, the guidance is clear: *internal* peace is foundational for *external* action.

Work reading 254-92 serves not only as a call to embody peace within organizational structures, but also as an invitation to weave a tapestry of collaboration and understanding among the members and staff of the organization. We can create a foundation of peace, where peace is not just an ideal, but is also a guiding principle. Let our commitment to peace inspire transformative actions that resonate far beyond our organizations, nurturing a world where understanding flourishes and communal bonds are strengthened.



MORNING

Vera Ambrosio
 Fran Baldassarre
 Dianne Bargonetti
 Steve Bargonetti
 Robert Baxter and Family
 Monica A. Bigelow
 Thomas Bottegal
 Jean M. Brewer
 Laura Broomfield
 Dantae Brown
 Sandy Brown
 Connie Sue Lee Brzezanski
 Brenda Ann Clark
 Judith Ann Cook
 William Cuff and Family
 Mary David
 Nancy Delle Femine
 Joan Dickerson
 Marlene Duet
 Corrine Emerson
 Catherine Ericson
 Edward A. Ericson
 Cheryl Lorraine Evans
 Melanie Eyink
 Susan Farlow
 Theresa Jane Gerstemeier
 Carol Guile

Megan Hale
 Robert Hanus
 Jill Harmer
 Teri Harris
 Eric Hess
 Tracy Ann Hodges
 Molly A. Horstman
 Diane Houde
 Chris Jacquard
 Holly Jacquard
 Margaret Jacquard
 Daniel Jimerson Family and Friends
 Kellee L. Johnson
 Christy Kano
 Aurorah Kelevh
 Olney King
 Sandra Lee Kistler-Connolly Family and Friends
 Ronni Kochev
 Marina Kurkov
 Deborah Lee
 James Leung
 Nicole Lewis
 Sal Lopez
 J. Zoltan Lover
 Kim Malone Family and Friends
 Luke Mars
 Joshua Martin II
 Sharon McCray

Richard Meyer
 John Montague
 Kandice Montague
 Bob E. Montejo
 Ryan Mountain
 Thomas George Nawrocki
 Kevin O'Shea
 Pamela Peters
 Barbara Jimas Peterson
 Kim Terese Phetteplace Family and Friends
 Paul Picone
 Diana Potts
 Trenden Potts
 Yvonne Quevedo Family and Friends
 Charlotte Ratushny
 Gregory Ratushny
 Hayden Ratushny
 Vladimir Ratushny
 Larry Rhoten
 Karen Robinson
 Linda Turrill Sayers Family and Friends
 Patricia Scarbrough
 Upendra Shah
 Sophia Sharfstein
 Penny Ann Soussa Family and Friends
 Hazrah Spring-Leahy Family and Friends

Frederick E Steinway
 Philomena Sucharda Family and Friends
 Finn Tyrrell
 Lucy Tyrrell
 Yolanda Quevedo Underwood Family and Friends
 Sue Walkup
 Audrey Warnick
 Donna White
 Jeremiah White, Jr.
 Josephine White
 Jill Austin Wickham
 Mitzi Wiederkehr
 Vivian Wood
 Irma Wooliever
 Connie Lynne Wright
 Adelaida Zeno



NOON

Lydia Bashay
 Edith Blake
 John Brittell Family and Friends
 Myrtle Burge
 Ellen Cayce
 Marlene Clermonts
 Mary Clermonts
 Gloria Corone Family and Friends
 Ann Cortese

Teresa Ellis
 Linda Frazier
 Robert Frazier
 Brad Freeman
 Cindy Freeman
 Mandy Freeman-Honeycutt
 Stephen Freeman
 Kimberly Gales
 Joan Hanley
 Joyce Hayes
 Pierre Hebert
 Dianne Hill

Carolyn Houghton
 Brandi Hughes
 TiaMarie Hughes
 Mary Anne Jackson
 Rembrandt L. Jackson, Jr.
 Crystal Lewis
 Coleen McCulloch
 Kathy McLeod Family and Friends
 Mindy Miller
 Nikkie Jimas Miller
 Billy Mitchell

Steve Nuin
 Pete Pattison
 Gina Preziosa and Family
 Samuel Pangle
 Roger Puente
 Ora Robinson
 Kenny Rowe
 Valerie Spangenberg
 Gail Tolzmann



SUNSET

Ryan Gabriel Armelao Rodriguez
 Guido Ferruccio Arrighi
 Maridel Barr
 Elisabetta Bersani
 Beatrice Bonetti
 Giuseppa Ciarmoli
 Meghann Dunagan
 Paul David Dunagan

Marina Ercole
 Marco Evangelista
 Mariella Evangelista
 Nicolo' Evangelista
 Paolo Evangelista
 Salvatore Evangelista
 Francesco Fabiano
 Ombretta Fugazzotto
 Giuseppina Gaggero
 Maria Grace Gurrieri
 Harry Holmes and Family

Ciro Inno
 Gianluca Inno
 Beatrice Rita Murano
 Francesco Antonio Murano
 Ornella Murano
 Martino Parodi
 Antonella Pedicelli
 Pierfrancesco Pellegrino
 Giovanna Pera
 Willa Pinto
 Sabrina Preti

Noah Raffini
 Mariella Saldi
 Aura Celeste Selmani
 Nathalia Vega



EVENING

Cathy Angelica
Hudson Badge
Melody Badge
Ramsey Badge
Maverick Les Bonham
Carl D. Booth
Sutonia Boykin
Lawrence Cherelli Family and Friends
Dulcinea Contreras
Makai Contreras
Breda Crowley Family and Friends
Lucrecia De La Espriella

Chris Dougherty
Gail Fairbanks
Luis Ferrada
Rodrigo Jean-Pierre Ferrada
Mona Forney
Linda S. Frazer
Robert Frazer
Mary Gemming and Family
James Geoghegan
Vanessa Graziano
Pueno Italiani
Ivan Ivanov
Nick Ivanov
Linda Keener

Pamela Krommendyk and Family
June M. Latine
Jacob Luevano
Rose MacDougall
JoAn Easton Marches Family and Friends
Barbara Margulis
Janalynn Martens
MarieAnn Messina
Concepcion Olivas
Gregg Petersen
Rhodes Pinto
Dorean Romero

Denise Roseman
Andrew Swyschuk
Terry Toland
Jolee Ukrainec
Johanna Van de Ven
Ana Vecchione
Arend Vecchione
Marcello Vecchione
Salvatore Vecchione
Linda Walter
Alonzo Whitney
Amy Zhan
Tammy Zimmerman



PASSED ON

Father, in Thy love, Thy mercy, be Thou near those who are in—and have recently entered—the borderland. May I aid, when Thou seest that Thou canst [can] use me. (281-15)

Pearl Ball
Patricia Barnett
Myrtle Bell Bundy
Thomas Bilella
Giuseppe Bonetti
Margie Boswell-Payton
Sandro Botto
Daisy Bourgeois
Jonathan Lee Brittell
Frances Burge
Daisy Carter
Ronald Charles
Chris Clermonts
Rick B. Conkling III
Ron Coté
Lisa Davis
Helen De Benedetti
América Jovane De La Espriella
Candida Celeste Dubrofsky
Daniel Dubrofsky
Edward Lev Easton
Marie Fussell-Boswell
Wendi Gifford
Cleo Glosson
Maurice Glover
Patty Goo

Mary Greco
Jose Luis Guillermo Ferrada
Paxton Haili
Juanita Hawkins
Jilma Hepner
Larry Hester
Elaine Hinson
Bob Holston
Maurice Houde
Michel Houde
James Thomas Hurd
Salvatore Iuzzolini
Lisa Johnson
Patricia Kilbey
Tish Kronen-Gluck
Cher Kuss
Jane Latine
Raphael LeBlanc
Stephen LeBlanc
Lola Vera Loginova
Lucia Elena Maksimiuk
Lisa Marino
Beverly Matthews
Donny McCoy
Gladys McGarey
Pat McLeod

Eric Alan Mein
Genevieve Mercier
Dylan Moise
Roberto Lopez Molne
David Moody
Vittoria Murano
Diane Nagorka
Jason Nikolich
Anna Noferini
Michael OHare
Elisa Oldani
Laura Anne Slocumb Oldham
Luce Pangle
Anna Parsons
Clorinda Pelosi
Edith Marie Phetteplace
Rose Marie Phetteplace
Evangelina Poggi
Joe Polizzi
Chris Powell
Susan Proescher
Germaine Puer
Henry Judson Reed
Raul Rekow
James Renko
Kenneth Renko

Micheala Robinson
Linda Lou Rogers
Helen Rubin
Giuseppe Sbernini
Stephen Scarafone
Abraham Selesko
Beatrice Selesko
Clyde Norman Shealy
Lottie Simmons
Ken Skidmore
Shadow Slade
Lubie Mosely Stocks, Jr.
Mariapia Tesi
Marianna Theo
John D. Valenzuela
Francesco Vetere
Darlene Wade
Rachel Waitekus
Derek Walton
Maxine Weber
Bobby White
Mary Magdeline Young-Fussell
Caden Zimmerman

Father, we pray that those left behind might feel the peace and the comfort of your presence and release their loved ones into your waiting arms.

We surround all those who feel that they have no one to pray for them.