



# Soul Writing™ Training Intensive

featuring Joanne DiMaggio, MA, CHt



Schedule is subject to change.

Friday, February 27		Saturday, February 28		Sunday, March 1	
	8:30 a.m.-9:00 a.m. Registration	8:00 a.m.-8:45 a.m. AREÖM Morning Stretches & Yoga			
9:00 a.m.-10:20 a.m.	Welcome & Orientation Soul Writing: What It Is...and What It's Not	Experiential Exercise: Enhance Your Psychic Abilities		Past-Life Exploration	
10:20 a.m.-10:40 a.m.	Energy Break				
10:40 a.m.-12:00 p.m.	How to do Soul Writing	Experiential Exercise: Exploring Esoteric Philosophies		Speaking to Past-Life Aspect	
12:00 p.m.-2:00 p.m.	Lunch Break				
2:00 p.m.-3:15 p.m.	Experiential Exercise: Asking for Information on Specific Topics	Experiential Exercise: Psychoanalysis and Healing		The Companion Mode of Healing	
3:15 p.m.-3:30 p.m.	Stretch Break				
3:30 p.m.-5:00 p.m.	Experiential Exercise: How to use it In Various Art Forms	Experiential Exercise: Writing for Your Soul's Growth		Experiential Exercise: Companion Mode of Healing	