

HEADQUARTERS EVENTS & WEBINARS

12:00pm Mon–Fri
Staff Lead Meditation

2:30pm Every Day
Visitor Center Tour

3:30–4:30pm Every Day
Free Daily Lecture

SUN	MON	TUES	WED	THUR	FRI	SAT
DEC 31, 2025 🌐 featuring Corinne Cayce, MA, John Van Auken, and more... The Path to Enlightenment FREE for Life Members!			JAN 23-25, 2026 🌐 Opening the Gateway to the Beyond Experiential Training in Angels and Spirit Connections featuring Karen Noé			1 Special Guest Psychic ● (Bookstore) 10:30a.m.–4 p.m. ESP Demo 1 p.m. LIVE LECTURE: Soul Stories from the Vault, Jon Shatat, CHt Reiki I & II, Jennifer Pearson Nov. 1-2 (Main), ● 🌐
2 LECTURE: Sacred Geometry, Donald Carroll ▶	3 LECTURE: Our Amazing Soul Life, John Van Auken ▶	4 LECTURE: Edgar Cayce and the Importance of Ideals, Tyler Benson ▶	5 LIVE LECTURE: Love and Gratitude: Masuru Emoto's Study of Water, Dick Dinges	6 LECTURE: Animals and the Afterlife with Edgar Cayce's Wisdom, Jennie E. Taylor ▶	7 LECTURE: Edgar Cayce on Dreams, Cheryl Baer-Bernath, CHt ▶ Reveal the Unseen: The Science and Mysticism of Psychic Abilities, Nov. 7-9 (Main), ● 🌐	8 Special Guest Psychic ● (Bookstore) 10:30a.m.–4 p.m.
						ESP Demo 1 p.m.
						LECTURE: Sacred Geometry, Donald Carroll ▶
9 LECTURE: Meeting the "I Am", Jerry Lazarus ▶	10 LECTURE: Cayce Remedies for Body, Mind, Spirit, J.P. Amonte, DC, BS, CMT ▶	11 LECTURE: Our Amazing Soul Life, John Van Auken ▶	12 LIVE LECTURE: Echoes of the Soul: Past-Life Regression to Find Your Soul Purpose, Nadira Grubbs WEBINAR: ● 🌐 Healing the Physical Body through the Conscious Mind, Lynn Swain, 8-9:15p.m.	13 LIVE LECTURE: Shamanic Drum Journey to Meet Your Animal Spirit Guide, Patricia Guerra Awakening Your Sixth Sense: Clairgustance, Clairallience, and Integration, Nancy Laporta 6:30-8:30p.m. (Main) ● 🌐	14 Special Guest Psychic ● (Bookstore) 10:30a.m.–4 p.m.	15 Special Guest Psychic ● (Bookstore) 10:30a.m.–4 p.m.
						ESP Demo 1 p.m.
						LIVE LECTURE: Group Biofield Tuning for Scorpio Energy, Julie Ramsdell, MS Fruit Fast Unveiled: Detox Your Body with Apple, Grape & Orange Diets, Judith Stevens, 2-3p.m. (Main)
16 LECTURE: Edgar Cayce on Dreams, Cheryl Baer-Bernath, CHt ▶	17 LECTURE: Cayce Remedies for Body, Mind, Spirit, J.P. Amonte, DC, BS, CMT ▶	18 LECTURE: Awaken Well-Being: From Hard to Easy, Elizabeth Tripp ▶	19 LIVE LECTURE: Edgar Cayce: Psychic, Medium, or Mystic, Susan Barnes, PhD	20 LIVE LECTURE: Edgar Cayce's Near Death Experiences, Neil Helm, PhD	21 Special Guest Psychic ● (Bookstore) 10:30a.m.–4 p.m.	SATURDAY, NOV 22 mind body spirit HOLIDAY BAZAAR
23 LECTURE: My Life with Edgar Cayce, June Bro with Pam Bro ▶	24 LIVE LECTURE: Awaken Well-Being: From Hard to Easy, Elizabeth Tripp	25 LECTURE: Prophecy and Earth Changes, Rev. Laura Jackson Loo ▶	26 LECTURE: Animals and the Afterlife with Edgar Cayce's Wisdom, Jennie E. Taylor ▶ WEBINARS: 8-9:15p.m. 🌐 Gratitude and Joy, <i>Prerecorded</i> Corinne Cayce, MA, FREE Edgar Cayce's Big Vision of Thanksgiving, <i>Prerecorded</i> John Van Auken ●	27 THANKSGIVING CLOSED	28 THANKSGIVING CLOSED	29 Special Guest Psychic ● (Bookstore) 10:30a.m.–4 p.m.
						ESP Demo 1 p.m.
						LIVE LECTURE: Edgar Cayce's Wisdom of Movement, Dance, and Healing, Katayoun Farah
30 LECTURE: Prophecy and Earth Changes, ▶ Rev. Laura Jackson Loo	Meditation Mondays Meditation room 5:30pm Free Meditation every Monday			DEC 18, 2025 6:30-7:30 PM 🌐 Holiday Sound Bath at the A.R.E. Visitor Center featuring Kayce Laine		

STUDY GROUPS

- A Search for God | Book 1
Wed, 6-7:15 p.m. 🌐
(Meditation Room)
- A Search for God | Book 2
Mon, 4-5 p.m. 🌐 (Copeland)
Fri, 12:30-1:30 p.m. 🌐 (Wynne)
- Comparative Studies
Thu, 2-3 p.m. (Copeland) 🌐
- Glad Helpers
Tue, 3-5 p.m. 🌐
- Lemuria/Atlantis, Book of Revelation 🌐
Alternating Thursdays,
12:30-1:30 p.m. (Copeland)

For list of all/online study groups, please go to:
EdgarCayce.org/StudyGroups

SAVE THE DATE

- The Path to Enlightenment
Dec 31, 2025 🌐
- Opening the Gateway to the Beyond
Jan 23-25, 2026 🌐
- Women's Integrative Wellness Retreat
Feb 12-15, 2026 🌐
- Soul Writing™ Training Intensive
Feb 27-Mar 1, 2026 🌐
- Holistic Wellness Practitioner Training
Mar 12-15, 2026 🌐
- Regression Hypnosis Certificate Training
April 13-17, 2026 🌐
- Annual Reincarnation Conference
May 1-3, 2026 🌐
- 95th A.R.E. Members Congress
Jun 7-12, 2026 🌐
- EdgarCayce.org/Events
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AREÖM CLASSES



YOGA & DANCE

Mind | Body | Spirit | Community

Membership: \$69 per month

Ask about our ARE Members, Military, and Senior discounts!

MONDAYS

5:30–6:30 p.m. Meditation (Meditation Room, free)

6:30–7:30 p.m. Yoga & Sound Healing **NEW!**

TUESDAYS

12:30–1:30 p.m. Aura Flow Color Yoga

5:00–6:00 p.m. Qigong **NEW!**

6:30–7:30 p.m. Flow Yoga

WEDNESDAYS

10:30–11:30 a.m. Chair Yoga

12:30–1:30 p.m. Yoga for Health

5:30–6:30 p.m. Yin Yoga **NEW!**

6:30–7:30 p.m. Somatic Yoga

THURSDAYS

12:30–1:30 p.m. Kundalini Yoga

5:30–6:30 p.m. Belly Dance

6:30–7:30 p.m. Salsa: Joyful Steps

FRIDAYS

12:00–1:00 p.m. Yoga Flow with Reiki

4:00–5:00 p.m. Yoga for Health

SATURDAYS

11:00 a.m.–12:00 p.m. Hatha Yoga

12:30–1:30 p.m. Tai Chi **NEW!**

SUNDAYS

12:00–1:00 p.m. Sacred Sunday Yoga

1:30–2:30 p.m. Bachata Latin Dance



UPCOMING EVENTS



2026

an A.R.E. Community Event

Whispers Between Worlds

Connecting with Loved Ones Who Have Passed

JAN 29, 2026 | with Nancy Laporta

FEB 26, 2026 | with Lisa Lauderback

MAR 26, 2026 | with Kimberly Loveridge

APR 30, 2026 | with Nancy Laporta

UPCOMING



Wednesday Night Webinars



JAN 7, 2026



Awakening Your Inner Oracle
with Julie Starr Parker

JAN 21 2026



Quantum Intuition Masterclass
with Kim Chestney

FEB 4, 2026



Angels of Attraction:
Manifesting Your Heart's Desires
with Karen Wright, MA, MHT

FEB 18, 2026



Sacred Partnership: Feng Shui Your Space for Romantic Connection
with Kim Goeltom, MA

= Online Program = In-Person Program

AREÖM: Special Workshops!

PERSIAN CANDLE DANCE WORKSHOP

with Katayoun Farah

Dec. 20, 2pm–4 pm, AREÖM Studio, \$40

Celebrate the Zoroastrian tradition of Yalda, the winter solstice and longest night, through this powerful cultural practice. This workshop blends classical and contemporary dance into a moving experience that will leave you feeling uplifted, inspired, and connected to those around you.

PAST-LIFE HYPNOSIS HEALING AND TRANCE DANCE

with Karen Wright, MA, MHT, and Katayoun Farah

Jan. 31, 2026, 2pm–4 pm, AREÖM Studio, \$40

Discover a therapeutic technique that utilizes hypnosis to access memories believed to originate from past lifetimes. This profound experience can bring insight into patterns in your current life and support spiritual growth.

VISITOR CENTER

(800) 333-4499 | (757) 457-7265 | EdgarCayce.org

Visitor Services: Mon-Sat: 10 a.m.–5 p.m.
Sun 12 p.m.–5 p.m.

Gift & Bookstore: Mon-Sat: 10 a.m.–5 p.m.
Sun 12 p.m.–5 p.m.

Library: **TEMPORARILY CLOSED**
For online library access email library@edgarcayce.org

SEP 22–NOV 30

HEALTH CENTER & SPA

(757) 457-7202 | AREhealth.org

Mon: 10 a.m.–6 p.m.
Tue: 10 a.m.–2 p.m.
Wed: 10 a.m.–2 p.m.
Thur: 10 a.m.–6 p.m.
Fri: 10 a.m.–6 p.m.
Sat: 10 a.m.–6 p.m.
Sun: 10 a.m.–5 p.m.

CAYCE'S INTERNAL CLEANSE HALF DAY SPA PACKAGE

4 hours of a 90-min castor oil pack with your choice of reflexology, craniosacral or acupressure and a colonic and steam/fume bath with our relaxing signature Cayce/Reilly 60-min massage.

\$495 value for \$400!



NOW OPEN! SESSION AT THE A|R|E CAFÉ

(757) 457-7105

Wed-Sun: 9 a.m.–3 p.m.



CAYCE/REILLY® SCHOOL OF MASSAGE

(757) 457-7249 | CayceReilly.edu | dina.blythe@caycereilly.edu

BOOK A STUDENT MASSAGE

Tue-Thur: 9:30 a.m.–5 p.m. (757-457-7146)

- **Applications due by Feb. 2, 2026**
- **FT Day class:** Feb. 23, 2026 – Sept. 6, 2026
- **PT Eve class:** Feb. 23, 2026 – Feb. 13, 2027

Full time students are finished in 8 months;
part-time students are finished in about one year.



ATLANTIC UNIVERSITY ONLINE COURSES

(757) 457-7249 | AtlanticUniv.edu | dina.blythe@caycereilly.edu

Winter 2026:

- **Semester:** Jan 5– March 29, 2026
- **All applications due:** Dec. 19, 2025



transformative | inspired | mindful

EdgarCayce.org | |

215 67th Street, Virginia Beach, VA 23451

(757) 428-3588 | (800) 333-4499