

A.R.E./Glad Helpers' International Prayer List



NOVEMBER 2025

Dear Prayer and Healing Friends,

Here are questions frequently asked by A.R.E. members: "Where will the A.R.E. be in the coming years?" "How will the A.R.E. continue through challenging times?" "What will the A.R.E.'s focus and purpose be in the future?"

We urge our members, staff volunteers, our board, CEO, friends, and all groups using this material to seek for answers within the readings. The answers are there.

"May we, as members of an organization that has its ideals in being of a service to its fellow man—through the grace of God that is given to all that would seek through such a way to be a channel of blessing, cast not this opportunity aside as it comes day by day; but may I, as one of His children, so live that others may glorify Him—now!" 281-17. (This was an affirmation given to the Glad Helpers Healing Prayer Group of the Association for Research and Enlightenment on May 24, 1933.)

The A.R.E. is, and always will be, what the work readings delineated: a service organization that brings help, hope, and healing to the world. Each one of us who is called to this Work must stand ready to carry out that mission here and now.

Savanna Barbarian

Savanna Barbarian
Prayer and Meditation Services

Prayer: A Pathway to Peace—Part 3

Savanna Barbarian

Mr. Cayce's readings present a luminous pathway toward inner peace—an understanding and "shining" that transcends superficial conflicts and penetrates to our very essence. In 254-87 (given on June 30, 1935, for the Work) the question was given, "What should be the central purpose, the central ideal in presenting the Work?"

The answer came: "The Truth that shall make you free in body, in mind, and one with the living force that may express itself in individual lives."* Mr. Cayce emphasized that our liberation from suffering and discord is rooted in recognizing the eternal Truth within. This Truth is not an external ideal but an intrinsic aspect of our divine nature, waiting to be awakened by the will. He reminds us that to be one with the living force signifies the unity of all creation, an intimate connection that, when consciously

embraced, dissolves the illusions of separateness that breed chaos and unrest.

Moreover, Mr. Cayce's counsel about healing underscored the spiritual foundation of peace. He advised, "Where there is illness of body, then give that which may make it free from those adaptings of itself to that which has bound it in this material expression."* True healing flows from aligning ourselves with Divine truth. This isn't merely a physical matter, but the spiritual truth that can make us free. The illness of the body, in Mr. Cayce's view, symbolized the dissonance created by forgetfulness of our Divine origin. When we seek to free the body from such distortions by reconnecting with the living energy inside us, we unlock a profound peace that transcends

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November 2025 Affirmation

"Our Father...we seek Thy presence...Put away from our hearts...hates...jealousies, that my body may be a...channel of blessings..."

Edgar Cayce reading 281-65

The Edgar Cayce readings emphasize the importance that those who are seeking help and healing through prayer actively participate in the prayer effort—praying for themselves and others on the list. This creates a cooperative, unified prayer effort. In the giving comes receiving.

AS HELP IS RECEIVED, REMEMBER TO THANK GOD, THE GIVER OF ALL GOOD AND PERFECT GIFTS.

A.R.E. Prayer and Meditation Services

215 67th Street • Virginia Beach, VA 23451-2061 • 800-333-4499, ext. 7551 • EdgarCayce.org/prayer • prayer@edgarcayce.org

Due to the growing number of monthly prayer requests, multiple requests for and from the same family member will be listed as (your name) "Jane Doe and Family," or "Jane Doe and Friends," or "Jane Doe and Family & Friends." We will pray for you, as the channel, as you pray for those on your personal prayer list, which is what Mr. Cayce instructed members of the original Prayer Group to do. Thank you for your understanding and assistance.

Request for Direct Healing for the December List

I AGREE TO PRAY FOR:

Full Name, (Please Print) _____

and to pray with those names on the Glad Helpers Prayer List (Morning, Noon, Sunset, Evening, Passed On), or with those whom I feel led to pray for on the list:

SEND LIST TO: NAME _____

ADDRESS _____

CITY _____ **STATE** _____ **ZIP** _____

***EMAIL** _____

☐ **I want to help save money! Please sign me up to receive the list via email*.**

You are joined in prayer by the Glad Helpers Prayer Healing Group. If your request is received after the 2nd Monday of the month, it will be placed on the following month's printed list. **You must renew your name each month.**

- ☐ You have my full cooperation
☐ I feel that I have been aided

PRAYER TIME:*

- ☐ MORNING ☐ SURROUND (Those in need, but who are unable or unwilling to participate). Note: Names will not be printed on list, but they will be prayed for each day.
☐ NOON
☐ SUNSET
☐ EVENING
☐ PASSED ON

**Please choose one*

Thank you!

Your donations completely support this service.

- ☐ I am enclosing a \$ _____ donation to help support this work. We gladly accept checks, money orders, cash, and the four credit cards listed below.*

☐ VISA ☐ MasterCard

☐ AMEX ☐ Discover

Card Number _____

Expiration Date: ____/____/____

Signature: _____

2025PL

**Please make check payable to A.R.E., and in the lower left-hand corner of your check, designate: "for Prayer and Meditation Services." We thank you.*

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physical ailments. It is a reminder that suffering diminishes when we recognize the Divine essence that underpins all creation.

Mr. Cayce's readings on purpose encourage us to seek the "the channel in which they may be the greater expression in this material plane."* He urges us to look inward and find "... [our] own selves and [our] relationships to the holy within."* Mr. Cayce indicates, "... these should be the central themes,"* guiding individuals to focus on spiritual growth and understanding. "Follow the manners which have been set through which individual groups here and there may receive enlightenment,"* he advises, emphasizing *that collective peace flows from individual spiritual awakening.*

In Mr. Cayce's view, the ultimate aim of human life is to be a channel for the Divine expression. Seek channels to aid those who in the body have "become under the bond of this or that affliction,"* is a divine directive. His words call us to embody the Divine presence within, recognizing that peace arises when we serve others with love, compassion, and spiritual awareness. In this realization, we find that peace is not merely

external but is rooted eternally within, waiting to be awakened through divine truth and love.

Will we heed the call? "You who feel that you are of little help here or there, or in manner of giving expression in thy words of mouth, then so live that ye have received that the Spirit of Truth—not of any body but of Truth, or Christ—may be manifested. And those seeking—though ye struggle with the cares of earth, the cares of life—will, too, take hope and find in thine effort ... though stumbling it may be—HOPE, and find the face of Him who has set a way for all who will enter in ... "*"

Each of us has a purpose, a calling, a potential, and an opportunity, to be of service to our fellow humans. In a time of tension in the world, we can shine the light of the spirit and the light of peace to others. We can release the troubles, the cares, the anxieties, and the fears, and operate with faith in the plan we aren't meant to know or see. And as we operate with the one true concept we know—to be a channel of blessings to others—so it may be.

*254-87

 MORNING

Elvira Ambrosio
Pearl Ball
Dianne Bargonetti
Steve Bargonetti
Robert Baxter and Family
Monica A. Bigelow
Steve Biron
Marla Borg
Thomas Bottegal
Sandy Brown
Connie Sue Brzezanski
Maria Buschera
Brenda Ann Clark
Judith Ann Cook
Malena Costantini
Bryan Cowell
Chris Cox
Charles Craft
Jane Craft
Askia Cuff
William Cuff and Family
Wayne Curtis
Mary David
Joan Dickerson
Marlene Duet
Jason Eastwood
Melanie Eyink
Gloria Fiorito

Alice Ramona Font
Carlos J. Font
Stephanie Font
Mona Forney
Diana Godqin
Deanna Perilla Godwin
Maria Goodrich
Megan Hale
Robert Hanus
Jill Harmer
Teri Harris
Anastasiya Hay
Barry Hillman
Molly A. Horstman
Diane Houde
Bonita G. Hunter-Eastwood
Kristin Kano
Aurora Kelevh
Sandra Lee Kistler-Connolly
Family and Friends
Brenda Kover
Pamela Krommendyk and
Family
Marina Kurkov
Audrey Leder
California Leder
Deborah Lee
Matthew Justin Lemke
Renee Rochelle Lemke
Richard Wilbert Rick Lemke
Jeffrey Longe

Kim Malone
Luke Mars
Kerry McManus
Karen J. Methner
Angela Miles
Dan Miles
Danny Miles
Jackie Miles
Zebediah Miles
Rich Mycka
Winnie Mycka
Thomas George Nawrocki
Ann Patchen
Kim Terese Phetteplace Family
and Friends
Michael Pitts
Diana Potts
Trenden Potts
Yvonne Quevedo Family and
Friends
Charlotte Ratushny
Gregory Ratushny
Hayden Ratushny
Vladmir Ratushny
S. S. Kamalesh Reddy
Varun Reddy
Lorelei Redmond
Mark Redmond
Nicholas Redmond
Jerry Rocco
Lauran Rockwood

Suzanne Rudiger
Andy Schero, Jr.
Kristeen Schero
Upendra Shah
Sophia Sharfstein
Saundra Shelton and Family
Penny Ann Soussa Family and
Friends
Carol Spada
Hazrah Spring-Leahy Family and
Friends
Cindy Ann Stear
Esperanza Suarez
Philomena Sucharda
Salliandra Tacia
Jerry Teplitz
Carolyn Thewlis
Robert Turner
Finn Tyrrell
Lucy Tyrrell
Yolanda Quevedo Underwood
Family and Friends
Shigezou Wakabayashi
Sue Walkup
Jill Austin Wickham
Irma Wooliever
John Yasenchak
Celina Ybarra

 NOON

Ponciano Allen
Conner Bragg
John Brittell Family and
Friends
Myrtle Burge
Katie Lynn Curiel
Karyn Dunning
Rosemary Dunning
Steve Dunning

Alteo Falla
Brad Freeman
Cindy Freeman
Stephen Freeman
Kimberly Gales
Joan Hanley
Joyce Hayes
Pierre Hebert
Dianne Hill
Carolyn Houghton
Coleen McCulloch
Kathy McLeod

Kimberly Mills
Billy Mitchell
Steve Nuin
Samuel Pangle
Pete Pattison
Joan Picarelli
Gina Preziosa and Family
Roger Puente
Ora Robinson
Norma Roche
Jennifer Rose
Marian Rose

Kenny Rowe
Linda Turrill Sayers Family and
Friends
Bridget Schaas
Valerie Spangenberg
Gail Tolzmann Family and
Friends

 SUNSET

Elisabeth Almeida
Ryan Gabriel Armelao Rodriguez
Guido Ferruccio Arrighi
Elisabetta Bersani
Beatrice Bonetti
Giuseppa Ciarmoli
Trisha Daley
Meghann Dunagan
Paul David Dunagan

Marina Ercole
Marco Evangelista
Mariella Evangelista
Nicolo' Evangelista
Paolo Evangelista
Salvatore Evangelista
Kayla Feder
Ombretta Fugazzotto
Giuseppina Gaggero
Norman Gray and Family
Raschel Gray and Family
Maria Grace Gurrieri

Lisa Henry
David Herson and Family
Diane Herson
Harry Holmes and Family
Leigh Elizabeth Hronek
Gianluca Inno
Ciro Inno
Jaymie Marie Jones
David McAvoy
Beatrice Rita Murano
Francesco Antonio Murano
Ornella Murano

Antonio Olivas
Angela Palacios
Martino Parodi
Antonella Pedicelli
Pierfrancesco Pellegrino
Giovanna Pera
Willa Pinto
Sabrina Preti
Noah Raffini
Burnadine Leslie Reeves
Mariella Saldi
Aura Celeste Selmani



EVENING

Daphne Alespeiti
Kim Allensby Family and Friends
Frank Angiulli
Marie Angiulli
Andrew Aven
Barbara Aven
Elizabeth Ann Belanger
Maverick Les Bonham
Carl D. Booth
Don Brown
Lawrence Cherelli Family and Friends
Grace Cooney
Nora Curtis
Lucrecia De La Espriella
Chris Dougherty

Sonia Maria Edreira
George Feeney
Ana Carmen Garcia
Mary Gemming and Family
James Geoghegan
Barbara Ann Hall and Family
Rodney Jerome Howell
Becky Hrabovsky
Pueno Italiani
Louise Izzo and Family
Linda Keener
June M. Latine
Anita Liese
Jacob Luevano
Elizabeth Macias
JoAn Easton Marchese Family and Friends

Bryon Marginean
Janalynn Martens
MarieAnn Messina
Kirk Nelson
Petra Paliakis
Donna Palmer
Gregg Petersen
Rhodes Pinto
Carol Rafka
Dorean Romero
Sara Rose
Jackie Sanchez
Isabella Soto
Andrew Swyschuk
Ana Vecchione
Arend Vecchione
Marcello Vecchione

Salvatore Vecchione
Johanna Van de Ven
Rebecca Cooke Vidourek
Linda Walter
Jasleen Whitaker
Alonzo Whitney
Patricia Stien Millsaps Zerby



PASSED ON

Father, in Thy love, Thy mercy, be Thou near those who are in—and have recently entered—the borderland. May I aid, when Thou seest that Thou canst [can] use me. (281-15)

Vern Bartja
Giuseppe Bonetti
Carmelo Borg
Jonathan Lee Brittell
Frances Burge
Eric Burnop
Martha Suellen Bush
Bart Byrne
Norah Byrne
Ann Byrne Mastrogiorgio
Roy Frederick Cooke
Melvin Copeland
Harold Cowell
Akilah Cuff
Lisa Davis
Helene De Benedetti
America De La Espiriella
Michael Jon DelleFemine
Josephine DePalma
Louisa DeRiggi
Sue Dougherty
Chris Dugan
Reginald Dunn
Robert L. Dunn
Arthur Stephen Dunning
Edward Lev Easton
Jane Edwards

Joseph Ferrara
Nancy Ferrara
Charles Ford
James Gaines
Patty Goo
Mary Greco
Vincent Greco
Paxton Haili
Juanita Hawkins
Larry Hester
James Thomas Hurd
Rocco J. Izzo
Kara Johnson
Naomi Judd
Eleanor Kazee
John Kazee
Patricia Kilbey
David King
Sidney Kirkpatrick
Frank Kover
Cher Kuss
Jane Latine
Jon Latine
Raphael LeBlanc
Stephen LeBlanc
Tiziano Leuchi
Lola Vera Loginova

Vincenzo Luca'
Lucia Elena Maksimiuk
Cora L. Malone
Anthony Marotta
Jenny Marotta
Peter Marotta
Anamaria Mastrogiorgio
Antonio Mastrogiorgio
Beverly Matthews
Donny McCoy
Gladys McGarey
Pat McLeod
Roberte Menard
Jim Merchand
Laura Miller
Richard Miller
Maririta Mittleholtzer
Dylan Moise
David Moody
Martin Allen Mosher
Vittoria Murano
Margaret Mykula
Jason Nikolich
Michael OHare
Elisa Oldani
Luce Pangle
Anna Parsons

Clorinda Pelosi
Erik Petersen
Edith Marie Phetteplace
Rose Marie Phetteplace
Evangelina Poggi
Susan Proescher
Raul Rekow
Robert Redford
James Renko
Ken Renko
Robert Renko
Jeremy Rickards
Linda Lou Rogers
Helen Rubin
Stephen Scarafone
Cecile Schmidt
Abraham Selesko
Beatrice Selesko
Ellen Sandra Tadd
Gail Talbot
Mariapia Tesi
Marianna Theo
John D. Valenzuela
Maureen Vreeland
Ashley Stewart Warren
Darlene Wade
Derek Welton

Father, we pray that those left behind might feel the peace and the comfort of your presence and release their loved ones into your waiting arms.

We surround all those who feel that they have no one to pray for them.