





**OCTOBER 2025** 

#### Dear Prayer and Healing Friends,

October is a perfect time to experience peace. As the leaves turn and gently fall, we are reminded of life's natural cycles and the importance of letting go. This season encourages reflection, gratitude, and a slower pace, helping us reconnect with ourselves and nature. Connection to ourselves provides a bridge for connecting to others. Peace begins quietly within and shines out to the world. Nature sheds its excess and prepares for dormancy. It invites us to embrace change, understand the beauty of impermanence, and find a calm center amid uncertainty.

We can all benefit from taking time to enjoy simple pleasures: a walk through the woods, a warm cup of tea, or quiet moments watching the sun set. Mindfulness during this time cultivates clarity. Letting go of worries (like the falling leaves) allows us to find serenity amid life's transient nature.

Let the falling leaves serve as a metaphor for releasing worries and attachments, making space for new growth and insights.

The poem, Go In and Out of the Night, by German poet Rainer Maria Rilke, captures the essence of study group work, "Let everything happen to you: beauty and terror. Just keep going. No feeling is final."

Savanna Barbarian Prayer and Meditation Services

## Prayer: A Pathway to Peace—Continued Savanna Barbarian

In the historical tapestry of 1934, the world stood at a crossroads marked by economic hardship, political upheaval, and a yearning for stability. The Great Depression cast a shadow over nations, fostering uncertainty and despair. Mr. Cayce's reading from November 1, 1934, emphasized the imperative need of inner peace as the foundation for global harmony.

"We have the group as gathered here, as a group of Glad Helpers, and therein seeking to aid others. First, we would give not as that of self-praise—but let each know: As good has been accomplished in the lives and the experiences of those they have sought to help, this should be each as a verification of the promises that have been given."\* Mr. Cayce stressed humility and the importance of peace, aligning human efforts with

Divine promises of harmony.

There is a strong emphasis on spiritual order: "In the work, then, let each thing be done in order, and keeping that humbleness of spirit, that oneness of purpose, that desire to see in those that seek through such channels the glorifying of the consciousness of the Christ-Spirit dwelling with each."\* This calls for disciplined spiritual practice rooted in humility and purpose, aligning individual efforts with the divine plan for peace. Mr. Cayce suggested that peace begins within—by cultivating the Christ-Spirit and a sincere purpose to serve others.

Active engagement or application in our daily experience is advocated, "Let each, then, be not slothful in the activities, not



### **October 2025 Affirmation**

"Our Father who art in Heaven, as we give thanks... bring that peace that we... may manifest the love as Christ did..."

Edgar Cayce reading 281-65

The Edgar Cayce readings emphasize the importance that those who are seeking help and healing through prayer actively participate in the prayer effort—praying for themselves and others on the list. This creates a cooperative, unified prayer effort. In the giving comes receiving.

AS HELP IS RECEIVED, REMEMBER TO THANK GOD, THE GIVER OF ALL GOOD AND PERFECT GIFTS.

## **A.R.E. Prayer and Meditation Services**

215 67th Street • Virginia Beach, VA 23451-2061 • 800-333-4499, ext. 7551 • EdgarCayce.org/prayer • prayer@edgarcayce.org

Due to the growing number of monthly prayer requests, multiple requests for and from the same family member will be listed as (your name) "Jane Doe
and Family," or "Jane Doe and Friends," or "Jane Doe and Family & Friends." We will pray for you, as the channel, as you pray for those on your personal
prayer list, which is what Mr. Cayce instructed members of the original Prayer Group to do. Thank you for your understanding and assistance.

Request for Direct Healing for the November List	Thank you!
I AGREE TO PRAY FOR:	Your donations completely support this service.
Full Name, (Please Print)  and to pray with those names on the Glad Helpers Prayer List (Morning, Noon, Sunset, Evening, Passed On), or with those whom I feel led to pray for on the list:  SEND LIST TO: NAME  ADDRESS	☐ I am enclosing a \$ donation to help support this work.  We gladly accept checks, money orders, cash, and the four credit cards listed below.*  ☐ VISA ☐ MasterCard
CITYSTATEZIP *EMAIL	☐ AMEX ☐ Discover  Card Number
☐ I want to help save money! Please sign me up to receive the list via email*.	
You are joined in prayer by the Glad Helpers Prayer Healing  TIME:  TO BE SURROUND (Those in need but who are	Expiration Date:/
Group. If your request is received after the 2nd Monday of the month, it will be placed on the following month's printed list. You must renew your name each month.  You have my full cooperation I feel that I have been aided  TIME:*  NOON SUNSET SUNSET D PASSED ON *Please choose one in need, but who are unable or unwilling to participate). Note: Names will not be printed on list, but they will be prayed for each day.	*Please make check payable to A.R.E., and in the lower left-hand corner of your check, designate: "for Prayer and Meditation Services." We thank you.

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negligent, but rather let each be up and doing, with a mind to serve in whatsoever channel or manner the opportunity presents itself."\* While inner peace is essential, action—guided by Divine service—is equally vital. Mr. Cayce's Ideals transcend passive hope; it's about active participation in creating a more peaceful world by embodying Divine love and mercy in regard to others.

The heart of this reading shines forth in the spiritual directives hidden within the affirmation given, "The Father that worketh in me, supplyeth the needs of the body, of the mind, of the soul, even as I work His ways."\* This mirrors the Divine Will. Through prayer, love, and service, the ripple effect can help alleviate global unrest.

At this pivotal historical time, Europe lurched toward instability, with fascist ideologies gaining ground in Germany and Italy. The aftermath of World War I still loomed large, and the economic devastation of the Depression had eroded trust in political and economic systems. Social unrest, rising nationalism, and fears of war characterized much of the global landscape. In the midst of these tumultuous conditions, Mr. Cayce emphasized inner peace and Divine purpose, seen as a counterbalance—a spiritual anchor—urging individuals and nations to

seek harmony within themselves as a pathway to peace in the world.

The emphasis on prayer and Divine guidance echoes the widespread longing for a unifying force. The core message suggests that peace is not merely a political construct but a Divine principle that begins within each person and community. In a time of widespread despair, the readings emphasized that the key to peace resides in an inner harmony cultivated through prayer, humility, active service, and Divine alignment.

Peace in the world is fundamentally rooted in spiritual consciousness. Peace flows from Divine union, guiding individuals to embody love and mercy. The Divine plan, as Mr. Cayce communicated, beckons us to trust in the Divine strength and to serve selflessly. Every act motivated by love and humility reverberates beyond the individual, creating waves of peace that can heal nations.

A call to action speaks loudly in this affirmation: "As I, O God, forgive those that trespass against me, wilt Thou forgive them that do err against thee and against me, giving them life and hope and faith."\*

\*Reading 281-22



Fran Baldassarre Pearl Ball

Dianne Bargonetti Steve Bargonetti

Robert Baxter and Family

Monica A. Bigelow Shirley Brodhead Sandy Brown

Mary Carpenter and Family

Olga Cehelska Brenda Ann Clark Mahire Clarke Melsa Clarke Calvin Coats Jordan Coats **Kalon Coats** Kathy Coats Fatima Conde Judith Ann Cook **Bryant Cowell** 

William Cuff and Family

Joan Damore Rufina Darpoh Mary David Joan Dickerson Marlene Duet

Felix Cruet

Askia Cuff

Pat Duplak

**Cheryl Lorraine Evans** Clara Fernandez

Ganga Fraker Jahnava Fraker Ladali Fraker Maria Fraker

Linda Frazier Robert Frazier Diana Lee Garcia Marjan Gharaat

Norman Gray and Family Raschel Gray and Family

Megan Hale Jill Harmer Teri Harris Richard Hatch Dianne Hill

Molly A. Horstman Diane Houde Marilyn Kai Jewett

Daniel Jimerson Family and

Friends Anthony Kahaly Christy Kano Tuna Karabacak William Kempen

Sandra Lee Kistler-Connolly Family and Friends

Marina Kurkov Margaret Landry Martin Lane James Leung Tess Logan Zolt Lover Pamela Macklin Kim Malone Paul E. Marquis

Joshua Martin II

Kimberly Michelle Miller

Lidia Iva Mozetic **Gayle Howard Myers** Thomas George Nawrocki Barbara Jimas Peterson

Kim Terese Phetteplace Family

and Friends Ana Pinedo

Edy Iversen Martin-Prevel Patrick Martin-Prevel Ian Rifenberick Upendra Shah Debby Silva Amy Skeen Barbara Smith

Penny Ann Soussa Family and

Friends

Hazrah Spring-Leahy Family and

Friends Cindy Stear

Frederick E Steinway

Philomena Sucharda Family and

Friends

Carolyn Thewlis

Friends Finn Tyrrell Lucy Tyrrell Colleen Van Voorhis Deanna Villareal Terrie Wagner Jill Austin Wickham

Gail Tolzmann Family and

# NOON

Alice Anderson Scott Baxter John Brittell Family and Friends

Myrtle Burge Patrick Curiel Helen Darrah Brenda Eisenhard Joy Fletcher-Thompson

**Brad Freeman** 

Cindy Freeman Stephen Freeman Kimberly Gales Joan Hanley Joyce Hayes Pierre Hebert Mario Hernandez Dianne Hill Mandy Honeycutt

Carolyn Houghton Wayne Hutton Zee Jordan

Janice Marshall Kathy McLeod Nikkie Jimas Miller Billy Mitchell Sheilah Mumford Sonya Mumford Steve Nuin Samuel Pangle Willa Pinto Ronald Pipilo

Gina Preziosa and Family

Roger Puente

Diana Quisenberry Jeff Radcliff Lori Rex SallyAnn Rex Ora Robinson Kenny Rowe Valerie Spangenberg

Kris Weiss

# SUNSET

Ryan Gabriel Armelao Rodriguez Guido Ferruccio Arrighi Elisabetta Bersani Beatrice Bonetti Leonardo Borroni Giuseppa Ciarmoli **Breda Crowley Family and** 

Friends

Meghann Dunegan

Paul David Dunegan Marina Ercole Marco Evangelista

Nicolo' Evangelista Salvatore Evangelista

Kayla Feder Marion Fritz

Ombretta Fugazzotto Giuseppina Gaggero

Mikko Ginn Family and Friends

Brenda Hale

David Herson and Family

Ciro Inno Gianluca Inno California Leder Maria Cristina Mauri

Beatrice Rita Murano Francesco Antonio Murano

Ornella Murano Martino Parodi Antonella Pedicelli Pierfrancesco Pellegrino

Giovanna Pera Rose Marie Pietz Sabrina Preti Noah Raffini Suzanne Rudiger Mariella Saldi Aura Celeste Selmani Irma Wooliever



Kim Allensby Andrew Aven Barbara Aven Hudson Badge Ramsay Badge Elizabeth Ann Belanger

Maverick Les Bonham

Carl D. Booth Anna Julia Calhau

Lawrence Cherelli Family and Friends

**Grace Cooney** 

Lucrecia De La Espriella

**Chris Dougherty** Edilena Florentino Linda Frazer and Family

Eliberto Garcia

Barbara Gauger

Mary Gemming and Family

James Geoghegan **Deborah Gonzales** 

Barbara Ann Hall and Family

Matthew Harlan David Harrison Helen Harrison Samantha Harrison

Larsita loot Mariel Igot Pueno Italiani

Louise Izzo and Family Amy Laudenslager

Ruth Lavin Mike Le Blanc Caroline Leclerc Anita Liese

JoAn Easton Marchese Family

and Friends Janalynn Martens **Donald Martin** Julia Martin Coleen McCulloch Sheila Melville MarieAnn Messina Kirk Nelson Gregg Petersen

**Rhodes Pinto** Kellie Rados Marcia Rados Mevi Rafuna Sara Rose Denise Roseman Mel Ruggeri Luciano Santos Frieda Schumaker Andrew Swyschuk **Emmett James Trebon** Johanna Van de Ven Ana Vecchione Arend Vecchione Marcello Vecchione Salvatore Vecchione Alonzo Whitney

**PASSED** 

Father, in Thy love, Thy mercy, be Thou near those who are in—and have recently entered the borderland. May I aid, when Thou seest that Thou canst [can] use me. (281-15)

Alfredo Alemán Arjona Anna Bagnoli Myrtle Bell Giuseppe Bonetti Romano Borroni Margie Boswell-Payton Jonathan Lee Brittell

Frances Burge Martha Suellen Bush **Daisy Carter** 

Antonia Castagna Harold Mitchell Cowell Mary Ann Cowell Akilah Cuff

Lelia Cutler Maryam Abu Dagga Benjamin Korvah Davies

Lisa Davis William Deacon

America De La Espiriella

Jovanet

Michael Jon DelleFemine

Louisa DeRiggi Anita DeVroe Dick Dickinson Sue Dougherty

**Edward Lev Easton** Jane Edwards Joseph Ferrara Nancy Ferrara Kenny Frederick Mary Magdelene Fussell

Marie Fussell-Boswell Anne-Margret Gaebler James Gaines Maurice Glover Patty Goo

Paxton Haili Juanita Hawkins Larry Hester

Elaine Hinson James Thomas Hurd

Rocco J. Izzo Lane John Naomi Judd Eleanor Kazee John Kazee **David King** Peggy Kistler Jane Latine Marie B. Latine Raphael LeBlanc Stephen LeBlanc Richard Lemke Tiziano Leuchi Vincenzo Luca' Cora Malone Anthony Marotta Jennie Marotta Peter Marotta **Beverly Matthews** Gladys McGarey Pat McLeod Jim Merchand Richard Miller Dorothy Mitchell

Dylan Moise Florence Morgan Martin Allen Mosher Genera Mumford Vittoria Murano Jason Nikolich

Elisa Oldani Luce Pangle Clorinda Pelosi

Michael OHare

Rose Marie Phetteplace

Evangelina Poggi

Susan Proescher Raul Rekow Kenneth Renko Olive Rice Carter Richards Linda Lou Rogers Helen Rubin

Stephen Scarafone Thomas Schumaker, Jr. Abraham Selesko Beatrice Selesko **Lottie Simmons** Ian Skeen Robert Stanton Jolly Stickley Mariapia Tesi Marianna Theo Thyssen Thomas John D. Valenzuela Steve Van Voorhis Darlene Wade

Christopher Wallin

Derek Welton

Father, we pray that those left behind might feel the peace and the comfort of your presence and release their loved ones into your waiting arms.

We surround all those who feel that they have no one to pray for them.