



SEPTEMBER 2025

Dear Prayer and Healing Friends,

September marks a profound threshold—a seamless transition from the vibrancy of summer to the quietude of autumn. This seasonal passage embodies a moment of introspection, inviting reflection on change and life's impermanence. The harvest season, emblematic of September, symbolizes collective gratitude and the abundance born from patience and effort. It underscores the interconnectedness of labor and reverence for nature's gifts, fostering unity rooted in shared provision. The autumnal equinox épitomizes equilibrium-a balance between light and darkness that reflects the harmony we seek within ourselves and with others. This celestial event encourages serenity amid life's fluctuations, inspiring a peaceful acceptance of change. Additionally, September's association with educational renewal signifies a pursuit of understanding—an ongoing quest for enlightenment and compassion. Through knowledge and reflection, we lay the groundwork for a more harmonious existence, emphasizing that true peace arises from embracing change with grace, gratitude, and respect for the web of life. Together, these symbols of transition, balance, and renewal reveal September's deep connection to peace, reminding us that harmony is cultivated through reflection, patience, and reverence as we navigate life's cycles.

Savanna Barbarian
Prayer and Meditation Services

Prayer: A Pathway to Peace Savanna Barbarian

In 1944, the world grappled with the ravages of World War II—a conflict that plunged nations into chaos, destruction, and profound suffering. During this dark period, Mr. Cayce's teachings on the importance of cultivating inner peace carried a timeless relevance, offering insight into how individual consciousness could influence the collective well-being. His emphasis on meditation, affirmation, prayer, and spiritual focus was rooted in the understanding that peace begins within, and that if enough people cultivate personal serenity, this can serve as a catalyst for societal harmony.

Mr. Cayce's message during that tumultuous era was clear: true peace is not merely an absence of conflict, but a conscious state of harmony accessible through spiritual practice. His recurring suggestion that individuals dedicate time to meditation and prayer was more than self-care; it was a powerful step toward

aligning consciousness with the ideals of love, understanding, and unity. The readings suggest that by nurturing inner calm, individuals could help change the collective vibration, fostering a world where compassion and cooperation triumph over division and violence.

The atrocities of WWll served as a stark reminder of humanity's capacity for destruction. As nations endured devastating losses and division, Mr. Cayce's call for inner peace underscored a vital truth: societal peace cannot be obtained without individual efforts to cultivate harmony within oneself. The collective consciousness, shaped by the thoughts and intentions of many, can be directed toward peace, healing, and reconciliation through dedicated spiritual practice. Today, in a world still fraught with challenges—rising political polarizations, environmental



September 2025 Affirmation

"Father, God, bring thou thy peace ... in the life of the Christ ... that I ... may know thee better ... in purpose be nearer to thee."

Edgar Cayce reading 281-65

The Edgar Cayce readings emphasize the importance that those who are seeking help and healing through prayer actively participate in the prayer effort—praying for themselves and others on the list. This creates a cooperative, unified prayer effort. In the giving comes receiving.

AS HELP IS RECEIVED, REMEMBER TO THANK GOD, THE GIVER OF ALL GOOD AND PERFECT GIFTS.

A.R.E. Prayer and Meditation Services

215 67th Street • Virginia Beach, VA 23451-2061 • 800-333-4499, ext. 7551 • EdgarCayce.org/prayer • prayer@edgarcayce.org

Due to the growing number of monthly prayer requests, multiple requests for and from the same family member will be listed as (your name) "Jane Doe
and Family," or "Jane Doe and Friends," or "Jane Doe and Family & Friends." We will pray for you, as the channel, as you pray for those on your personal
prayer list, which is what Mr. Cayce instructed members of the original Prayer Group to do. Thank you for your understanding and assistance.

Request for Direct Healing for the October List	Thank you!
I AGREE TO PRAY FOR:	Your donations completely support this service.
Full Name, (Please Print) and to pray with those names on the Glad Helpers Prayer List (Morning, Noon, Sunset, Evening, Passed On), or with those whom I feel led to pray for on the list: SEND LIST TO: NAME ADDRESS	I am enclosing a \$ donation to help support this work. We gladly accept checks, money orders, cash, and the four credit cards listed below.*
	☐ VISA ☐ MasterCard
CITYSTATE ZIP	☐ AMEX ☐ Discover
EMAIL I want to help save money! Please sign me up to receive the list via email.	Card Number
You are joined in prayer by the Glad Helpers Prayer Healing Group. If your request is received after the 2nd Monday of the month, it will be placed on the following month's printed list. You must renew your name each month. You have my full cooperation I feel that I have been aided PRAYER MORNING SURROUND (Those in need, but who are unable or unwilling to participate). Note: Names will not be printed on list, but they will be prayed for each day.	Expiration Date:/ Signature:/ 2025PL *Please make check payable to A.R.E., and in the lower left-hand corner of your check, designate: "for Prayer and Meditation Services." We thank you.

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crises, social unrest—the message Mr. Cayce conveyed remains as vital as ever. The same principles apply: change begins at the personal level, as each individual strives for inner peace, which then ripples outward into a more expansive inclusive societal shift. His readings remind us that meditation and prayer are not mere rituals but essential acts of spiritual responsibility, shaping a future we collectively create.

Mr. Cayce's timeless wisdom offers a profound reminder: peace is an active, conscious choice. In our current era, fostering inner tranquility can serve as a foundation for global harmony. As history has shown, the path to lasting peace starts within, and through conscious spiritual effort, we can each contribute to a more compassionate unified world—just as Mr. Cayce envisioned.

This is a heartfelt invitation to join us each week for the online Glad Helpers Zoom group* or the World Affairs Peace Group.** In reading 281-65, Mr. Cayce stressed the importance of using prayer and affirmations, especially in times of tumult around the globe. On May 14, 1944, the last reading given to the Glad Helpers gave nine affirmations. Each one contained the word "peace."

For the coming months we will use these affirmations for the month.

"This will soon require that whole time service of more than one individual be given and will require that certain definite [prayer] periods be given to individuals who may be asked to give themselves and their time to this phase of the work. Hinder no one from being a member of the group, but do have a definite circle that will meet the definite [prayer] periods at least once each and oftener when necessary.

As to affirmations: these should be towards that of peace through the next six to eight to twelve months. [Italics mine, the war ended August 14, 1945.] For then through this period will the earth and its peoples be passing through the most strenuous period of the world's history since the Master walked in the earth."

*Wednesdays, 9:30 to 11:00 a.m. EST

**Thursdays, 11:00 a.m. to Noon EST [See the World Affairs readings 3976-1 through 3976-29

(Contact Vanna Barbarian by phone at 757-457-7191 or by email at savanna.barbarian@edgarcayce.org for invitation and link.)

[First in a series.]



Vera Ambrosio Sandra Antonelli

Margaret Michele Arney

Ioula Aversa Fran Baldassarre

Pearl Ball

Dianne Bargonetti Steve Bargonetti

Robert Baxter and Family

Diana Berchiolli Monica A. Bigelow Thomas Bottegal Laura Broomfield Dantae Brown Lori Brown Sandy Brown **Eleanor Brundick** William Brundick

Johanna Camacho John Andrew Camacho Dara Campbell Chervl Carlson Brenda Ann Clark Michael Collins Richard Conte Judith Ann Cook

Connie Sue Brzezanski

Katherine Cox and Family

Askia Cuff

William Cuff and Family Mary David

Regina Deeds **Bonnie Willow Deetz**

Gary Deetz Joan Dickerson

Miriam Duenas Family and Friends

Marlene Duet Damari Duran **Autumn Eppers** Melody Evans

Theresa Jane Gerstemeier Norman Gray and Family Raschel Gray and Family

Roberta Green Amanda Guthrie Megan Hale Robert Hanus Jill Harmer Teri Harris

Molly A. Horstman Diane Houde Marilyn Kai Jewett Kellee L. Johnson Christy Kano Aurorah Kelevh Margaret Kissane

Sandra Lee Kistler-Connolly Family and Friends

Pamela Krommendyk and Family Marina Kurkov Connie Lee James Leuna Betty Lockwood Karen Lombardi Pamela Macklin Christopher Malone Ella Malone

Kim Malone Thakai Malone-Fuller Wynter Malone Luke Mars Joshua Martin II Teresa Martinez Julius Mezon Demetria Miles

Reminaton Miles Rich Mycka Winnie Mycka

Thomas George Nawrocki

Holly Newman Kevin O'Shea

Barbara Jimas Peterson

Anh Pham

Kim Terese Phetteplace Family

and Friends Diana Potts Trenden Potts

Yvonne Quevedo Family and

Friends

Mason Browning Raasch Charlotte Ratushny **Gregory Ratushny** Hayden Ratushny Vladmir Ratushny Lynn Rogers Cynthia Roth

Thomas Rydeen and Family

Sophia Sharfstein Cindy Smith Penny Ann Soussa

Hazrah Spring-Leahy Family and

Friends **Berkely Springs** Frederick E Steinway

Philomena Sucharda Family and

Friends Carolyn Thewlis Lorene Thomas

George Thoroughgood, Jr. Gail Tolzmann and Family

Jezire Tyler Khia Tyler Finn Tyrrell Lucy Tyrrell

Yolanda Quevedo Underwood

Family and Friends

Sue Walkup Jill Austin Wickham

NOON

Bryan Cowell

Evelyn Arnold John Brittell Family and Friends Patricia Cisarano Diane Crawford **Breda Crowley** Patrick Curiel Shirley Farguson Azima Lila Forest

Kimberly Gales Brenda Hale Callie Hale Joan Hanley

Denise Harrison and Family

Joyce Hayes Pierre Hebert Carolyn Houghton Dave Husband Danyelle Jewell **Chuck Johnston** Kathy McLeod

Rob Merlucci Nikkie Jimas Miller Billy Mitchell Peg Neil Steve Nuin Max O'Neil Theo O'Neil Samuel Pangle Sally Perry **Rhodes Pinto** Willa Pinto

Gina Preziosa and Family

Roger Puente Ora Robinson Kenny Rowe

Linda Turrill Sayers Family and Friends

Bridget Schaas Valerie Spangenberg Pam Strickland Michael Vernete Benjamin Wells

SUNSET

Stephen Freeman

Ryan Gabriel Armelao Rodriguez Guido Ferruccio Arrighi Elisabetta Bersani Beatrice Bonetti Leonardo Borroni Charles Carter Giuseppa Ciarmoli Meghann Dunagan Paul David Dunagan

Marina Ercole Marco Evangelista Nicolo' Evangelista Salvatore Evangelista Ombretta Fugazzotto Giuseppina Gaggero Maria Grace Gurrieri David Herson and Family Diane Herson

Harry Holmes Ciro Inno Gianluca Inno

Maria Cristina Mauri Wallis Meadows Beatrice Rita Murano Francesco Antonio Murano Ornella Murano Martino Parodi Antonella Pedicelli Pierfrancesco Pellegrino

Giovanna Pera Sabrina Preti Noah Raffini Lauran Rockwood Mariella Saldi Aura Celeste Selmani

Cathy Snyder Frank Snyder Harry Thulin Johanna Thulin Siobhan Thulin Robert Turner Irma Wooliever



Charles Artis

Srinivasarao Beeraka Elizabeth Ann Belanger

Maverick Les Bonham

Carl D. Booth **Andrew Borromey**

Don Brown Kathy Brown McNeal Bruin

Lawrence Cherelli Family and

Friends

John S. Cockey, Jr. Wayne Curtis Lisa Davis

Heidi K. DeLaughter John DeLaughter Anna Dennison

Chris Dougherty

Jane Fleischauer and Family

Mona Forney Linda S. Frazer Robert Frazer

Linda Frazer and Family

Barbara Gauger

Mary Gemming and Family

James Geoghegan Becky Hrabovsky Pueno Italiani

Louise Izzo and Family

Sandra Lanigan June M. Latine Caroline Leclerc Terri Lynn Lesser Anita Liese

Madeline Maheu Stewie Maheu Teddi Maheu Karl Malmberg

JoAn Easton Marchese Family

and Friends Nida Marie Janalynn Martens Coleen McCulloch Neda McGuire **Brooke Mess** MarieAnn Messina Veronika Millonig Kirk Nelson Samantha Parker Gregg Petersen **Dorean Romero**

Sara Rose Denise Roseman Sierra Shalhoub Andrew Swyschuk Webster Tally and Family

Betty Thompson Sean Thompson **Ashley Tingey**

Emmett James Trebon Johanna Van de Ven Ana Vecchione Arend Vecchione Marcello Vecchione Salvatore Vecchione



Father, in Thy love, Thy mercy, be Thou near those who are in—and have recently entered the borderland. May I aid, when Thou seest that Thou canst [can] use me. (281-15)

Nelly Antonio Anna Bagnoli **Carol Battersby** Francisca Bernardo Juan Bernardo Paul Bilaoen Giuseppe Bonetti Romano Borroni Faith Boyle Jim Bricic

Jonathan Lee Brittell James Francis Broomfield

Eric Burnop

James Arthur Gordon Butt

Clyde Cannon **Daisy Carter** Antonia Castagna Veryl Garland Cockey **Antionette Conte** Rocco Conte Candy Cook Louisa DeRiggi Sue Dougherty **Edward Lev Easton** Jane Edwards Aloysius Elsenpeter

Joseph Ferrara Nancy Ferrara

Marie Fussell-Boswell Mary Magdelene Fussell Anne-Margret Gaebler

Michael Garnaut Patty Goo Paxton Haili Ronald Harris Juanita Hawkins Larry Hester Elaine Hinson Mary Housen

James Thomas Hurd

Rocco J. Izzo Naomi Judd Eleanor Kazee John Kazee David King Peggy Kistler Jane Latine Raphael LeBlanc Stephen LeBlanc Tiziano Leuchi Lola Vera Loginova Gary Love

Vincenzo Luca' Joan Maher

Lucia Elena Maksimiuk

Cora Malone Aboul Mansuri Anthony Marotta Jennie Marotta Peter Marotta

Beverly Matthews Giovanni Mauri Alan McCartney Gladys McGarey Pat McLeod Jim Merchand

Nicholas Merlucci Dylan Moise Monique Moron Martin Allen Mosher

Justin Neill Jason Nikolich Michael OHare Luce Pangle Clorinda Pelosi

Rose Marie Phetteplace Doris Placek-Thomas Evangelina Poggi

Susan Proescher Walter Rapetti Raul Rekow Jack Robertson Linda Lou Rogers Helen Rubin

Brahmi Sardar Warich Stephen Scarafone Edward Seddon Abraham Selesko Beatrice Selesko **Bob Shuster Lottie Simmons**

Teresita Supetran Wendy Tally Marianna Theo John D. Valenzuela Vittoria Vitali

Barbara Drucker Smith

Darlene Wade Derek Welton Peggy Worden Eva Ziccarelli

Father, we pray that those left behind might feel the peace and the comfort of your presence and release their loved ones into your waiting arms.

We surround all those who feel that they have no one to pray for them.