

## A.R.E./Glad Helpers' International Prayer List



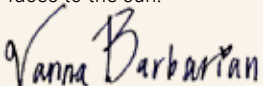
MAY 2025

Dear Prayer and Healing Friends,

I hope that April showers have brought you May flowers! The month of May is named after the Greek Goddess Maia, goddess of nature and growth. The Catholic Church dedicates the entire month of May to honoring Mary, the Mother of God. In the United States, we celebrate Memorial Day to honor and remember the soldiers and military personal who have died in service.

The birth flowers for the month of May are lily of the valley and hawthorn, symbolizing vitality, renewal, and the spirit of spring. This month is a perfect time to embrace the fresh start and vibrant energy of spring. It offers us an opportunity to receive joy, growth, and the chance to blossom with love in all that we do. Our choices can reflect our hopes, not our fears. A positive mindset, coupled with empowerment, can set our month off right. We can stay resilient and let hope serve as a motivational force that keeps us moving forward rather than with apprehension. We can witness how powerful this can be by paying attention to the impact we have on others.

For this month, let us be like flowers, and turn our faces to the sun.



Savanna Barbarian  
Prayer and Meditation Services

### The Importance of Prayer and Meditation Savanna Barbarian

As we continue moving on through our year, we may find ourselves reflecting on our choices, relationships, and resolutions we started at the beginning of this year. Are we living up to our fullest potential? Are we staying devoted to our *Ideals*? Are we sharing loving fellowship with all those around us? A monthly check-in with ourselves can help us stay on the track with our highest possibility.

Edgar Cayce gave Reading 281-21 on July 28, 1934. Along with many of his works, this particular reading sheds beautiful light on fellowship. The reading begins with Gertrude Cayce suggesting a review of the current group business and a lecture on healing.

"As to the activities of the group there has been that which should cause in the experiences of each more and more the consciousness of

the truth in the crucified Christ manifesting in the lives, the experiences of others, and that—as He has given—"Ye that seek in My name, believing and acting and keeping those commandments which I have given thee, shall ask and receive."\*

Increasing awareness suggests that more and more individuals are becoming conscious. Truth in the crucified Christ is the specific truth in the significance of Christ's crucifixion. This increased level of awareness and manifestation also affects us and is evident in the experiences of individuals. In essence, this message highlights a growing spiritual awareness and understanding of Christ's significance, which becomes evident both personally and in interactions with others.

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## May 2025 Affirmation

*"Our Father, Our God, in thy manifestations of love, remember me—just now."*

Edgar Cayce reading 281-17

*The Edgar Cayce readings emphasize the importance that those who are seeking help and healing through prayer actively participate in the prayer effort—praying for themselves and others on the list. This creates a cooperative, unified prayer effort. In the giving comes receiving.*

*AS HELP IS RECEIVED, REMEMBER TO THANK GOD, THE GIVER OF ALL GOOD AND PERFECT GIFTS.*

## A.R.E. Prayer and Meditation Services

215 67th Street • Virginia Beach, VA 23451-2061 • 800-333-4499, ext. 7551 • [EdgarCayce.org/prayer](http://EdgarCayce.org/prayer) • [prayer@edgarcayce.org](mailto:prayer@edgarcayce.org)  
Due to the growing number of monthly prayer requests, multiple requests for and from the same family member will be listed as (your name) "Jane Doe and Family," or "Jane Doe and Friends," or "Jane Doe and Family & Friends." We will pray for you, as the channel, as you pray for those on your personal prayer list, which is what Mr. Cayce instructed members of the original Prayer Group to do. Thank you for your understanding and assistance.

### Request for Direct Healing for the June List

I AGREE TO PRAY FOR:

Full Name, (Please Print) \_\_\_\_\_

and to pray with those names on the Glad Helpers Prayer List (Morning, Noon, Sunset, Evening, Passed On), or with those whom I feel led to pray for on the list:

SEND LIST TO: NAME \_\_\_\_\_

ADDRESS \_\_\_\_\_

CITY \_\_\_\_\_ STATE \_\_\_\_ ZIP \_\_\_\_\_

\*EMAIL \_\_\_\_\_

I want to help save money! Please sign me up to receive the list via email\*.

You are joined in prayer by the Glad Helpers Prayer Healing Group. If your request is received after the 2nd Monday of the month, it will be placed on the following month's printed list. **You must renew your name each month.**

**PRAYER TIME:\***

- MORNING
- NOON
- SUNSET
- EVENING
- PASSED ON

\*Please choose one

SURROUND (Those in need, but who are unable or unwilling to participate). Note: Names will not be printed on list, but they will be prayed for each day.

### Thank you!

*Your donations completely support this service.*

I am enclosing a \$ \_\_\_\_\_ donation to help support this work. We gladly accept checks, money orders, cash, and the four credit cards listed below.\*

VISA                       MasterCard

AMEX                       Discover

Card Number \_\_\_\_\_

Expiration Date: \_\_\_\_/\_\_\_\_/\_\_\_\_

Signature: \_\_\_\_\_

**2025PL**

*\*Please make check payable to A.R.E., and in the lower left-hand corner of your check, designate: "for Prayer and Meditation Services." We thank you.*

Cont. from page 1

The collective consciousness realizes this spiritual truth. We can model the impact of faith-based actions on personal and communal experiences that emphasizes the Christ Spirit on earth.

"Respecting healing through prayer, meditation, and the sending out to others of that which is raised in the consciousness of those that seek through the promises in Him to be a blessing, an aid, to their fellow man . . . who would first consecrate their own lives to the service of their fellow man could—and would . . . bring in the experience of others . . . know in their own selves the glory of those promises made in Him."\*

This suggests a community approach to service, emphasizing the importance of prayer and meditation in raising awareness to be a blessing to others, encouraging individuals to consecrate their lives to serving their fellow humans, while collectively seeking support and reflecting the glory of Christ's promises through their actions.

The Glad Helpers asked for advice, which could be applied in their daily interactions with fellow humans. "Wait ye one on another, even as the Lord waiteth on thee; and be thou ever mindful that the words and the meditations bring JOY and gladness! For ye that are the Lord's should

be the gladdest of the glad, the most joyous of those that do rejoice; for ye that name the name of the Son have access to the Father of Light!"\* "Let me rededicate my life, my heart, my body, to the service of my God, that I may be a channel of blessing to someone, now!"\*

As we offer to serve, we forget to remind ourselves of all the joy that comes with the opportunity of consecrating our lives in service. Life is full of waves but we would be unable to experience the highs of joy without the lows of long-suffering. We have the ability to endure the difficult situations with patience and perseverance. We embody the qualities of resilience, endurance, and the capacity to remain calm despite adversity. Mr. Cayce often emphasized that spiritual growth comes from facing trials and tribulations. The long-suffering leads to greater understanding, compassion, and a deeper connection to one's spiritual purpose. It encourages us to maintain faith and trust in the process of life, understanding that challenges can ultimately lead to personal development and enlightenment.

\*281-21

 **MORNING**

Natalie Atkinson Family and Friends  
Pearl Ball  
Dianne Bargonetti  
Steve Bargonetti  
Robert Baxter and Family  
Juli Bennett  
Daniel Bernard  
Monica A. Bigelow  
April Bostian Family and Friends  
Dantae Brown Family and Friends  
Sandy Brown  
Myrtle Burge  
Teresa Carmelino  
Mary Carpenter and Family  
Brenda Ann Clark  
Kathy Coats Family and Friends  
Judith Ann Cook  
Robert Cooper  
Bryan Cowell  
Katherine Cox and Family  
Askia Cuff

William Cuff and Family  
Wayne F. Curtis, Sr.  
Mary David Family and Friends  
Maryjoel Davis Family and Friends  
Marlene Duet  
Assal Farahani  
Carlos Fernandez  
Isabel Fernandez  
Alice Font Family and Friends  
Theresa Gerstemeier  
Violet Gold  
Eleanor Gravestock  
Raschel Gray and Family  
Norman Gray and Family  
Robert Hanus  
Jill Harmer  
Teri Harris Family and Friends  
David Herson  
Diane Herson and Family  
Dianne Hill  
Molly A. Horstman  
Aurolyn Jackson Family and Friends  
Daniel Jimerson Family and Friends  
Christy Kano

Aurorah Kelevh  
Sandra Lee Kistler-Connolly Family and Friends  
Marina Kurkov  
Sandy Larocca  
James Leung  
Barba Louya  
Kim Malone Family and Friends  
Edy Iversen Martin-Prevel  
Patrick Martin-Prevel  
Gay Montague Family and Friends  
Vibeke Mortensen  
Rich Mycka  
Winnie Mycka  
Thomas George Nawrocki  
Kirk Nelson  
Christine Orts  
Douglas Pascal  
Barbara Jimas Peterson  
Kim Terese Phetteplace Family and Friends  
Stacey M. Quesada  
Yvonne Quevedo Family and Friends  
Carmen D Quintero González  
Charlotte Ratushny

Gregory Ratushny  
Hayden Ratushny  
Vladmir Ratushny  
Jason Rosenstock  
Patrecia Schwaillik Giunta  
Lorraine Shadle  
Sophia Sharfstein  
Thom Shelton  
Eric Solorio  
Martin Sorento  
Penny Ann Soussa Family and Friends  
Hazrah Spring-Leahy Family and Friends  
Frederick E Steinway  
Carolyn Thewlis Family and Friends  
Tommy J. Tobias  
Finn Tyrrell  
Lucy Tyrrell  
Yolanda Quevedo Underwood Family and Friends  
Colleen Van Voorhis  
Sue Walkup  
Dana Ware  
Carolyn Ware  
Joanna Wilczewski

 **NOON**

John Brittell Family and Friends  
Mercedes Cobham  
Annelise Dichmann  
Linda Eby  
Davona Filby Family and Friends  
Stephen Freeman Family and Friends  
Kimberly Gales  
Lily Garner

Carol Goodrich  
Brenda Hale  
Joan Hanley  
Denise Harrison and Family  
Joyce Hayes  
Pierre Hebert  
Geraldine Amara Hodson  
Carolyn Houghton  
Stephanie Johnson and Family  
Chuck Johnston  
Andrew Jorgensen  
Russell Kiviniemi

Trine Lorentsen  
Allen Mchone  
Kathy McLeod  
Nikkie Miller  
Billy Mitchell  
Patti Myntti  
Rachel Nowicki  
Steve Nuin  
Samuel Pangle  
Willa Pinto  
Gina Preziosa and Family  
Roger Puente  
Linda Riddell

Ora Robinson  
Kenny Rowe  
Giovanni Salazar  
Valerie Spangengerg  
Nadine Tobias

 **SUNSET**

Ryan Gabriel Armelao Rodriguez  
Guido Ferruccio Arrighi  
Elisabetta Bersani  
Beatrice Bonetti  
Leonardo Borroni  
Giuseppa Ciarmoli  
Margarita Diaz

Santiago Diaz  
Meghann Dunagan  
Paul David Dunagan Family and Friends  
Marina Ercole  
Marco Evangelista  
Nicolo' Evangelista  
Salvatore Evangelista  
Ombretta Fugazzotto  
Giuseppina Gaggero  
Maria Grace Gurrieri

Alison Parker Hedrick  
Jerry Hedrick  
Harry Holmes Family and Friends  
Ciro Inno  
Gianluca Inno  
Maria Cristina Mauri  
Kathryn Miller and Family  
Beatrice Rita Murano  
Francesco Antonio Murano  
Ornella Murano

Martino Parodi  
Antonella Pedicelli  
Pierfrancesco Pellegrino  
Giovanna Pera  
Sabrina Preti  
Daniel Quattrocci  
Noah Raffini  
Mariella Saldi  
Aura Celeste Selmani

 **EVENING**

Gail Battersby  
Elizabeth Ann Belanger  
Carl D. Booth  
Omar Boulds  
Lawrence Cherelli Family and Friends  
Vincente Cuquerella Soro  
Nora Curtis  
Chris Dougherty Family and Friends  
Jane Fleischauer and Family  
Dakia Ford  
Mona Forney  
Linda Frazer  
Mary Gemming and Family

James Geoghegan  
Marquielly Lopes Gonçalves deOliveira  
Michael Patrick Hall  
John Howard II  
Holly Hunter  
Pueno Italiani Family and Friends  
Louise Izzo and Family  
June M. Latine and Family  
Anita Liese  
Anna Lopez Iglesia  
JoAn Easton Marchese Family and Friends  
Janalynn Martens

Neda McGuire Family and Friends  
MarieAnn Messina  
Michele Millard  
Rebecca Millard  
Trey O'brien  
Donna Palmer Family and Friends  
Gregg Petersen  
Rhodes Pinto  
Carle Alexander Porter  
Rochelle Porter  
Sara Rose  
Theresa Sefcik Family and Friends

Sergio Sorrentino  
Jane Stokes  
Andra Tirb  
Emmett James Trebon  
Frieda Utley  
Johanna Van de Ven  
Ana Vecchione  
Arend Vecchione  
Marcello Vecchione  
Salvatore Vecchione  
Alonzo Whitney  
Irma O. Wooliever Family and Friends  
Tommy Wren

 **PASSED ON**

*Father, in Thy love, Thy mercy, be Thou near those who are in—and have recently entered—the borderland. May I aid, when Thou seest that Thou canst [can] use me. (281-15)*

John Bartholomay  
Charles Bennett  
George Billings  
Giuseppe Bonetti  
Jonathan Lee Brittell  
Frances Burge  
Joe Centeno  
Arnaldo Colombo  
James Connolly  
Harold Cowell  
Akilah Cuff  
Louisa DeRiggi  
Sue Dougherty  
Edward Lev Easton  
Jane Edwards  
Joseph Ferrara  
Nancy Ferrara  
Bobby Shelton James Gaines  
Eleonora Giorgi  
Patty Goo  
Paxton Haili  
Rhonda Hazell  
Larry Hester

Loida Hopper  
Michael Horwitz  
James Thomas Hurd  
Rocco J. Izzo  
Jens Peter Jensen  
Donita Johnson  
Ellis Johnson  
Warner Johnson  
Naomi Judd  
David King  
Margaret Jane Landa  
Jane Latine  
Stephen LeBlanc  
Lola Vera Loginova  
Lucia Elena Maksimiuk  
Domenico Marino  
Nicodemo Marino  
Anthony Marotta  
Jennie Marotta  
Peter Marotta  
Beverly Matthews  
Catherine Matthews  
Gladys McGarey

Pat McLeod  
Jim Merchand  
Bruce Miller  
Majeed Moghadam  
Dylan Moise  
Martin Allen Mosher  
Rebecca Newell  
Jason Nikolich  
Michael OHare  
Serhii Orletskyi  
Luce Pangle  
Sue Parbury  
Clorinda Pelosi  
Rose Marie Phetteplace  
Penny Pinkney  
Evangelina Poggi  
Pope Francis  
Susan Proescher  
Raul Rekow  
James Renko  
Kenneth Renko  
Robert Renko  
John D. Riddell

Joslyn Eleanor Riddell  
Linda Lou Rogers  
Helen Rubin  
Karin Sauermann  
Norman Schenk  
Abraham Selesko  
Beatrice Selesko  
Bob Shuster  
Laina Eleanor Sippola  
Lloyd Spivey  
David Storm  
Teresa Sura  
Adriana Tamassia  
Richard Taylor  
Marianna Theo  
Linda Todd  
Bob Uecker  
John D. Valenzuela  
Darlene Wade  
Derek Welton  
Robert Wilczewski  
Alan Windser  
Charlotte Wood

*Father, we pray that those left behind might feel the peace and the comfort of your presence and release their loved ones into your waiting arms.*