





Dear Prayer and Healing Friends,

Welcome to April, known as the national month of hope, a beautiful start to the season of spring, new beginnings, renewal, and rebirth. In Celtic society, April was a symbol of new growth and renewal called *An Giblean*. April is associated with blooming flowers, daisies, and the sweet pea. New growth and life is happening right in front of us; everything around us mirrors what's inside. Another part of nature that is linked to April is the walnut tree–symbolizing wisdom, inspiration, stability, and grounding.

Change or renewal can bring fear of the unknown. As ever-evolving beings, we might assume that constant change seems to be the "norm," but around 30 percent of the global population struggles with fear and anxiety daily. Using April for grounding can be a great technique for stabilizing ourselves in the chaos of fluctuation in our world.

We may find that others around us "match our energy." We can aid them by simply being a grounding presence among them. Although we may never know what others are experiencing, as we shine our kindness and love onto the world around us, we demonstrate the power to change lives for the better.

Savanna Barbarian

Prayer and Meditation Services

Ye Become Lights to Those That Sit in Darkness Savanna Barbarian

As we enter into a new season of spring, new life, and regeneration, we remind ourselves of the ever-changing world around us. Reading 281-30 given on February 17, 1937, contains the study of the Revelation. There was a crossover exchange during a question between the Healing Prayer Group and the first original study group #1 as they were working their way through the chapter, "Happiness," in *A Search for God*, Book 2.

The Glad Helpers presented the question, "Do the seven angels described in Rev. 8-9 represent spiritual forces governing the various dimensional planes through which souls pass between incarnations on the earth?"* Edgar Cayce's answer: "This is a very good interpretation. Yes. . . . this explanation becomes a portion of another group's study and activity in the lesson just being approached on happiness ... "* How often both of these groups cross-pollinated each other! They shaped a connected collective consciousness with one another. "As to how this must indeed be interpreted in the experience of each soul, whether considered in a material plane in which there is found the real essence of happiness or that in the interim when ye are looked over, or interpreted from that given by others—to be absent from the body-physical is to be present in the grace and glory and presence of divinity; or to be those influences that make for an activity in an influence without self."*

As individual souls it could be challenging to identify the real essence of a deeper soul level of happiness—not simply "happiness" on the material plane but, understanding a deep sense of peace, fulfillment, and connection

APRIL 2025



April 2025 Affirmation

"Father, God, in humbleness of heart I seek. I pray thy mercy, thy love at this period: not only for myself but all that seek to know thy ways." Edgar Cayce reading 281-28 The Edgar Cayce readings emphasize the importance that those who are seeking help and healing through prayer actively participate in the prayer effort—praying for themselves and others on the list. This creates a cooperative, unified prayer effort. In the giving comes receiving.

AS HELP IS RECEIVED, REMEMBER TO THANK GOD, THE GIVER OF ALL GOOD AND PERFECT GIFTS.

A.R.E. Prayer and Meditation Services

215 67th Street • Virginia Beach, VA 23451-2061 • 800-333-4499, ext. 7551 • EdgarCayce.org/prayer • prayer@edgarcayce.org Due to the growing number of monthly prayer requests, multiple requests for and from the same family member will be listed as (your name) "Jane Doe and Family," or "Jane Doe and Friends," or "Jane Doe and Family & Friends." We will pray for you, as the channel, as you pray for those on your personal prayer list, which is what Mr. Cayce instructed members of the original Prayer Group to do. Thank you for your understanding and assistance.

Request for Direct Healing for the May List I AGREE TO PRAY FOR: Full Name, (Please Print)	Thank you! Your donations completely support this service.
and to pray with those names on the Glad Helpers Prayer List (Morning, Noon, Sunset, Evening, Passed On), or with those whom I feel led to pray for on the list: SEND LIST TO: NAME	□ I am enclosing a \$ donation to help support this work. We gladly accept checks, money orders, cash, and the four credit cards listed below.*
ADDRE35	□ VISA □ MasterCard
CITYSTATEZIP *EMAIL	AMEX Discover
□ I want to help save money! Please sign me up to receive the list via email*.	Card Number
You are joined in prayer by the Glad Helpers Prayer Healing Group. If your request is received after the 2nd Monday of the month, it will be placed on the following month's printed list. You must renew your name each month.	Expiration Date:/ Signature: 2025PL *Please make check payable to A.R.E., and in the lower left-hand corner of your check, designate: "for Prayer and Meditation Services." We thank you.

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that transcends physical possessions or material circumstances. We can feel this immense joy in moments of laughter supporting and loving those around us. Immersion into nature, pure bliss walking through a wooded forest, watching the lapping waves on the beach, or listening to the sounds of water flowing through a woodland stream. Happiness on a non-material level could be as simple as creative expression, poetry, artistic activities, mindfulness, meditation, and prayer. Happiness comes through acts of kindness, such as the joy you experience helping someone in need or volunteering for a cause. Happiness on a non-material plane is often tied to emotional, spiritual, or experimental aspects of life, highlighting the importance of mental and emotional well-being over the accumulation of physical possessions.

"Now ye are studying yourself! Do not confuse the interpretation with that outside of thyself, but happiness is love of something outside of self! It may never be obtained, may never be known by loving only things within self or self's own domain!"* Highlighting the importance of looking beyond oneself to find happiness, Mr. Cayce suggests that engagement with the outside world and connections with others is more fulfilling than self-centered introspection. "Hence we find that in the expression then of those interims where there are the guiding influences of that we have loved, we have love—for this becomes then very definite. If ye have loved self-glory, if ye have loved the honor of the people more than those thoughts of the mental and spiritual and moral welfare, what manner of angels will direct thee between thy interims?"* The Source urged reflection on what we value and love, encouraging a focus on deeper, moral, and spiritual considerations, rather than superficial or self-serving ideas. What if our choices and values significantly affect the guidance and influences we encounter in life?

"Study to show thyself approved unto God, the God in self, the God in thine own consciousness—that is creative in its essence, rightly divining and dividing the words of truth and light; keeping self unspotted from the world. And ye become lights to those that sit in darkness, to those that wander."*

"Though ye may be spoken of harshly, smile—smile! For it is upon the river of life that smiles are made."*

*Reading 281-30



Joey Arata Monique Arcand Family and Friends Fran Baldassarre Pearl Ball Dianne Bargonetti Steve Bargonetti Robert Baxter and Family Monica A. Bigelow April Bostian Family and Friends Laura Broomfield Family and Friends Dantae Brown Family and Friends Sandy Brown Connie Sue Brzezanski Mvrtle Burae Glen Caldwell Brenda Ann Clark Judith Ann Cook Brvant Cowell Katherine Cox Family and Friends Rueben Craft Askia Cuff William Cuff and Family Karen Daniel



Warren Barclay Sharon Bartholomay Steve Bender Tina Bender Melissa Blie Tom Blie and the Blie Family Gina Brezini Family and Friends John Brittell Family and Friends Mary Elizabeth Connors Patrick Curiel Amie Danskin Stephen Freeman Family and Friends



Elizabeth Almeida and Family Ryan Gabriel Armelao Rodriguez Guido Ferruccio Arrighi Elisabetta Bersani Beatrice Bonetti Leonardo Borroni Giuseppa Ciarmoli Meghann Dunagan Paul Dunagan

Mary David Family and Friends Annelise Dichmann Miriam Duenas Family and Friends Marlene Duet **Cheryl Lorraine Evans** Theresa Gerstemeier Marian Gharaat Family and Friends Larry Hamilton Jill Harmer Teri Harris Family and Friends **David Herson and Friends Diane Herson and Friends Dianne Hill** Kristie Holmes Molly A. Horstman **Diane Houde Family and** Friends Aurolyn Jackson Family and Friends Marilyn Kai Jewett Daniel Jimerson Family and Friends Kellee L. Johnson Aurorah Kelevh William Kempen Sandra Lee Kistler-Connolly Family and Friends

Kimberly Gales Deborah Gonzales Family and Friends **Gwendolyn Grimstead** Callie Hale Joan Hanley **Denise Harrison and Family** Joyce Hayes Pierre Hebert Brooke Hill Dorothy Hill **Carolyn Houghton** Jamie Jackson Family and Friends Mary Elizabeth Jones Russell Kiviniemi Linda Leeser

Pamela Krommendyk and Family Marina Kurkov James Leung J. Zoltan Lover Christopher Malone Family and Friends Kim Malone Family and Friends Thakai Malone-Fuller Family and Friends Vincent Malone Family and Friends Luke Mars Hannah Mercer **Demetria Miles** Reminaton Miles Vibeke Mortensen Thomas George Nawrocki Kevin O'Shea Carole Paquette Family and Friends CJ Pepe Barbara Jimas Peterson Kim Terese Phetteplace Family and Friends Waymona Porter Wavne Porter Stacy McDermott Quesada Marly Ramirez

Pamela Lentz **Bennie Lewis** Anna Lopez Iglesia Heidi Manwaring Family and Friends Kathy McLeod Michelle McNear **Billy Mitchell** Patti Myntti Steve Nuin Madeleine Oliveira and Family Morgan Panger Wyatt Panger Samuel Pangle **Rhodes Pinto** Willa Pinto

Larry Rhoten **Daniel Rivers** Thomas Rydeen and Family Patrice Santo Family and Friends Linda Turrill Sayers Family and Friends Patricia Scarbrough Catherine I. Sears Ralph Sides Eric Solorio Penny Ann Soussa Family and Friends Alexandra Lauren Spring Hazrah Spring-Leahy Family and Friends Frederick E Steinway Philomena Sucharda Family and Friends George Wesley Thoroughgood Gail E. Tolzmann Finn Tyrrell Lucy Tyrrell Erin Wells Family and Friends Jasleen Whitaker Jill Austin Wickham Connie Lynne Wright

Gina Preziosa and Family Roger Puente Ora Robinson Ana Rodrigues Borges Leo Rodrigues Borges Pedro Rodrigues Borges **Timothy Rodrigues Borges** Kenny Rowe Suzie Shulmister Martin Sorento Vincente Cuquerella Soro Valerie Spangenberg Lois Taliaferro Gail Tolzmann and Family Sidney Whitsell Grace Yuksek

Marina Ercole Marco Evangelista Nicolo' Evangelista Salvatore Evangelista Ombretta Fugazzotto Giuseppina Gaggero Maria Grace Gurrieri Harry Holmes Family and Friends Ciro Inno Gianluca Inno Trine Lorentsen

Chris Mankovich and Family José Augusto Martins da Silva Maria Cristina Mauri Beatrice Rita Murano Francesco Antonio Murano Ornella Murano Martino Parodi Antonella Pedicelli Pierfrancesco Pellegrino Giovanna Pera Sabrina Preti Noah Raffini Barry Ryan Mariella Saldi Aura Celeste Selmani



Frank Angiulli Marie Angiulli Jasmine Assistant Maverick Les Bonham Teresa Carmelino Peter Chapman Lawrence A. Cherelli Family and Friends **Dulcinea Contreras Family and** Friends Chris Dougherty Family and Friends Charles Edwards Family and Friends Mona Forney Family and Friends Barbara Gauger

James Geoghegan William Grossner Barbara Ann Hall and Family Pueno Italiani Family and Friends Louise Izzo and Family Linda Keener Kathleen Kot Darlene Kurtz Anita Liese JoAn Easton Marchese Family and Friends Janalvnn Martens MarieAnn Messina Laura Neff Family and Friends Kirk Nelson

Gregg Petersen Melinda Quintana Family and Friends **Belinda Reiter Doug Reiter** Sara Rose Denise Roseman Frieda Schumaker **Buddy Sharpe** Mary Stinnette **Diana Sullivan** Andrew Swyschuk **Emmett James Trebon** Johanna Van de Ven Ana Vecchione Arend Vecchione

Marcello Vecchione Salvatore Vecchione Linda Walter Debbi Wool Irma O. Wooliever Family and Friends



Wesley Alford Manolo Arguelles Mariah Blie Alvanni Boekhout Giuseppe Bonetti Jonathan Lee Brittell Sandra Kay Broomfield Lawrence Brown Frances Burge **Daisy Carter** Karen Ciecslek Arnaldo Colombo James Connolly Harold Cowell Akilah Cuff Louisa DeRiggi Dorita Dixon Sue Dougherty Alex Duenas Edward Lev Easton Jane Edwards Joseph Ferrara Nancy Ferrara James Gaines

Father, in Thy love, Thy mercy, be Thou near those who are in—and have recently entered the borderland. May I aid, when Thou seest that Thou canst [can] use me. (281-15)

> Eleonora Giorgi Patty Goo Paxton Haili Larry Hester James Thomas Hurd Rocco J. Izzo Adam Janus **Dinora Jimenez** Noeomi Judd David King Helen Louise King Cher Kuss Patty Lazzeri Raphael LeBlanc Stephen LeBlanc Almo Leuchi Graziano Leuchi Cora Malone Vance Malone Nicodemo Marina Domenico Marino Anthony Marotta Jennie Marotta Peter Marotta

Rene Martinez Beverly Matthews Catherine Matthews Gladys McGarey Pat McLeod Eric Alan Mein Jim Merchand Dylan Moise Maceo Morris Martin Allen Mosher Margaret Mykula Jason Nikolich Michael OHare Ninette Ordonez Serhii Orletskyi **Diane Panetta** Luce Pangle Sue Parbury Donna Mae Pastuck Clorinda Pelosi Rose Marie Phetteplace Evangelina Poggi James Prater Henry Judson Reed

Raul Rekow Kenneth Renko Jack Robertson Linda Lou Rogers Helen Rubin Maria Ruiz Brahmi Sardar Karin Sauermann Craig Savage Stephen Scarafone Beatrice Selesko Clvde Norman Shealv Robert Stanton **Boisie Stuart** Adriana Tamassia **Richard Taylor** Marianne Theo **Bob Uecker** John D. Valenzuela Darlene Wade Amrik Warich **Derek Welton** Jamie White Charlotte Wood

Father, we pray that those left behind might feel the peace and the comfort of your presence and release their loved ones into your waiting arms.