





MARCH 2025

Dear Prayer and Healing Friends,

Entering into the first sign of the zodiac, *Aries*, can be a wonderful time for valiant new beginnings. The astrological sign of *Pisces* can symbolize the division of our attention between fantasy and reality. We can use the month of March to create our ideal reality (no matter how great of a fantasy it may seem) and use the coming season of Aries as a way to bring into being what we need. No vision is too great to bring to life; we are the artists painting our reality.

During March, the planets Venus, Mercury, Mars, Jupiter, Neptune, Saturn, and Uranus will align in the sky. This is known as a "planetary parade." Forthcoming eclipses and this planetary alignment will be cause for an intense month of inner consideration, creation of movement, and metamorphosis. We have the power to reflect on our year thus far, and promote action for the direction to align with our energy and purpose. Trusting our intuition is necessary, along with embracing all emotions that arise through this process. Grace and gentleness will be a keynote as we accept what we see when "turning the mirror" and looking within.

Vanna Darbarran Savanna Barbarian Prayer and Meditation Services

May Self Be of Service in the World Savanna Barbarian

Throughout the prayer group readings we explore many elements such as Prayer and Meditation, The Revelation, and the Endocrine Glands. The nuggets of wisdom found within each of these readings are invaluable.

Reminding ourselves of this time of reflection and transformation, we "turn the mirror" to find the answers we are seeking which are already within. When we offer up our challenges to God, we free ourselves of the constraints of fear that bind us and keep us stuck in a lower plane of consciousness. "As ye ask in my name, believing, that will be done in thy experience that the Father may be glorified in me and I in you." 281-20

Reading 281-20 was given on April 27, 1934. This reading provides inspiration and is

centered on healing self so that we can be of help to others. Mr. Cayce steadily returned to the point that to help or heal others, we first have to heal ourselves. He reminded us that we have all the tools within to do so. A question was asked, "How can I be of help to others?" His answer was, "This is done by living that life first in self and then sending it out in His name to those that seek through the aid thou, with others, may be in fulfilling that which is promised by Him."* Going forward, we can remind ourselves to practice what we preach. We have the opportunity to share our experiences of walking the path, and this enriches others. "In this manner may self be of service in the world."*

We not only find fellowship in shared



March 2025 Affirmation

"Let the words of my mouth, the purposes of my heart, the desires of the flesh, be attuned to the love of the Father..."

Edgar Cayce reading 281-35

The Edgar Cayce readings emphasize the importance that those who are seeking help and healing through prayer actively participate in the prayer effort—praying for themselves and others on the list. This creates a cooperative, unified prayer effort. In the giving comes receiving.

AS HELP IS RECEIVED, REMEMBER TO THANK GOD, THE GIVER OF ALL GOOD AND PERFECT GIFTS.

A.R.E. Prayer and Meditation Services

215 67th Street • Virginia Beach, VA 23451-2061 • 800-333-4499, ext. 7551 • EdgarCayce.org/prayer • prayer@edgarcayce.org
Due to the growing number of monthly prayer requests, multiple requests for and from the same family member will be listed as (your name) "Jane Doe
and Family," or "Jane Doe and Friends," or "Jane Doe and Family & Friends." We will pray for you, as the channel, as you pray for those on your personal
prayer list, which is what Mr. Cayce instructed members of the original Prayer Group to do. Thank you for your understanding and assistance.

Request for Direct Healing for the April List I AGREE TO PRAY FOR:	Thank you! Your donations completely support this service.
and to pray with those names on the Glad Helpers Prayer List (Morning, Noon, Sunset, Evening, Passed On), or with those whom I feel led to pray for on the list: SEND LIST TO: NAME ADDRESS	I am enclosing a \$ donation to help support this work. We gladly accept checks, money orders, cash, and the four credit cards listed below.*
	□ VISA □ MasterCard
CITYSTATEZIP *EMAIL	□ AMEX □ Discover
☐ I want to help save money! Please sign me up to receive the list via email*.	Card Number
You are joined in prayer by the Glad Helpers Prayer Healing Group. If your request is received after the 2nd Monday of the month, it will be placed on the following month's printed list. You must renew your name each month. PRAYER ☐ MORNING ☐ SURROUND (Those in need, but who are unable or unwilling to participate). Note: Names will not be printed on list, but they will be prayed for each day.	Expiration Date:/ Signature: 2025PL *Please make check payable to A.R.E., and in the lower left-hand corner of your check, designate: "for Prayer and Meditation Services." We thank you.

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experiences (application) but we also find self. As we enter into challenging experiences, we are able to see our growth as well as areas in ourselves that still need tending. We are able to readily move towards our spiritual ideal and seek guidance from our highest self (God.) "Not so much self-development, but rather developing the Christ Consciousness in self, being selfless, that He may have HIS way with thee, that He—the Christ—may direct thy ways, that He will guide thee in the things thou doest, thou sayest."* Giving others the gift of understanding that has been bestowed on us can be the greatest gift to give. Often our examples bring others to a higher plane of consciousness and offer a positive light. "In this manner may one give of self to others most. Not as self-exaltation, but as glorifying the Christ that the Father may give those good gifts to those that love His ways."*

If we wish to heal others, pray for others, and guide others, we have to remember we are merely a channel, remembering that the highest power is at all times working through us. "Then, making self a channel, practice and preach—but practice twice what you preach once."* Those

who claim to be a healer as an identifying trait must work twice as hard on themselves to become a proper channel. Every person who comes onto our path is a mirror showing us what we need to analyze and work on. "Let those things that thou knowest be done in meekness and in truth, that the Christ Consciousness may be made more aware in the experience of those thou would aid."*

"First let each enter into its own inner self and ask for direction, and—BELIEVING His presence will be with thee . . . 'Where two or three are gathered . . . I will be there in the midst of them'."* In essence, we are awakening ourselves in awakening others.

We are building a personal, deep, intimate, spiritual relationship, not only with our fellow humans, but also with God. As we cultivate these connections, we open ourselves to the potential of inspiring others and leading, perhaps, to a realization of the Christ Consciousness.

*Reading 281-20



Pam Aden Bryne Adlem Pearl Ball Colin Bambrick

Dianne Bargonetti Steve Bargonetti

Robert Baxter and Family Celeste Beccalori Family and

Friends Jed Bendix

April Bostia Family and Friends

Cheryl Renee Branch Dantae Brown Family and

Friends

Sandy Brown Family and Friends

Myrtle Burge Family and Friends

William Canty Rochelle Carney Samantha Chun Brenda Ann Clark Judith Ann Cook

Katherine Cox Family and Friends

Jonathan Crago and Family William Cuff and Family

Wayne F. Curtis, Sr. Family and Friends

Mary David Family and Friends Stephanie Davidson

Miriam Duenas Family and Friends

Marlene Duet Joseph Fujioka

Marjan Gharaa Family and

Friends Robert Hanus Jill Harmer

Teri Harris Family and Friends

Hazel Anne Haves

David Herson and Friends Diane Herson and Friends

Molly A. Horstman Diane Houde Family and

Friends Sam Houston Marilyn Kai Jewett Barbara Jimas Peterson Daniel Jimerson Family and Friends Aurorah Kelevh

William Kempen Sandra Lee Kistler-Connolly and Friends

Pamela Krommendyk and Family Marina Kurkov

Maureen Landry James Leung

Zolt Lover Family and Friends Christopher Malone Family and Friends

Kim Malone Family and Friends

Thakai Malone-Fuller Family and Friends

Vincent Malone Family and Friends

Maureen Mancuso **Howard Marcus** Luke Mars Monique McCoy Rich Mycka Winnie Mycka

Mtemba Mzyece and family Thomas George Nawrocki

Kevin O'Shea Sandra Paolicelli

Kim Terese Phetteplace Family

and Friends

Stacey McDermott Quesada Yvonne Quevedo Family and

Friends Charlotte Ratushny

Gregory Ratushny Hayden Ratushny Vladmir Ratushny

Thomas Rydeen and Family

Coco Saltzgiver Family and Friends

Upendra Shah Family and Friends

Sophia Sharfstein

Saundra Shelton Family and Friends

Penny Ann Soussa Family and Friénds

Tom Speight

Hazrah Spring-Leahy Family and

Friends

Frederick E Steinway Elsa Stockmon

Philomena Sucharda Family and Friends

Darrell Terlisner Linda Terlisner

Carolyn Thewlis Family and Friends

Juwil Towles Finn Tyrrell Lucy Tyrrell

Yolanda Quevedo Underwood Family and Friends

Sue Walkup

Billie White Family and Friends

Jill Austin Wickham

Kolin Yardley Family and Friends

NOON

Heather Beattie

John Brittell Family and Friends

Patrick Curiel

Avon Davies Family and Friends

The Derr Family Ron Feldheim

Stephen Freeman Family and Friends

Deborah Gonzales Elaine Griffin Joan Hanley

Denise Harrison and Family

Joyce Haves Pierre Hebert Lauren Hostetler Carolyn Houghton Diamond Jewell

Christine Johnson and Family

Russell Kiviniemi Trudy Mardian Kathy McLeod Barbara Messina Nikkie Jimas Miller

Billy Mitchell Maggie Moise Betsy Murdock Patti Myntti Steve Nuin

Madeleine Oliveira and Family

Christine Orts Samuel Pangle

Victoria Thomas Phillip

Willa Pinto

Gina Preziosa and Family Arleen Grace Rafanan

Tom Rafanan Ora Robinson Kenny Rowe Ryan Smith **Taylor Smith**

Valerie Spangenberg

Don Swett **Timothy Taylor**

Gail Tolzmann and Family Barbara M. Walton

Ashley Wolters

SUNSET

Rvan Gabriel Armelao Rodriguez

Guido Ferruccio Arrighi Elisabetta Bersani

Beatrice Bonetti Leonardo Borroni

Giuseppa Ciarmoli

Meghann Dunagan Family and Friends

Paul David Dunagan Family and Friends

Marina Ercole

Marco Evangelista Nicolo' Evangelista

Salvatore Evangelista Ombretta Fugazzotto Giuseppina Gaggero

Maria Grace Gurrieri

Harry Holmes Family and

Friends Ciro Inno

Gianluca Inno

Lisa Lamoreaux Maria Cristina Mauri

Beatrice Rita Murano Francesco Antonio Murano

Ornella Murano Martino Parodi Antonella Pedicelli Pierfrancesco Pellegrino

Giovanna Pera Sabrina Preti

Noah Raffini April Rataski Mariella Saldi

Aura Celeste Selmani



Monique Arcand Family and Friends

Maverick Les Bonham

Elizabeth Ann Belanger

Carl D. Booth Sutonia Boykin Trish Byron Carol Case

Antoinette Chavez

Lawrence Cherelli Family and

Friends

Christina Collins

Paulette Watanabe Crawshaw

Barbara Debari

Chris Dougherty Family and

Friends

Beth Fernandez Family and

Friends

Mary Gemming and Family

James Geoghegan

Barbara Ann Hall and Family

Michael Patrick Hall Felicity Herrington

Pueno Italiani Family and

Friends

Louise Izzo and Family Veronica Kochey and Family Macé Laetitia Family and

Friends

June M. Latine Anita Liese

JoAn Easton Marchese Family and Friends

Janalynn Martens MarieAnn Messina Grace Natoli

Kirk Nelson

Donna Palmer Family and

Friends

Gregg Petersen

Rhodes Pinto Family and Friends

Sara Rose

Catherine Rourke Henry Sandbergberg Ethan Schanzer

Stephan Speidel **Emmett James Trebon**

Johanna Van de Ven

Ana Vecchione

Arend Vecchione Marcello Vecchione Salvatore Vecchione

Rosemary Volpe Family and

Friends

PASSED

Father, in Thy love, Thy mercy, be Thou near those who are in—and have recently entered the borderland. May I aid, when Thou seest that Thou canst [can] use me. (281-15)

William James Adlem Manolo Arguelles Anna Bagnoli Alec Bazuik Gord Bazuik Mary Bazuik Gina D. Bigelow Alyanni Boekhout Giuseppe Bonetti Jonathan Lee Brittell James Brown

Daisy Carter Kitten Case III Arnaldo Colombo James Connolly Sam DeLuca Sue Dougherty Alex Duenas Jane Edwards Mary Farley Joseph Ferrara Nancy Ferrara

Franceschina Fuscaldo

Patti Goo

Giuseppina Gravante

Mary Greco Paxton Haili Joan Hanley Larry Hester

James Thomas Hurd Rocco J. Izzo **Avery James** Dinora Jimenez Helen Jones

David King Anatole Kurkov Jane Latine Patty Lazzeri Raphael LeBlanc Stephen LeBlanc Rigoberto Leonard Almo Leuchi Graziano Leuchi

Judy Love

Lucia Elena Maksimiuk

Cora Malone Domenico Marino

Lola Vera Loginova

Anthony Marotta Jennie Marotta Peter Marotta Rene Martinez **Beverly Matthews** Gladys McGarey Pat McLeod Jim Merchand Dylan Moise

Martin Allen Mosher Jason Nikolich Michael Ohare Serhii Orletskyi Luce Pangle Sue Parbury

Clorinda Pelosi Rose Marie Phetteplace

Christian Phillip Kenny Pitcher Evangelina Poggi Virginia Rafanan Raul Rekow

Kenneth Renko Joseph Robertson Linda Lou Rogers

Geronimo Rojas de Ayala

Maria Ruiz Karin Sauermann Abraham Selesko Beatrice Selesko **Bobby Shelton** Adriana Tamassia

Richard Taylor Marianna Theo Denise Thibodeau Benito Trolese **Bob Uecker**

America "Mary" Vasquez de

Rojas

John D. Valenzuela Darlene Wade Derek Welton Michael Whitehurst Russ Wortman

Barbara Slade Wyman Robert Arnold Wyman

Father, we pray that those left behind might feel the peace and the comfort of your presence and release their loved ones into your waiting arms.