





JANUARY 2025

Dear Prayer and Healing Friends,

A new year full of opportunities awaits us to expand our horizons, be who we want to be, and live the life we wish to live! The time is always now to nurture our soul potential and development. Let this be the year that we let nothing human hold us back, including ourselves. With God's help, we have all we need within our own hands.

Each year, some of us create a "New Year's Resolution," then find ourselves abandoning it. This year let's focus on our spiritual ideal and base our mental and physical ideals on that to keep our guiding "north star" in front of us all year long. That way, we can end this year with pride in all we have accomplished. Our spiritual ideal could be a word or a phrase of who or what we would like to emulate in the coming year: "God," "love," "peace," for example.

Next, choose a mental attribute such as patience, and a physical ideal that we can physically do such as exercise, or drinking more water. (See A Search for God, Book 1, Chapter 3, "What is My Ideal.")

Let's be true to our purpose this year, so that we are able to nurture others when that time comes.

Savanna Barbarian **Prayer and Meditation Services**

A Channel of Blessings Savanna Barbarian

In reading 281-39, given on January 12, 1938, Gertrude Cayce, (the reading conductor), began the reading with the suggestion that the Glad Helpers group was present for their general work in studying laws of spiritual or mental healing-the journey we're all on. Mr. Cayce reminded the group that in their study and application within their daily lives, there must be a more unified effort in bringing the consciousness of oneness and of peace so that healing might come. This raising of consciousness comes through application in our daily lives.

Mr. Cayce quoted John 14:27, where Jesus exclaims, "Peace I leave with you; my peace I give to you. Not as the world gives do I give to you." Peace that the Spirit offers is much different from the "temporary" peace that the world can provide. This peace is a deeprooted, enduring inner peace, derived from faith. Faith and peace bring comfort and trust in the Greater Plan and in each opportunity of growth that presents itself.

During times that can appear tumultuous within society, our country, or the world, oneness is more necessary than ever. Negativity is a strong habitual emotion we must guard against. A natural human tendency is to look for differences and divide ourselves from one another. Biologically and evolutionarily throughout generations, we have been conditioned to believe it's safer and better to be wary of the unfamiliar and those who think differently.



January 2025 Affirmation

"Lord of light, of mercy, of peace, create in me a pure heart: and renew a righteous spirit within me— now."

Edgar Cayce reading 281-26

The Edgar Cayce readings emphasize the importance that those who are seeking help and healing through prayer actively participate in the prayer effort—praying for themselves and others on the list. This creates a cooperative, unified prayer effort. In the giving comes receiving.

AS HELP IS RECEIVED, REMEMBER TO THANK GOD, THE GIVER OF ALL GOOD AND PERFECT GIFTS.

A.R.E. Prayer and Meditation Services

215 67th Street • Virginia Beach, VA 23451-2061 • 800-333-4499, ext. 7551 • EdgarCayce.org/prayer • prayer@edgarcayce.org
Due to the growing number of monthly prayer requests, multiple requests for and from the same family member will be listed as (your name) "Jane Doe
and Family," or "Jane Doe and Friends," or "Jane Doe and Family & Friends." We will pray for you, as the channel, as you pray for those on your personal
prayer list, which is what Mr. Cayce instructed members of the original Prayer Group to do. Thank you for your understanding and assistance.

Request for Direct Healing for the February List I AGREE TO PRAY FOR:	Thank you! Your donations completely support this service.
and to pray with those names on the Glad Helpers Prayer List (Morning, Noon, Sunset, Evening, Passed On), or with those whom I feel led to pray for on the list: SEND LIST TO: NAME ADDRESS	
ADDRESS	□ VISA □ MasterCard
CITYSTATEZIP	☐ AMEX ☐ Discover
EMAIL I want to help save money! Please sign me up to receive the list via email.	Card Number
You are joined in prayer by the Glad Helpers Prayer Healing Group. If your request is received after the 2nd Monday of the month, it will be placed on the following month's printed list. You must renew your name each month. PRAYER I MORNING IN NOON IN N	*Please make check payable to A.R.E., and in the lower left-hand corner of your check, designate: "for

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Throughout the readings, we are told to remain open as a channel of blessings to others. When we allow ourselves to be "wounded" by the trials and tribulations of life, we have a tendency to close ourselves off and put up walls to protect ourselves from what we consider "outside threats" that have the potential to cause us more emotional, mental, or spiritual turmoil. Chapter 4, "Virtue and Understanding," in A Search for God, Book 1, tells us that the more open we are, the more power we are given. Without an open trusting heart, we will have little understanding for the situations that arise in daily life, robbing us of unity and peace.

Understanding is a spiritual gift that has the cleansing power of the Creative Forces. It is a "weapon" in the warfare for truth. The quality of understanding draws others to be honest and sincere with us. We have the ability to offer understanding even when another's purposes and intents are malicious. The readings affirm that what we see in others, we have within ourselves, or we wouldn't be able to see it. It is our duty, lesson, and purpose to learn to love one another in this lifetime.

Coming back to our original discussion of reading 281-39, we learn

that bringing these Divine gifts into our daily walk aids us in growing as one in the Christ light. "Make His presence a conscious thing in thy conversation in thy dealings with thy fellow man [humans]. For where the heart is, there the activity is to bring into the influence of those whom you meet that consciousness of that which is near and dear to thee."* Mr. Cayce is reiterating, "mind is the builder," thoughts are things, and what we dwell on continually is what will be reflected outwardly to others. Make the conscious choice to raise others to a higher place in consciousness, rather than diminishing them.

"Then as ye make the life, the love, the awareness of the Christ-Consciousness in the Father in thy daily life, more and more are ye able to give that which will bring into the experiences of others that same awareness."*

For this New Year, may we draw each other to the light within. May we pull one another out of the depths of indifference, hate, and fear, and open ourselves to the spirit of love and oneness.

*Reading 281-39



Monigue Arcand Family and Friends

Angela Austin

Pearl Ball

Scott Banks

Robert Baxter

Tina Benites Family and Friends

Monica A. Bigelow

Terri Brand

Laura Broomfield

Sandy Brown

Brenda Ann Clark

Melsa Clarke

Judith Ann Cook

Katherine Cox and Family

William Cuff and Family

Wayne F. Curtis, Sr., Family and Friends

Karen Daniel

Miriam Duenas Family and Friends

Marlene Duet

Susan Flythe Family and Friends

Regan Giusti

Jeshona Greene

Erika Grimstead

Jill Harmer

Teri Harris Family and

Friends

David Herson and Family

Dianne Hill

Robert Hoelscher

Molly A. Horstman

Diane Houde Family and

Friends

Virginia Hudgins

Marilyn Kai Jewett

Norma Jean Johnson

Kristine Keding

Aurorah Kelevh

Kathleen Kelly Family and

Friends

William Kempen

Sandra Lee Kistler-Connolly Family and Friends

Pamela Krommendyk and

Family

Marina Kurkov

Maureen Landry

James Leung

Kim Malone Family and Friends

Luke Mars

Tom McAuley

Thomas George Nawrocki

Alex Nieves

Wendy Nieves

Kevin O'Shea

Jennifer Pereira

Candice Perkins

Barbara Jimas Peterson

Kim Terese Phetteplace Family and Friends

Willa Pinto

Gina Preziosa Family and

Friends

Yvonne Quevedo Family and

Friends

Matilda Ruiz-Bottenbley

Coco Saltzgiver Family and Friends

Penny Ann Soussa Family and Friends

Hazrah Spring-Leahy Family and Friends

Frederick E Steinway

Philomena Sucharda Family and Friends

Carolyn Thewlis Family and Friends

Rebecca Triplett

Finn Tyrrell Lucy Tyrrell

Yolanda Quevedo Underwood

Family and Friends

Laura Weller

NOON

John Brittell Family and Friends

Linda Caputi

Mary Elizabeth Connors

Patrick Curiel

Abigail DeSoto

Pat Duzey

Mimi DeSoto

Stephen Freeman Family and Friends

Hilda Harmon

Denise Harrison and Family

Joyce Hayes Pierre Hebert

Murph Hoeckel

Lousie Hogan **Anthony Jannone**

Gwendolyn Clapp Jannone

Russell Kiviniemi Don MacKellar

Kathy McLeod Family and Friends

Nikkie Jimas Miller

Billy Mitchell

Basmah Mughal Betsy Murdock

Patti Myntti

Steve Nuin Samuel Pangle

Mary Pearson

Roger Puente Jon Robertson

Ora Robinson

Kenny Rowe

Kenneth Sheely

Valerie Spangenberg

Alan Steel Marcia Tharp

Evija Vitola Sidney David Whitsell Edward C. Wilson

Mario Zeligman

SUNSET

Elizabeth Almeida and Family

Ryan Gabriel Armelao Rodriguez

Guido Ferruccio Arriahi Elisabetta Bersani

Beatrice Bonetti

Leonardo Borroni

Giuseppa Ciarmoli

Meghann Dunagan and Family

Paul David Dunagan and Family

Marina Ercole

Marco Evangelista Nicolo' Evangelista

Salvatore Evangelista

Ombretta Fugazzotto Giuseppina Gaggero

Maria Grace Gurrieri

Harry Holmes Family and Friends

Ciro Inno

Holly Davies Jacquard Family and Friends

Brett Kendall

Gianluca Inno

Maria Cristina Mauri Barbara McKenna

Beatrice Rita Murano Francesco Antonio Murano Ornella Murano

Martino Parodi Antonella Pedicelli

Pierfrancesco Pellegrino

Giovanna Pera Sabrina Preti Noah Raffini Lynn Rogers Mariella Saldi

Aura Celeste Selmani

DeQuan Thomas



Yuri Bejarano Family and Friends

Elizabeth Ann Belanger Maverick Les Bonham

Carl D. Booth

Thomas Bottegal Jackie Brunick James Brunick

Lawrence A. Cherelli Family and Friends

Mahire Clarke Family and

Friends

Joan P. Dickerson

Chris Dougherty Family and

Friends
Alice Ericson
Anna Lee Ericson

Xavier Ernst

Lucrecia De La espriella Family and Friends Mona Fornev Family and

Friends

Mary Gemming and Family

James Geoghegan

Nancy Hakala Barbara Ann Hall

Deborah Hutson Family and

Friends

Pueno Italiani Family and

Friends

Louise Izzo and Family

Linda Keener

June M. Latine Family and

Friends

Anita Liese

JoAn Easton Marchese Family and Friends

Janalynn Martens Coleen McCulloch

Neda McGuire Family and

Friends

MarieAnn Messina

Grace Natoli Kirk Nelson Gregg Petersen

Tommy Piantone Rhodes Pinto

Ronald Pipilo
Robert Rawlings

Sara Rose

Susan Shannon Lisa Stewart Andrew Swyschuk

Patricia Tait

Emmett James Trebon Johanna Van de Ven

Ana Vecchione
Arend Vecchione
Marcello Vecchione
Salvatore Vecchione

PASSED ON

Father, in Thy love, Thy mercy, be Thou near those who are in—and have recently entered—the borderland. May I aid, when Thou seest that Thou canst [can] use me. (281-15)

Manolo Arguelles
Anna Bagnoli
Gina D. Bigelow
Alyanni Boekhout
Giuseppe Bonetti
Margie Boswell-Payton
Jonathan Lee Brittell
Eleanor Brunick
William Brunick
Daisy Carter
Jahnna Connor
Louisa DeRiggi
Sue Dougherty
Alex Duenas

Alex Duenas
Edward Lev Easton
Joseph Ferrara
Nancy Ferrara

Franceschina Fuscaldo Marie Fussell-Boswell Mary Magdelene Fussell

Patty Goo

Giuseppina Gravante Filomena "Ketty" Guidi

Paxton Haili Hilda "Red" Harmon

Walter Harris Larry Hester

James Thomas Hurd

Rocco J. Izzo
Davie Jacquard
Francis Jacquard
Lorraine Jacquard
Dinora Jimenez
Helen Jones
David King

Caroline Kistamaker Jane Latine Patty Lazzeri Raphael LeBlanc

Stephen LeBlanc Almo Leuchi Graziano Leuchi Reginald Ludlow Anthony Marotta JennieMarotta Peter Marotta Rene Martinez Linda Massey

Anne Marie Maxwell Ron Maynard Gladys McGarey Pat McLeod Jim Merchand Cynthia Miskura

Martin Allen Mosher Jason Nikolich Mike Ohare Domenico Paletta Luce Pangle Sue Parbury

Dvlan Moise

Clorinda Pelosi

Rose Marie Phetteplace

Kenny Pitcher Evangelina Poggi Raul Rekow

Linda Lou Rogers Helen Rubin Maria Ruiz

Stephen Scarafone Edward Seddon Abraham Selesko Beatrice Selesko Marianna Theo Benito Trolese John D. Valenzuela

Darlene Wade
Virginia Whittaker
Derek Welton
Gloria Wiezal
Bobby Wilson

Howard David Wolfson

Father, we pray that those left behind might feel the peace and the comfort of your presence and release their loved ones into your waiting arms.