

A.R.E./Glad Helpers' International Prayer List



DECEMBER 2024

Dear Prayer and Healing Friends,

The winter season may be setting in but our hearts remain warm. A time to grow closer to one another physically, mentally, and spiritually, this is the season of opening in love. With holidays such as Kwanzaa, Ramadan, Christmas, Yule, Hanukkah, and New Year's Eve, there is much to celebrate. Whether you share love by baking, watching sports with friends or family, making snow angels, or enjoying hot cocoa by the fire, this is our opportunity to connect with our fellow humans and the Creative Forces.

It's easy for all of us to get caught up in the gift giving and material aspects of this season. Our shopping malls are packed and our mail carrier system is inundated. But this special time of year is so much more than that and we often forget the season's true meaning of love. For each person or family, the expression of love may be different.

What "love languages" do we speak? Is it acts of service, giving gifts, spending quality time, sharing words of affirmation, or a simple physical touch? Rather than splurging on unnecessary material objects, what if we honored our loved ones by giving them the gift of ourselves? Let's try something meaningful this year! You'll be glad you did!


Savanna Barbarian
Prayer and Meditation Services

That Love Might Abound Savanna Barbarian

Prayer Group reading 281-59, given by Edgar Cayce on December 21, 1941, is a beautiful reading on the subject of Christmas that goes far beyond the gifts, toys, and treats you receive.

Gertrude Cayce, Mr. Cayce's wife and conductor of the reading, began by stating, "In the light of troubled world affairs and the difficult times ahead," alluding to the December 7 attack on Pearl Harbor in which 2,403 service members and civilians were killed. This incident sent shock, fear, anger, and turmoil throughout the nation. Many citizens felt inspired to defend their country.

With lack of peace and unrest throughout the country, the prayer group asked for a message to help them understand and meet these grave

conditions with a more Christ-like attitude.

Mr. Cayce asked the group to consider how their manner might affect others, and charged them to remember why the Christ came into the earth. He gave, "First, that the level of man's consciousness might be such that he, man, would be as aware of God as of himself."* Or, to have a conscious and intimate understanding of God's presence in our lives, more strongly than we were aware of our own ego, our own desire. He wanted everyone to experience a relationship with God or the Creative Force and to have that relationship play a primary role in our daily lives. He seemed to encourage a deeper bond with the Divine Nature, rather than holding an intellectual far-off concept outside ourselves.

Cont. on page 2