

A.R.E./Glad Helpers' International Prayer List



NOVEMBER 2024

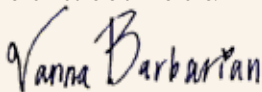
Dear Prayer and Healing Friends,

The season of gratitude is upon us!

We don't have to wait for one month of the year or a special day to tell others how thankful we are for them. Some people don't hear enough that they are needed in the world. Let's tell our family members, friends, grocery store cashiers, public transit drivers, firefighters, artists, EMTs, custodial staff, caregivers, colleagues, and all others that we are grateful for them!

The month of November has several special holidays that go forgotten—Native American Heritage Month, Hunger and Homelessness Awareness Week, World Kindness Day, Veterans Day, and more! Do something for your community this month; it doesn't have to be a grand gesture. It could be picking up trash, volunteering for a food bank, donating canned goods, or purchasing supplies for an animal shelter.

Giving Tuesday is another holiday during November. Now is the perfect time to give without expecting anything in return. If we don't have the budget to give materially, let us give our time, our love. In reading 262-44, Mr. Cayce reminds us "Love is the giving out of that within self." It's a reminder to give the best within us and show others divine love.



Savanna Barbarian
Prayer and Meditation Services

Giving Thanks Savanna Barbarian

For this month, we will take a short break from the prayer group readings to spotlight a treasured Thanksgiving reading 3976-21, given by Mr. Cayce, November 20, 1938.

Kristallnacht or "The Night of Broken Glass" was the Nazi dictatorship's proclamation of war against the Jewish people in Germany and Austria. It happened 11 days before this reading was given. "Pray that peace be in the minds and hearts of those who direct the destiny of the many, throughout the world."*

The reading reminds us that it's not only about the feasts that "sate the body, that which may make for the gratifying of appetites of the body,"* but rather about giving thanks for being alive! "With the opportunities to raise thy voice in prayer, in praise, in thanksgiving

for the love He hath shown."*

In the beginning of the reading, the source states that there are many present with the desire to give their own interpretation on the subject (a little source humor.) He draws us back to the universal need of humankind everywhere "to give thanksgiving for not only the blessings as may be the experience of many but the fuller meaning of the appreciation of Life itself"*—to become more conscious of the opportunity for us to become aware of our relationship with the Creative Forces.

"Not in their days of plenty but in the days when each day they were given only sufficient for that day . . . periods were to be . . . set aside when thanksgiving was to be a part

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November 2024 Affirmation

"Let Thy ways, O Father, be my ways! Let that which Thou seest is best in my experience be mine. Keep me, O God, humble"

Edgar Cayce reading 281-22

The Edgar Cayce readings emphasize the importance that those who are seeking help and healing through prayer actively participate in the prayer effort—praying for themselves and others on the list. This creates a cooperative, unified prayer effort. In the giving comes receiving.

AS HELP IS RECEIVED, REMEMBER TO THANK GOD, THE GIVER OF ALL GOOD AND PERFECT GIFTS.

A.R.E. Prayer and Meditation Services

215 67th Street • Virginia Beach, VA 23451-2061 • 800-333-4499, ext. 7551 • EdgarCayce.org/prayer • prayer@edgarcayce.org
Due to the growing number of monthly prayer requests, multiple requests for and from the same family member will be listed as (your name) "Jane Doe and Family," or "Jane Doe and Friends," or "Jane Doe and Family & Friends." We will pray for you, as the channel, as you pray for those on your personal prayer list, which is what Mr. Cayce instructed members of the original Prayer Group to do. Thank you for your understanding and assistance.

Request for Direct Healing for the December List

I AGREE TO PRAY FOR:

Full Name, (Please Print) _____

and to pray with those names on the Glad Helpers Prayer List (Morning, Noon, Sunset, Evening, Passed On), or with those whom I feel led to pray for on the list:

SEND LIST TO: NAME _____

ADDRESS _____

CITY _____ STATE ____ ZIP _____

*EMAIL _____

I want to help save money! Please sign me up to receive the list via email*.

You are joined in prayer by the Glad Helpers Prayer Healing Group. If your request is received after the 2nd Monday of the month, it will be placed on the following month's printed list. **You must renew your name each month.**

PRAYER TIME:*

- MORNING
- NOON
- SUNSET
- EVENING
- PASSED ON

*Please choose one

SURROUND (Those in need, but who are unable or unwilling to participate). Note: Name will not be printed on list, but the individuals will be prayed for each day.

Thank you!

Your donations completely support this service.

I am enclosing a \$ _____ donation to help support this work. We gladly accept checks, money orders, cash, and the four credit cards listed below.*

VISA MasterCard

AMEX Discover

Card Number _____

Expiration Date: ____/____/____

Signature: _____

2024PL

**Please make check payable to A.R.E., and in the lower left-hand corner of your check, designate: "for Prayer and Meditation Services." We thank you.*

Cont. from page 1

of their activity."* There were remembrances for their joys, sorrows, disappointments, and hopes that might be theirs if they found faith in the mercy of the bountiful Father. They found themselves as "chosen" by tapping into the purpose of bringing out, edifying, and directing others to have faith in God.

In the world we live in now, everything is accessible at our fingertips. The internet can answer almost any question we have. We can order clothing, food, books, and just about anything. Artificial intelligence is on the rise, with self-driving cars, planes, and robots that serve us in restaurants. We forget how difficult it was to wait for the garden's produce to ripen to allow us to harvest, or to have to walk to the library to get a book to explain what a word means, or to make our own clothes and tools. These advancements are wonderful and bring accessibility to many, but it takes us far out of the present moment, scrolling on our phones or through social media.

Our choices influence outcomes. We can choose to be grateful for what we have and cherish it or we can choose to be envious of those who

have bigger, better, more. We can make the choice to wake up each day, happy to be alive and seize the opportunities given us. Mr. Cayce reminds us in the reading that "thanksgiving must be in the mind and heart of each soul"* and the true spirit of thanksgiving is to share it with our fellow humans. We do this "in the spirit of love, the spirit of truth, of patience, of longsuffering."*

If we find ourselves with a disturbed mind, a troubled heart, or flooded with anxieties, we can re-consecrate, re-dedicate ourselves. We can take it in prayer, sit with it in meditation, and give it into the hands of the Creative Forces, asking and knowing that, the highest good for all concerned will be achieved, not our will but God's will. May your heart be glad, in praise, in thanksgiving, with a new appreciation of life! "Let thy life, thy experience then, be not without purpose."*

Let us remember "Thanksgiving is thy opportunity to show thy appreciation to thy friend, thy home, thy mother, thy children—yea, most of all to thy God!"*

*Reading 3976-21

 **MORNING**

Leonard Abbate
Monique Arcand Family and Friends
Mechell Ausley
Pearl Ball
Dianne Bargonetti
Steve Bargonetti
Catherine Beaunae
Dantae Brown Family and Friends
Sandy Brown
Myrtle Burge
Mary Carpenter and Family
Donna Carr
Brenda Ann Clark
Jordan Coats
Kathy Coats
Judith Ann Cook
Bryan Cowell
Katherine Cox and Family
Askia Cuff
William Cuff and Family

Donna Lee Curry
Karen Daniel
Mary David Family and Friends
Nancy Delle Femine
David Edward Dodge
Judy Douglass Family and Friends
Miriam Duenas Family and Friends
Marlene Duet
Ramona Font Family and Friends
Jill Harmer
David Herson and Family
Diane Hill
Molly A. Horstman
Daniel Jimerson
Kathleen Kelly Family and Friends
William Kempen
Sandra Lee Kistler-Connolly Family and Friends
Debra Juliet Kloor
Marina Kurkov
Donna Leach

Caroline Leclerc
James Leung
Karen Lombardi
David MacMillan
Kim Malone Family and Friends
Vincent Malone and Family
Demetria Miles
Remington Miles
Vibeke Mortensen
Thomas George Nawrocki
Alex Nieves
Wendy Nieves
Kim Terese Phetteplace Family and Friends
Willa Pinto
Yvonne Quevedo Family and Friends
June Ramsey
Charlotte Ratushny
Gregory Ratushny
Hayden Ratushny
Vladmir Ratushny
Barry Ryan
Mitch Sayegh

Linda Turrill Sayers Family and Friends
Brenda Serniak
Sophia Sharfstein
Penny Ann Soussa
Hazrah Spring-Leahy and Family
Cari Staron
Frederick E Steinway
Philomena Sucharda Family and Friends
Nicole Thames
Carolyn Thewlis Family and Friends
Finn Tyrrell
Lucy Tyrrell
Yolanda Quevedo Underwood Family and Friends
Heather Whitmore
Jill Austin Wickham
Connie Lynne Wright Family and Friends

 **NOON**

Travis Allen
Sharon Bartholomay
Cheryl Renee Branch
John Brittell Family and Friends
Gwendolyn Clapp
Linda Clapp
Mary Lee Harris
Denise Harrison and Family
Darnese Hayden
Joyce Hayes
Pierre Hebert

Lisa Henry
Gail Hickman
Lousie Hogan
Marion Johnson
Connie Lee
Madelainne Lhavallie
Anna Lopez Iglesia
Trine Lorentsen
Jake McCullom
Kim McCullom
Kathy McLeod
Nikkie Jimas Miller
Billy Mitchell
Rosetta Mobley

Steve Nuin
Maximillian Sothoron O'Neil
Madeleine Oliveira and Family
Samuel Pangle
Gina Preziosa
Nicolas Preziosa
Roger Puente
Jacob Rasner
Ora Robinson
Kenny Rowe
Barsha Ruble
Pierre Saget
Bridget Schaas
Brenda Serniak

Martin Sorento
Valerie Spangenberg
Richard Stell
Mary Anne Terjersen

 **SUNSET**

Elizabeth Almeida Family and Friends
Ryan Gabriel Armelao Rodriguez
Guido Ferruccio Arrighi
Elisabetta Bersani
Beatrice Bonetti
Leonardo Borroni
Cecilia Cason
Giuseppa Ciarmoli

Meghann Dunagan and Family
Paul David Dunagan and Family
Michele Enli
Marina Ercole
Marco Evangelista
Nicolò Evangelista
Salvatore Evangelista
Ombretta Fugazzotto
Giuseppina Gaggero
Maria Grace Gurrieri
Gloria Hastings
Nancy Hastings

Harry Holmes Family and Friends
Ciro Inno
Gianluca Inno
Holly Jacquard and Family
Maria Cristina Mauri
Beatrice Rita Murano
Francesco Antonio Murano
Ornella Murano
Martino Parodi
Antonella Pedicelli
Pierfrancesco Pellegrino

Giovanna Pera
Ronald Pipilo
Sabrina Preti
Noah Raffini
Mariella Saldi
Anna Schweitzer
Aura Celeste Selmani



Trinh Arrieta	James Geoghegan	Kirk Nelson	Arend Vecchione
Tina Benites Family and Friends	Diane Houde Family and Friends	Donna Paillet Family and Friends	Marcello Vecchione
Maverick Les Bonham	Anthony Iorio	Brian Parsons	Salvatore Vecchione
Carl D. Booth	Nikolay Ivanov Family and Friends	Gregg Petersen	Johanna Van de Ven
Thomas Bottegai	Louise Izzo and Family	Rhodes Pinto Family and Friends	Charles Wright
Lawrence Cherelli Family and Friends	Linda Keener	Sara Rose	
Chris Dougherty Family and Friends	Anita Liese	Stephan Speidel Family and Friends	
Beth Fernandez Family and Friends	Lisbeth Magnusson	Elizabeth Stahulak Family and Friends	
Barbara Gauger	JoAn Easton Marchese Family and Friends	Andrew Swyschuk	
Mary Gemming and Family	Janalynn Martens	Emmett James Trebon	
	MarieAnn Messina	Ana Vecchione	



Father, in Thy love, Thy mercy, be Thou near those who are in—and have recently entered—the borderland. May I aid, when Thou seest that Thou canst use me. (281-15)

Anna Bagnoli	Giuseppina Gravante	Bobby Levin	James Renko
Jane Bechtel	Paula Gray	Lola Vera Loginova	Jane Renko
Giuseppe Bonetti	Filomena “Ketty” Guidi	Lucia Elena Maksimiuk	Kenneth Renko
Jonathan Lee Brittell	W.D. Gwaltney	Rob Mantovani	Orietta Robello
Holly Brocious	Paxton Haili	Peter Marotta	Helen Rubin
Rebecca Lyn Brown	Larry Hester	Jennie Marotta	Stephen Scarafone
Frances Burge	Tim Higgins	Anthony Marotta	Edward Seddon
Patsy Sheryl Coker	James Thomas Hurd	Darlene Matson	Abraham Selesko
Erik Collin	Rocco J. Izzo	Catherine Matthews	Beatrice Selesko
Akilah Cuff	Dave Jacquard	Gladys McGarey	Randolf Speidel
Dorothy Shaw Davis	Francis Jacquard	Pat McLeod	Richard Taylor
Barbara Derrick	Lorraine Jacquard	James Merchand	Paul F. Unrue II
Dorita Dixon	Ed Jamail	Dorothy Mitchell	John D. Valenzuela
Sue Dougherty	David King	Harold Mitchell	Darlene Wade
Bill Drye	Anthony Kokorich	Dylan Moise	Russell Washington
Micah Drye	Patricia Lange	Michael Ohare	Derek Walton
Nora Drye	Olivia Laurenn	Domenico Paletta	Henry Clarence West
Edward Lev Easton	Iva Leach	Luce Pangle	Bobby Wilson
Joseph Ferrara	Riley Leach	Guy Petriello, Jr.	Hattie Wright
Nancy Ferrara	Raphael LeBlanc	Evangelina Poggi	Barbara Slade Wyman
Franceschina Fuscaldo	Stephen LeBlanc	Norman Purrier	Robert Arnold Wyman
Patty Goo	Jennifer Lee	Paul Rekow	

Father, we pray that those left behind might feel the peace and the comfort of your presence and release their loved ones into your waiting arms. (Theresa Cole)