

A.R.E./Glad Helpers' International Prayer List



AUGUST 2024

Dear Prayer Healing Friends,

Sitting in with the Glad Helpers Group, I have experienced profound changes in my life; the opportunity to heal others is healing for ourselves. Minnie Barrett, a member of the original Glad Helpers Group and who received a series of readings, asked Mr. Cayce if it was right to try to heal others when one has failed to accomplish healing one's own life. Mr. Cayce replied, "Healing others is healing self" 281-18. It is our mental attitude that creates the perfect harmony and vibration in the physical.

We see healing in our lives each day but we do not always recognize it: a kind pedestrian giving directions to someone lost, a parent helping a child take his or her first steps, or a partner nursing and caring for a loved one. The healing power of love is doing its mysterious work at all times. It doesn't need to be seen or heard, and it may not be for years, until someone grazes what we thought was a wound, and suddenly it no longer aches. The memory may be there, but the pain has disappeared.

Going within, opening to love, and healing others, has given space inside to witness healing all around.

Savanna Barbarian

Savanna Barbarian
Prayer and Meditation Services

Fruits of the Spirit Savanna Barbarian

Among all the readings given by Mr. Cayce, the 281 series are among my favorites. Let's spotlight 281-2, a wonderful reading shedding light on the future of the A.R.E. and the prayer group at the time, containing information that is still widely relevant today.

The date was October 16, 1931. It was the early years of the Great Depression—a time of high income taxes, an economy in crisis, and failing banks. The faith and trust needed in the Creative Forces at this time was tremendous!

Though the reading does not touch directly on these issues at hand, it speaks to the faith needed when times are difficult, for ourselves, our family, or our organization, whether it be physically, emotionally, spiritually, or financially.

It brings to mind the affirmation in *A Search for God*, chapter 4, Faith, "Create in me a pure heart, O God. Open Thou my heart to the faith Thou hast implanted in all that seek Thy face. Help thou mine unbelief in my God, in my neighbor, in myself."

Touching into what Mr. Cayce and the Bible called the fruits of the spirit, though there are many, *hope* speaks to the hearts of all, yet *faith* can become heavy for each one of us to carry at some point. When we do not see results and receive instant gratification, we believe our prayers are going unanswered. Sometimes God has other plans greater than our own. Surrender is challenging when hanging on to our own idea of what should be. Once we begin moving in cooperation with all those

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