





Dear Prayer Healing Friends,

Over 90 years of continuous prayer is an incredible achievement for the Glad Helpers group and its community of pray-ers around the world. The Edgar Cayce Foundation Archive preserves the historical records documenting the origin of the Glad Helpers, which coincided with the founding of the A.R.E. in 1931. It's a fascinating story that continues to unfold, with every prayer you send to others.

Thank you to Judith Stevens for her years of service and dedication to Prayer and Meditation Services, and for announcing the recent growth happening at A.R.E. Headquarters. At Congress, we witnessed the passion and energy of members like you from around the world who are guiding others toward healing and growth through application of the Cayce material.

With gratitude,

Jessica Newell

Jessica Newell Prayer and Meditation Services Edgar Cayce Foundation

Tending the Garden Jessica Newell

On the morning of May 9, 1939, at 10:30 a.m., Edgar Cayce gave a reading to a 44-year-old woman interested in growing spiritually:

"So, in thy spiritual and mental life, keep in those ways that will bring the more and more consciousness that He stands not at thy door but that He walks and He talks with thee! and *thy garden* of love and light is filled with His presence; and ye show these in the manner of thy thought, thy conversation, thy dealings with thy fellow man." (1877-1)

I recently listened to a podcast conver-

sation that offered an inspiring suggestion: visualize the soul as a garden. In this garden of the inner self, there are flowers and there are weeds. If seeds of virtue are planted, flowers of courage, kindness, and long-suffering bloom. Weeds spring up: the passions of anger, fear, and judgment, that can so easily overtake the flowers. Our job is to pull the weeds and tend the flowers. It is a challenging and lifelong pursuit.

Saint Porphyrios (1906-1991) is often quoted as saying: "God has placed a power in man's soul. But it is up to him how he channels it—for good or for evil. If we imagine the good as a garden full of



July 2024 Affirmation

"Keep the heart singing. Be JOYFUL in service. Be happy in well doing."

Edgar Cayce reading 281-50

The Edgar Cayce readings emphasize the importance that those who are seeking help and healing through prayer actively participate in the prayer effort—praying for themselves and others on the list. This creates a cooperative, unified prayer effort. In the giving comes receiving.

AS HELP IS RECEIVED, REMEMBER TO THANK GOD, THE GIVER OF ALL GOOD AND PERFECT GIFTS.

A.R.E. Prayer and Meditation Services

215 67th Street • Virginia Beach, VA 23451-2061 • 800-333-4499, ext. 7551 • EdgarCayce.org/prayer • prayer@edgarcayce.org
Due to the growing number of monthly prayer requests, multiple requests for and from the same family member will be listed as (your name) "Jane Doe
and Family," or "Jane Doe and Friends," or "Jane Doe and Family & Friends." We will pray for you, as the channel, as you pray for those on your personal
prayer list, which is what Mr. Cayce instructed members of the original Prayer Group to do. Thank you for your understanding and assistance.

Request for Direct Healing for the August List I AGREE TO PRAY FOR: Full Name, (Please Print) and to pray with those names on the Glad Helpers Prayer List (Morning, Noon, Sunset, Evening, Passed On), or with those whom I feel led to pray for on the list: SEND LIST TO: NAME ADDRESS	Thank you! Your donations completely support this service. I am enclosing a \$ donation to help support this work. We gladly accept checks, money orders, cash, and the four credit cards listed below.*
	☐ VISA ☐ MasterCard
CITYSTATE ZIP *EMAIL	□ AMEX □ Discover
☐ I want to help save money! Please sign me up to receive the list via email*.	Card Number
You are joined in prayer by the PRAYER □ MORNING □ SURROUND (Those	Expiration Date:/
Glad Helpers Prayer Healing Group. If your request is received after the 2nd Monday of the month, it will be placed on the following month's printed list. You must renew your name each month. TIME:* NOON SUNSET EVENING PASSED ON *Please choose one in need, but who are unable or unwilling to participate). Note: Name will not be printed on list, but the individuals will be prayed for each day.	*Please make check payable to A.R.E., and in the lower left-hand corner of your check, designate: "for Prayer and Meditation Services." We thank you.

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flowers, trees, and plants, and the evil as weeds and thorns, and the power as water, then what can happen is as follows: when the water is directed towards the flower-garden, then all the plants grow, blossom, and bear fruit; and at the same time, the weeds and thorns, because they are not being watered, wither and die. And the opposite, of course, can also happen."1

What are some practical ways to care for our garden? To start, spend some time within it. Observe what you are working with. It can be helpful to journal about what you see growing in your garden. Our prayer life also gives us strength and motivation with the knowledge that we are guided by God in this endeavor. Prayer gives us the opportunity to calm down—physically, emotionally, and spiritually—so that the state of our garden is revealed.

Make a plan to regularly water the seeds. Set out upon the work necessary to pull the weeds. Our mindset is so important in this regard. Saint Paul reminds us, ". . . whatever things are true, whatever things are noble, whatever things are just, whatever things are pure, whatever things are lovely, whatever things are of good report, if there is any virtue and if there is anything praiseworthy—meditate on these things." (Philippians 4:8).

¹Sisters of the Holy Convent of Chrysopigi. 2018. Wounded by Love: The Life and the Wisdom of Elder Porphyrios. Reprinted ed. Limni, Evia, Greece: Denise Harvey (Publisher).



Monique Arcand Family and Friends

Pearl Ball

Dianne Bargonetti Steve Bargonetti

Susann Baron

Bryna Bear

Maria Benetz

Louise Bovey

Anita Bowden

Laura Broomfield Family and Friends

Dantae Brown Family and Friends

Georgina Browne and Family Carol Buhr Family and Friends

Myrtle Burge Brenda Ann Clark

Judith Ann Cook

Askia Cuff

William Cuff and Family

Wayne F. Curtis, Sr. Family and Friends

Karen Daniel

Gloria Darin Family and Friends Mary David Family and Friends Miriam Duenas Family and

Friends Marlene Duet

Charles Edwards
Nancy Delle Femine
Mark Fingland

Mark Fingland Susan Flythe Robert Hanus

Jill Harmer

Teri Harris Family and Friends

The Hayes Family Brian Higgins Robert Hoelscher

Kathleen Kelley Family and

Friends William Kempen

Jeff Johnston

Sandra Lee Kistler-Connolly Family and Friends

Pamela Krommendyk and Family

Marina Kurkov Barsha Ruble Lee

Connie Lee Deborah Lee James Leung

Kim Malone Family and Friends

Shaunee Malone-Fuller Vincent Malone and Family

Luke Mars

Barbara Anne McCrea

John McDowell Nancy McMahon

Karen J. Methne Family and

Friends Rich Mycka WinnieMycka

Thomas George Nawrocki Kim Terese Phetteplace Family

and Friends

Willa Pinto Diana Potts Trenden Potts

Yvonne Quevedo Family and

Friends

Charlotte Ratushny Gregory Ratushny Hayden Ratushny Vladmir Ratushny

Karen Robinson
Tammi Rombough

Linda Turrill Sayers Family and Friends

Sophia Sharfstein John Shedd Michele Shedd

Penny Ann Soussa and Family Hazrah Spring-Leahy and

Family

Frederick E Steinway

Carolyn Thewlis Family and Friends

Oliver Finn Tyrrell

Yolanda Quevedo Underwood Family and Friends

Colleen Van Voorhis Family and Friends

Elizabeth Waitekus

Sue Walkup

Carilin Wallac Family and Friends

Connie Lynne Wright Family and Friends

NOON

Marie Angiulli Kelly Armstrong Tricia Armstrong

Victor Dean Romanzo Bertoldo

Dennis Blaine Hank Bligh

Sean Bowers

John Brittell Family and

Friends
Patrick Curiel
Yvonne Cyr
Sandy Davis

Kimberly Gales

Lyndon Griffin, Sr. Family and Friends Carole "Groobs" Groobman

Denise Harrison and Family Zola Vanessa Hauge

Joyce Hayes Pierre Hebert Shawn Hendricks Marilyn Holman

Pueno Italiani Family and

Friends Aurorah Kelevh Russell Kiviniemi Jacob Lester

Diane Malone Family and Friends

Virginia Mangham Jean Marcelonis Kathy McLeod Ann Kathryn Miller Fred Miller

Nikkie Miller Billy Mitchell Patti Myntti Steve Nuin Ephraim Okorie

Madeleine Oliveira and Family

Luce Pangle Samuel Pangle Anne Peacock

Barbara Jimas Peterson

Evangelina Poggi Rose Porter Roger Puente Leonard Robinson Ora Robinson Kenny Rowe

Orlando Ruiz Roberta Shoemaker-Beal

Pat Warren Skinner
Jamie Smith
Valorio Spangophura

Valerie Spangenburg Synthia Verela-Casaus Robert Wayne Taylor, Jr.

Maria Yax

SUNSET

Ryan Gabriel Armelao Rodriguez Guido Ferruccio Arrighi Elisabetta Bersani Beatrice Bonetti Leonardo Borroni Giuseppa Ciarmoli Demetrius Francis Davis

Mariellen Dunagan

Meghann Dunagan

Paul David Dunagan

Marina Ercole Marco Evangelista

Nicolo' Evangelista Salvatore Evangelista

Sharon Fallon

Ombretta Fugazzotto Giuseppina Gaggero

Maria Grace Gurrieri Harry Holme Family and

Friends

Diane Houd Family and Friends

Ciro Inno Gianluca Inno Maria Cristina Mauri Beatrice Rita Murano Francesco Antonio Murano

Ornella Murano Martino Parodi

Simona Piera Maria Pasino

Antonella Pedicelli Pierfrancesco Pellegrino

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Friends

Chris Dougherty Family and Friends

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Beth Fernandez Family and

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Ginnie Garber Family and

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Melissa Gibson

Barbara Ann Hall and Family

Becky Hrabovsky Anthony Iorio

Kris Johnson Family and

Friends

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and Friends Janalynn Martens Don McCall

Neda McGuire Family and

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Laura Neff Family and Friends

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Jaimie Sharp Andrew Swyschuk

Emmett James Trebon

Lucy Tyrrell

Johanna Van de Ven

Ana Vecchione Arend Vecchione Marcello Vecchione Salvatore Vecchione

Irma O. Wooliever Family and

Friends

Claudia Zamarripa Family and

Friends

PASSED ON

Father, in Thy love, Thy mercy, be Thou near those who are in—and have recently entered—the borderland. May I aid, when Thou seest that Thou canst use me. (281-15)

Manolo Arguelles Angela Arnada Ron Baygents Alyanni Boekhout

Bill Bolt

Giuseppe Bonetti Alberto Borroni

Margie Boswell-Payton Jonathan Lee Brittell

Frances Burge Ivo Corti Maureen Cox Akilah Cuff

Fred "Chig" M. Davis

Anita DeVroe
Dorita Dixon
Sue Dougherty
Alex Duenas
Margaret Dwyer
Edward Lev Easton
Phyllis Embleton
Kurt Ericsson

Agnelo Soares Ferreira

Donny Fink Matteo Fornaroli Marie Fussell-Boswell Mary Magdelene Fussell

Giulio Ganapini Maurice Glover

Mary Salome Gonzalez

Patty Goo Paxton Haili Carol Gorman Helen Griffin-Burston Dr. Michel Jean-Baptiste Dinora Jimenez

Neil Deaton Jones Linda Kingsbury Jane Latine Patty Lazzeri Stephen LeBlanc Lola Vera Loginova

Ruth Long Domenico Lopez Roberta Maffei

Lucia Elena Maksimiuk

Cora Malone Rene Martinez Weldon McKinney Pat McLeod Jim Merchand Retta Miller Florence Morgan Billie Mountain Jeffrey Neal

Robert Hao Nguyen Susan Nichols Jason Nikolich Sandra Niven Jay O'Brien Aric Offenbacker Michael OHare Clorinda Pelosi Maria Perri

William John Reed Raul Rekow Debra Reyes Rose Ridgeway Vivian Robinson Mathieu Rouleau Maria Ruiz Neal Sayre

Stephen Scarafone Gerardo Segata Abraham Selesko Beatrice Selesko Helen Selesko Althouse Shoopman

Bob Shuster

Kenneth Eugene Smith

Richard Taylor John D. Valenzuela Sonia Vargas Derek Welton Craig Wiggleworth

Ken Wilcox Lorraine Wycoff Barbara Slade Wyman Robert Arnold Wyman

Father, we pray that those left behind might feel the peace and the comfort of your presence and release their loved ones into your waiting arms. (Theresa Cole)