



MARCH 2024

Dear Prayer Healing Friends,

Long-time A.R.E. member and Blacksburg, Virginia area representative Ini Beckman shared a special book with us: My Grandfather's Blessings, by Rachel Naomi Remen, MD.

The author's grandfather was a scholar of Kabbalah, the mystical teaching of Judaism, and Ini found the same ancient truth she recognized in the Cayce readings: God lives in all of us. She found other similarities in this comforting tome and the Creation Trilogy by Eula Allen, in the A.R.E. Library (Before the Beginning, River of Time, You Are Forever).

Quoting from Dr. Remen's book: "According to the Kabbalah, at some point in the beginning of things, the Holy was broken up into countless sparks, which were scattered throughout the universe. There is a God spark in everyone and in everything, a sort of diaspora of goodness. God's imminent presence among us is encountered daily in the most simple, humble, and ordinary ways. The Kabbalah teaches that the Holy may speak to you from its many hidden places at any time. The world may whisper in your ears, or the spark of God in you may whisper in your heart. My grandfather showed me how to listen."

Prayer and Meditation Services

Constructing a Permanent Basis for International Peace

(World Affairs reading 3976-28, given to more than 40 people at the 12th Annual Congress on June 20, 1943)

Compiled by Judith Stevens

Gertrude gave the suggestion that Mr. Cayce consider "... the conditions in the world today, and that needed by those seeking advice in helping to construct a permanent basis for international peace founded upon understanding of one another's economic, social, and spiritual problems."

Mr. Cayce replied, "Yes, we have . . . those problems which have brought about the upheavals and the wars, the distrust, the jealousy, the hate existing today. These are the result of man's forgetting God, and that which truly represents man's sincere attempt to worship, honor, and glorify a living God.

"For this may only be done in the manner in which individuals, states, nations treat their fellow man. For, as ye do unto others, ye do to

thy Maker. And when those activities are such as to dishonor thy fellow man, ye dishonor thy God-and it brings all of those forms of disturbance that exist in the world today.

"As for the individuals here,—peace must begin within self before there may be the activity or the application of self in such a manner as to bring peace in thine own household, in thine own heart, in thine own vicinity, in thine own state or nation. And only one agreement: Worship God in a manner that is in keeping with the dictates of thy conscience.

"These are thoughts and activities of men, but are as the mind and the body in the individual. When there has been rebellion in the body of sufficient of the cells to set up resistance, illness begins. When there has been in the

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March 2024 Affirmation

"May we each as individuals, and as a group of helpers, so present those promises of the Christ as to be channels of help to others."

Edgar Cayce reading 281-62

The Edgar Cayce readings emphasize the importance that those who are seeking help and healing through prayer actively participate in the prayer effort—praying for themselves and others on the list. This creates a cooperative, unified prayer effort. In the giving comes receiving.

AS HELP IS RECEIVED, REMEMBER TO THANK GOD, THE GIVER OF ALL GOOD AND PERFECT GIFTS.

A.R.E. Prayer and Meditation Services

215 67th Street • Virginia Beach, VA 23451-2061 • 800-333-4499, ext. 7551 • EdgarCayce.org/prayer • prayer@edgarcayce.org
Due to the growing number of monthly prayer requests, multiple requests for and from the same family member will be listed as (your name) "Jane Doe
and Family," or "Jane Doe and Friends," or "Jane Doe and Family & Friends." We will pray for you, as the channel, as you pray for those on your personal
prayer list, which is what Mr. Cayce instructed members of the original Prayer Group to do. Thank you for your understanding and assistance.

Request for Direct Healing for the April List I AGREE TO PRAY FOR: Full Name, (Please Print)	Thank you! Your donations completely support this service.
and to pray with those names on the Glad Helpers Prayer List (Morning, Noon, Sunset, Evening, Passed On), or with those whom I feel led to pray for on the list: SEND LIST TO: NAME ADDRESS	I am enclosing a \$ donation to help support this work. We gladly accept checks, money orders, cash, and the four credit cards listed below.*
	☐ VISA ☐ MasterCard
CITYSTATEZIP*EMAIL	□ AMEX □ Discover
☐ I want to help save money! Please sign me up to receive the list via email*.	Card Number
You are joined in prayer by the Glad Helpers Prayer Healing Group. If your request is received after the 2nd Monday of the month, it will be placed on the following month's printed list. You must renew your name each month. PRAYER	Expiration Date:/ Signature: 2024PL *Please make check payable to A.R.E., and in the lower left-hand corner of your check, designate: "for Prayer and Meditation Services." We thank you.

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earth those groups that have sufficiently desired and sought peace, peace will begin. It must be within self.

"The same is true in economic conditions. He that saith he loveth God and seeth his neighbor in need of food or a coat, and saith, 'Go in peace—God be with thee,' and does nothing about same, is a liar and a thief, wherever he may be; is false to self and will one day create those things that will bring discontent and disputations in the earth."

Mr. Cayce outlined some of the major problems that would confront us in the making of peace: "Differences of opinions in the different religious groups, as well as the economic conditions in the varied land[s], will be those things that will cause greater disputations. As for this own land [America], more turmoils will be in and following peace—not immediate—than there are in the present. These will be turmoils from within. Lack of godliness in the hearts of some of those that direct the affairs of groups.

"... there must first come some basis for an economic situation in

ALL lands, in those that are a part of the united effort against what is called aggression, as well as the conditions in those lands over which those devastating activities have come in every form. Food, clothing, and all of those things that make the heart of man—as man—afraid."

The question was asked if it would be possible to maintain a fair standard of living for Americans while helping to raise economic standards in other parts of the world. The sleeping Edgar Cayce answered strongly: "Not only MUST it be possible, it MUST be DONE! if there will be ANY lasting peace! But it must begin in the hearts and minds of individuals."

Information from the A.R.E. Board:

[Please pray this Board affirmation with us daily]

"Surround us in our seeking to know what the Creative Forces would have our organizations do, calling on the promise that Creative Forces will abide with those [who] seek the Highest. Show us the way that aligns with the Highest." (ECRL 412-7)



Monique Arcand Family and Friends

Rashne Baetz

Pearl Ball

Donovan Banks

Monica A. Bigelow

Sandy Brown

Connie Brzezanski

Brenda Ann Clark

Judith Ann Cook

Askia Cuff

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Kim Terese Phetteplace Family

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Gregory Ratushny

Hayden Ratushny

Vladmir Ratushny

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Sophia Sharfstein

Penny Ann Soussa Family and

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Oliver Finn Tyrrell

Yolanda Quevedo Underwood

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Sue Walkup

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Christopher Robin Astle

Mark Bauer

Elaine Beatovic

John Brittell Family and

Friends

Jack Callan

Justin Calvin

Father Chuck Canterna

Christine Cating

Mary Elizabeth Crouch

Patrick Curiel

Maryann D'Angeli

Rose Ferro

Kimberly Gales

Denise Harrison Joyce Haves

Jabaz Hebert

Pierre Hebert

Marilyn Holman

Anna Lopez Iglesia

Mary Elizabeth Jones

Coral Kendall

Bennie Lewis

Martha Magee

Kathy McLeod

Fred Thomas Miller

Nikkie Jimas Miller

Billy Mitchell

Helen Neal

Jeffrey Neal

Steve Nuin

Madeleine Oliveira

Luce Pangle

Samuel Pangle

Patricia Petitpas

Sean Ploskina

Evangelina Poggi

Joe Prasad

Roger Puente Liz Roadifer

Ora Robinson Winnie Senty

Marco Silvagi

Ernest Lee Stevens Jerry Teplitz

Larry VanHoose

John Vasilake

Beniamin Wells

Star Gales Wells

Amy Wiese

SUNSET

Ryan Gabriel Armelao

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Ornella Murano Martino Parodi

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Barbara Ward Bill Wessler Kimberly Wiebe

PASSED

Father, in Thy love, Thy mercy, be Thou near those who are in—and have recently entered the borderland. May I aid, when Thou seest that Thou canst use me. (281-15)

Manolo Arguelles **Doris Barlipp Janet Barrass** Gina D. Bigelow Alyanni Boekhout Giuseppe Bonetti Jonathan Lee Brittell Wayne Buckley

Giulia Cecchettin Christopher Cessna Akilah Cuff

Susan Daniel Lia Bruno Day Kathy Dexter Marie Dolan Sue Dougherty Alex Duenas Jim Duguid

Edward Lev Easton Donna Evans Joseph Ferrara Nancy Ferrara Randy Fetzer Nicole Gélinas

Delores Caggiano Giordano

Patty Goo Kenneth Gray Paxton Haili Julie Hill

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Rose Marie Phetteplace

Henry Reed Dawn Reisner Raul Rekow Linda Lou Rogers Stephen Scarafone Beatrice Selesko Kenneth Eugene Smith

Trevor Strong Richard Taylor John D. Valenzuela Derek Welton Laurie Wolfe Margaret Wright Hattie Wright

Father, we pray that those left behind might feel the peace and the comfort of your presence and release their loved ones into your waiting arms. (Theresa Cole)