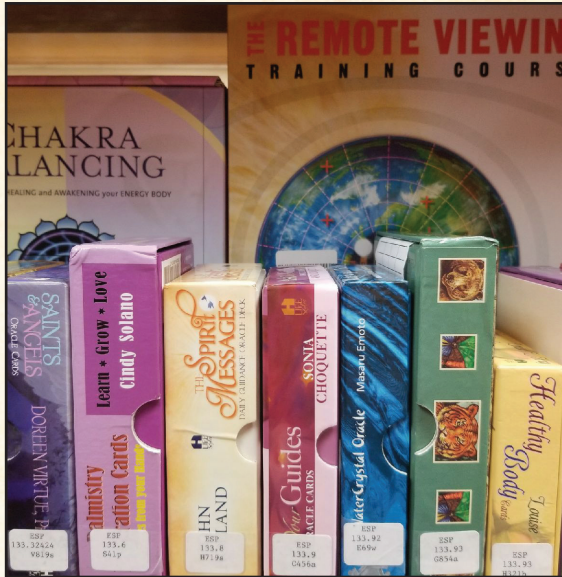


# Library Newsletter

NEWSLETTER

NUMBER 32

JUNE 2019



ESP experiential section



Cayce readings index catalog



New children's play kitchen

## Dear Friends of the A.R.E. Library,

YOUR Library now has 80,679 materials in the catalogued collection! The library catalogued physical collection consists of books, circulating files, media including CDs and DVDs, maps, and periodicals. Digital resources and physical copies of the Edgar Cayce readings are available in the library. In the past year, 2,641 items have been checked out of the library.

Here are some highlights we are excited to share with YOU:

- The Edgar Cayce readings card catalog is back in the Cayce area of the library. See *Four Kinds of Cards* article that describes how to use the card catalog.
- New editions to the E.S.P. experiential section of the library include:
  - \* Oracle cards with topics focused on healing, sacred geometry, animal, angel, and spirit messages.
  - \* Training courses in remote viewing, energy medicine, and chakra balancing.

- The archival issues of the *Searchlights*, *Bulletins*, and *Sundance Community Dream Journals* are currently being digitized and will be available soon in the member historical publications searchable database at [EdgarCayce.org/pubsearch](http://EdgarCayce.org/pubsearch). As a member, you can currently access this database to search the following archived publications: *Venture Inward*, *Venture Inward Newsletter*, *A.R.E. Journal*, *A.R.E. News*, *The New Millennium*, *Personal Spirituality*, *Ancient Mysteries*, *True Health*, *Cayce Quarterly*, and all Circulating Files.
- A beautiful new fairy forest mural was painted by the very talented A.R.E. member, Starr Messick, in the new kid's room. (See *An Interview with Starr Messick*.) The theme of the room is CAMP. A new wood kitchen set with a grill has been added. We are excited as the plan is to add camp theme additions to the room so stay tuned for developments!

## Four Kinds of Cards

After Edgar Cayce's death in 1945, the Edgar Cayce Foundation was created to preserve and protect the readings. The readings are owned by E.C.F. In the 1960s, the readings were preserved on microfilm. An 11-year indexing project followed. This was a monumental undertaking led by Gladys Davis. The result of this project is a master card index which correlates to the brown binders that reside in the library. When the readings were digitized, the index was formatted according to computer language. There are four kinds of cards in the index.

**SPECIFIC REFERENCE CARDS** are the kind you will use the most. Across the top of the card are the words of the "subject heading," with secondary subjects punctuated by colons (:). These secondary breakdowns may be very important to your research.

In the upper right corner is the CASE number (in digits before the "dash" or "hyphen") and the DASH number (in digits after the dash or hyphen). The case number represents the person's name, and is substituted for that name wherever that name has been deleted. The dash number represents the consecutive number of the reading which was given for that

*Continued on page 2*

## MISSION OF THE LIBRARY

To provide library service, enhance spiritual community, strengthen connectedness within the Association, foster personal growth, encourage "the love of God and man," and promote the oneness of all life in the experience of those who seek greater consciousness.

*"All knowledge is to be used in the manner that will give help and assistance to others, and the desire is that the laws of the Creator be manifested in the physical world."*

—Edgar Cayce



# FUN and FREE Things to Do at YOUR A.R.E. Library

- ☐ Take a tour of the library. YOUR librarians are happy to show you around!
- ☐ Make a vision board using clippings from the free magazines section of the library.
- ☐ Search the Edgar Cayce readings! Circulating files are available on specific topics to assist with your research.
- ☐ Enjoy the many oracle and angel card decks, and bring your friends!
- ☐ Color a mandala. We have crayons!
- ☐ Write a story. Inspiration is all around you!
- ☐ Listen to a CD or watch a DVD. We have headphones and a media room!
- ☐ Walk through the library stacks in .21 miles. Five laps is over a mile and 135+ calories burned.  
"After breakfast work a while, After lunch rest a while, After dinner walk a mile."  
Edgar Cayce reading 470-17
- ☐ Beautiful day, no problem, with your membership you can check out a book, read it in the peaceful meditation garden or at the beach across the street!
- ☐ Bring your children to see the fairy forest (in the kid's room).
- ☐ Practice kindness. Write a kind message on a piece of paper and leave in a random book for someone to find in the future!
- ☐ Create a new recipe based on the Cayce health concepts; we have a printout of the Cayce diet wheel!
- ☐ Decipher the meaning of your dreams! We have many dream books and encyclopedias.
- ☐ Reduce stress. Relax and get lost in your favorite book without interruption. We have comfortable lounge and rocking chairs!
- ☐ Enjoy FREE Wifi!
- ☐ See Edgar Cayce's couch where he gave thousands of readings!
- ☐ Volunteer! It's a great way to support the Cayce work and learn more about your favorite subjects at the same time. Ask a librarian how you can sign up to volunteer.
- ☐ Practice being present. There are plenty of books in the library to learn about mindfulness and meditation. You can also enjoy our meditation room with an ocean view one floor above the library.
- ☐ Read personal testimonials of the Edgar Cayce readings.
- ☐ Travel back in time to ancient civilizations through the many stories available in the library. Ask a librarian to show you the largest private collection on Atlantis in the world!

## Four Kinds of Cards (cont.)

case. This dash number becomes extremely important when using a case that has 100 or more readings—as several do! The combination of the case number and the dash number is the *reading* number. The sample card above would be quoted from as having "reading number four six three six dash one" (4636-1).

Below the reading number is the sex ("F" for female, "M" for male) and the age (if known) of the person for whom the reading was given.

The space below the subject heading will list the location in the reading where the subject will be found, abbreviated as "A" for answer, "p." for page, "par." for paragraph, etc. If no location is listed it means the entire reading pertains to the subject. The sample cites that Charles Smith's name was mentioned in the first answer of reading #4636-1.

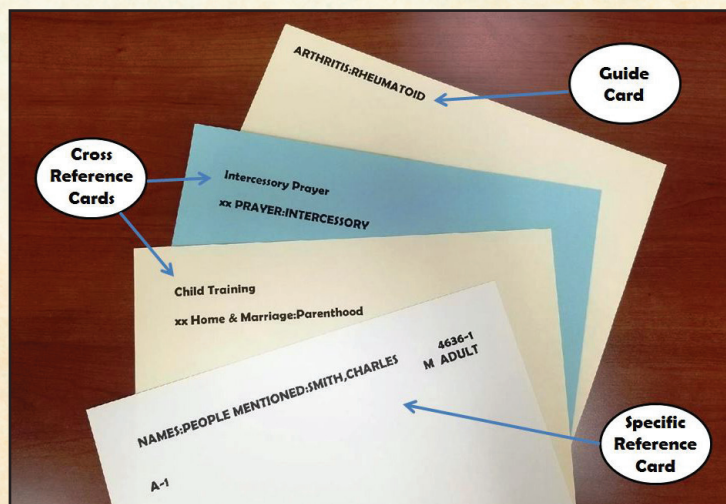
**GUIDE CARDS** are the beige, over-raised cards you see protruding from the tops of the other cards when you first open a drawer. These guide cards are merely for your convenience in using the drawer contents, and in no way indicate either the number or the importance of subject headings. There is not a guide card available for every subject heading, so be sure to look between the guide cards for other subjects. Example: between ARTHRITIS (which has a guide card) and ARTHRITIS: RHEUMATOID (which has a guide card) we have ARTHRITIS: ANKYLOSIS and ARTHRITIS: ATYPICAL and ARTHRITIS: CURED, etc., which do not have guide cards.

**CROSS REFERENCE CARDS**, generally speaking, "refer" you somewhere else.

**BEIGE** Cross Reference Cards refer you to supplementary or related subjects in the index that you may want to look at before completing your research.

**BLUE** Cross Reference Cards indicate that your subject won't be found where you are looking, and refer you to where it *will* be found. Example: if you look in the "I" drawer for the subject of Intercessory Prayer, you will find a Blue Cross Reference Card directing you to the "P" drawer to look for PRAYER: INTERCESSORY (see sample above).

[In other words Blue Cross Reference cards say to the researcher, "we didn't index your topic that way, but we have information, look under \_\_\_\_\_. And the Beige Cross Reference cards say, "we indexed your topic, but we also have further related information, please look under the following headings."]







Starr Messick

## An Interview with Starr Messick

As part of the library renovations that have been taking place over the last year, a new children's room was created. Starr Messick from Nashville, Tennessee, was commissioned to paint a mural in this new room and has done a beautiful job! After college, Starr opened up her own business doing sign painting and window displays. She then moved to New York City where she had the opportunity to paint scenic Christmas designs on the windows of Macy's, Lord and Taylor, and Saks Fifth Avenue. She has painted murals for several bars in Manhattan and Nashville and has continued to go back to New York City every year for various painting projects.

We asked Starr a few questions about her connection to A.R.E. and what inspired her to paint the mural.

**How long have you been an A.R.E. member and interested in the Edgar Cayce work?**

**Starr:** When I was in my twenties, someone told me about a book called *There is a River*. I never looked back and totally embraced the spirit teachings of Edgar Cayce. It was the only thing that made sense to me. I have made it my life's purpose to bring people together spiritually. I host a Search for God group in Nashville, Tennessee. I coordinate the events in our area team. I also have been known to throw a good party. Edgar Cayce people are amazing.

**How long have you been an artist?**

**Starr:** Literally all my life. My mother was an artist so she strongly encouraged it. I don't remember a time I wasn't painting,

drawing, or coloring. It has been there and I can't imagine a world without it.

**What work do you most enjoy doing?**

**Starr:** I am a spiritual counselor. My best friend is 97 years old and I go get her and take her to do things. And art is a part of me. I really enjoy all three but art is where I lose my time and space.

**Where does your inspiration come from when you are painting?**

**Starr:** I paint what inspires me and it often changes. I can be walking down the street and see a tree and want to paint it or see a person on a bench and want to paint that person. I lived in NYC but I am a country girl at heart so my roots are nature, water, trees. I see art in everything God has created. I paint with heart, I paint with love.

**What inspired you to do a mural for the children's room in the A.R.E. Library?**

**Starr:** I am a big kid at heart. I absolutely love children and their magical world. I tapped into that magical world and the energy flowed like water. I lose all time.

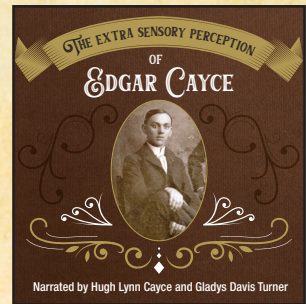
**What materials and techniques do you use?**

**Starr:** Acrylic, oil, paper art, pencil art, design on the computer.

**How did you get your name?**

**Starr:** Most people think my parents were hippies. Surprisingly they were not. My parents did not have a name picked out for me when I was born. My mother said she fell asleep from giving birth and dreamt of "the most beautiful stars she had ever seen" so she named me Starr.

## OUR GIFT TO YOU



For a donation of

**\$100**

or more,

we will send you this special library edition CD of

*The Extra Sensory Perception of Edgar Cayce.*

Hugh Lynn Cayce and Gladys Davis Turner narrate

fascinating accounts of the clairvoyance of Edgar Cayce while conscious and in the trance state of the readings. The lecture is dated July 22, 1974.



## NEW CIRCULATING FILES

- Affirmations
- Am I My Brother's Keeper
- Angels and Archangels: Halaliel
- Angels and Archangels: Michael
- A.R.E. Clinic Research Publications
- Bible Series: Ecclesiastes 11:3, As a Tree Falls
- Brotherhood
- Cayce's Incarnations
- Destiny: The Way, A Means of Escape
- Dimensions, Vol. 1
- Dimensions, Vol. 2
- God Hath Need of Thee
- God is Love
- Immortality
- Just Being Kind
- Life is Continuous
- Love: Divine: Infinite
- Oneness
- Psychic Phenomena Through the Subliminal
- Relativity
- Science: Polarity
- Sin: Original Sin, "The Fall of Man"
- Soul: Names, Organizations, Nations
- Take Time to Be Holy
- Thought Forms, Soul Projections
- Thoughts are Things
- Try Counts as Righteousness

## EDGAR CAYCE FOUNDATION NEWS



*Jessica adding the new reading!*

It has been slightly over a year since archivist Jessica Newell began implementing the recommendations of the Archival Needs Assessment. We want to share with you some of the very exciting things that have been happening at the Foundation:

A Novec 1230 fire suppression system now protects the archival collection. This is a gaseous system that can extinguish a fire in less than 10 seconds and is not harmful to humans. In addition, a climate control system maintains the room at an archival standard of 64 degrees Fahrenheit. Generous and dedicated donors funded both projects.

Jessica has chosen Collective Access—an open source archival database and exhibition tool—as the new E.C.F. digital platform. Coming soon at [EdgarCayceFoundation.org](http://EdgarCayceFoundation.org). She has rehoused and processed 18 collections—that's 1,501 folders of archival material. The new E.C.F. website provides a searchable database of the collections, information and forms for researchers and visitors, a regularly updated blog, and virtual exhibit space. Several donors contributed to allow for the purchase of preservation tools such as a new high quality scanner, archival folders, acid free paper, archival boxes, etc.

Intern Tyler Todeschi, age 15, is a computer and sound technology wiz. He has been working on transferring reel to reel tapes and other forms of audio to digital files. The media is one of the largest and most challenging collections to inventory and prepare for digitization. We are grateful for Tyler's expertise and assistance on this extensive project!

Jessica and Laura Hoff participated in the Slover Library genealogy conference in October 2018. In April of this year, they attended MARAC's (Mid-Atlantic Regional Archives Conference) Spring 2019 Morgantown Conference and were panel speakers in a session called "Making Waves Without Causing a Problem"—experiences with starting or changing direction of an archives program.

A new column called "Cayce Chronicles" is being published in the *Venture Inward* magazine and features E.C.F. updates and special stories written by Jessica. She was also featured in a podcast called "An Archivist's Tale" in February. You can hear this podcast at <https://www.spreaker.com/show/an-archivists-tale>.

One of the most exciting happenings since Jessica's arrival at E.C.F. was the discovery of a previously uncatalogued reading, found among the Cayce Petroleum records from the early 1920s. The database now totals 14,307 readings! Jessica wrote an article about the discovery featured on page 39 of the April/May/June issue of *Venture Inward*.

We want to thank you for your ongoing support of the Edgar Cayce Foundation, and all the wonderful donors who have supported this essential task of preserving the history and legacy of the Edgar Cayce work.

Please contact Patrick Belisle at 757-457-7126 or [pat@edgarcayce.org](mailto:pat@edgarcayce.org) for more information on how you can help.