

**What Does
Edgar Cayce's
Work
*Have to Do With
Young People?***

Volume 2

**A Guide to the A.R.E.
Written by and for Kids!**

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"What Does Edgar Cayce's Work
Have To Do With Young People?"

Vol. 2

© 1995 By the members of the A.R.E. Jr. Congress
and their facilitator Wendy Bush Hackney

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1 What is the A.R.E.?



The Association for Research and Enlightenment is located in Virginia Beach, VA. The study the works and readings of a famous psychic named Edgar Cayce. The A.R.E. has many members from around the world, including Spain, Canada, and New Zealand. There are over 33,000 members today. Many of them never come to visit. But, those who do, come to take classes and learn more about the readings and other subjects.

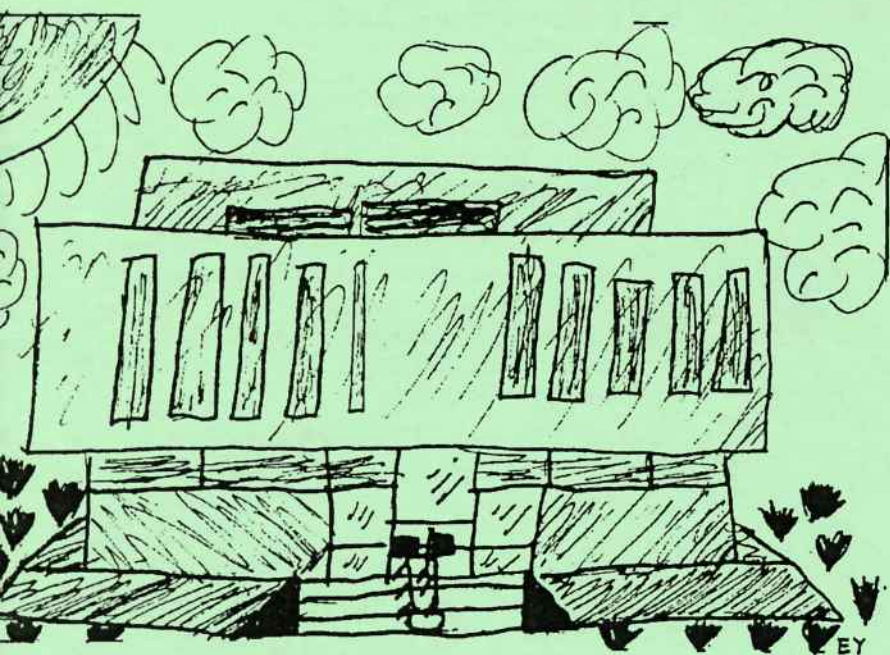
Last year, we visited, learned about, and wrote about: The Reilly School of Massotherapy; The Bookstore; The Membership Services Dept.; Charles Thomas Cayce; Linn Jacobs - author of Wally the Whale; Meditation; Toning; Auras; a nature trip; a Service Project and more.

This year we have some more great information to share with you about the A.R.E., and we still aren't done! There is so much to see and so many amazing people to talk to, that we will have to write yet another book NEXT year just to cover it all. It is our vision to be able to present the A.R.E. Press (see page 19) with a formal proposal to publish all three editions (last year, this year and next year) into one hardcover book!

We are all very happy to be learning about the A.R.E.. In this way - by visiting and talking to staff, volunteers, and participants, we feel that this is OUR place too - they have all made us feel very special and very welcome. We are sure they will be just as kind to you when you come to Virginia Beach!

Junior Congress

All of us in Jr. Congress have parents who are members of the A.R.E. .We came together with them to the annual congress, or we live in Virginia Beach and were able to walk here from home. Some of us have been coming here for a long time. This is the second year we have our own congress for 10-14 year-olds. We like having our own room and being with people our own age. Our facilitator, Wendy Bush Hackney, brought her desktop publishing system (Macintosh) so we could make the book look really great. We interviewed, wrote and drew everything in the book. Wendy put it all together and we delivered it to the A.R.E. Press to have it copied and collated by "Lucy" the big copy machine. It is a lot of work! We had fun, drove Wendy crazy, made a mess (and cleaned it up) and otherwise we had a neat time.



The A.R.E. Library Building

JUNIOR CONGRESS 1995 PARTICIPANTS

Writing, Design and Illustration Team:

Justin Deming
 Galen Deming
 Jason Treitel
 Amanda Atkinson
 Adam Horvath

Jonathan Steinberg
 Willow Kreucher
 Errol Yuksek
 Jacob Wilson
 and SPARKLE

*Other Off-and -On participants:
 Josh Reiffer and Alex Hartman*

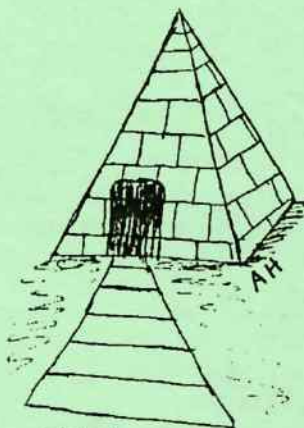
SPARKLE SEZ:



I'm the mascot
 of the FITTEST -
 the Jr. Congress
 of course! Read
 about me on
 page 15.

We would like to thank all of our
 interviewees, tour guides, and helpers!

3 Take a Trip With the A.R.E.



On Monday we went to visit Ellen Cayce, who runs the Tours Department of the A.R.E. Ellen told us that the tours are held year round, and that on the average 50 people go together. She has led five tours herself, and they are a lot of work! The Tours department started 30 years ago, when people said that they wanted to visit some of the places that Edgar Cayce had mentioned in his readings - places like Egypt, Israel, China, and Greece. Her favorite place to visit so far is Greece.

She told us that the trips can range in cost from \$1,000 - \$5,000 depending on the destination and the length and time of the trip. She is always looking for new places to go, and next year plans to offer a trip to Bimini - the possible site of Atlantis! Kids can go along with their families. There are not any trips just for kids - yet!

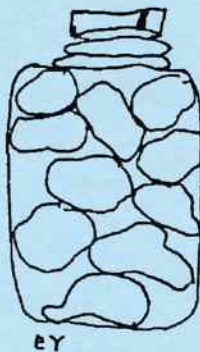


Ellen is a very creative and interesting woman. She feels that God has inspired her work. She has been working with this department for the past five years and loves it! Her office is filled with light and crystal-produced rainbows that color her wall map of the world. She likes to think about global peace when she sees the rainbows on the map. World peace is a very important topic for Ellen. As Edgar Cayce said, "we are all part of one world." She also gave us a copy of the book "The Peace Pilgrim", and told us about it.

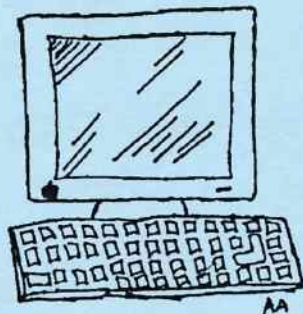
Ellen is related to Edgar Cayce - by marriage. Her husband is Edgar's youngest grandson, Greg. But she didn't come to the A.R.E. because of her husband, she came because of her interest in Edgar Cayce's work, and met her future husband at an A.R.E. event.



Ellen keeps a jar of pretty stones - one for each year she is old. She would not let us count them.



Ellen also names things. She has a name for everything in her office, and just recently named her computer Lord Byron! She even has a little face (a deva) she keeps by the computer. It is to help her acknowledge the spirit in all her tools.



LORD BYRON

SPARKLE SEZ:

Maybe I should name my tail like Ellen Cayce names her furniture!



5 Public Information Office

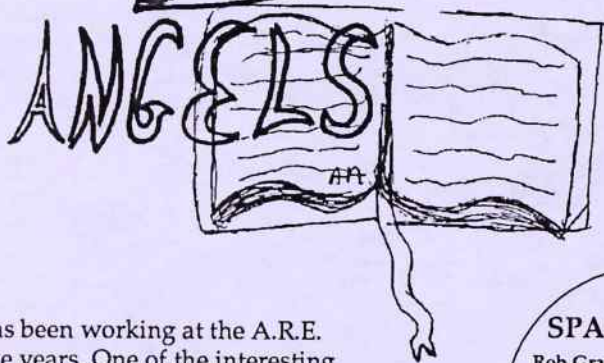
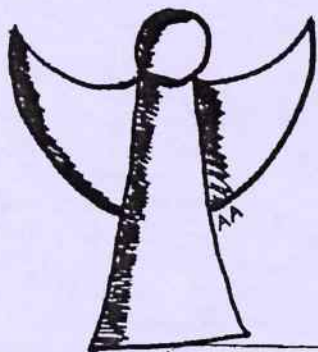
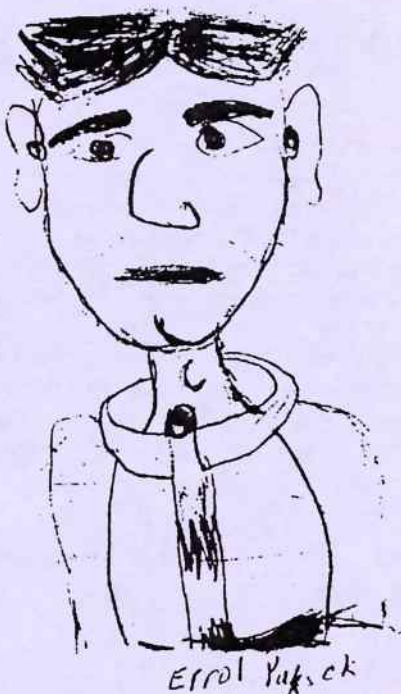


On Tuesday morning we visited the Public Information Office, and Rob Grant. Rob's job includes the release of all information about the A.R.E. to the media - TV, radio, newspapers, and magazines. He tries to get them to write stories about Edgar Cayce, or the work that is being done at the A.R.E. Sometimes a nationally known TV show will come to do a feature story. The show "Sightings" will be coming soon, and Rob will help them while they are filming.

Rob also helps publish a bimonthly newsletter about the A.R.E. It is called "A.R.E. Community - A Report of Members and Activities Around the World". He likes to write, and has just written a book about Angels. He worked on it for five months, while he was still doing his other jobs!



Rob learned about Edgar Cayce when he was young. When he was getting out of the Navy he heard that the A.R.E. was looking for a typist. He packed up his things and came to Virginia Beach. He got the job! One of the first jobs he had was helping to computerize the readings. That was a special way to learn a great deal about the work of Edgar Cayce. It helped him when he decided to write the book on Angels. He seemed to know just where to put things. Maybe the angels were guiding him!



Rob has been working at the A.R.E. for nine years. One of the interesting things he will be doing next year is leading a tour to Italy! He has a very interesting job, and he loves it too!

SPARKLE SEZ:

Rob Grant typed on a computer for five years! I hope I never have to do that!



7 A Visit With --- Mark Thurston

Mark Thurston is responsible for the Education Department. He was a student of the works of Edgar Cayce since he was 17! One of the most interesting things to him is dreams and their interpretation, as well as meditation. He likes to tell people methods of interpreting their own dreams. He has written 13 books about these and other topics. He thinks the most interesting book is "Your Soul's Purpose".



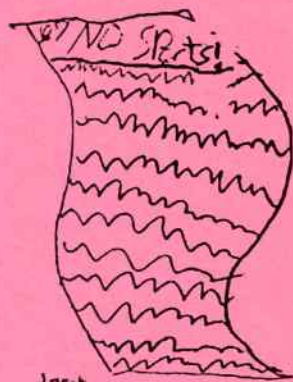
He spent some time with many of us letting us tell a recent interesting dream, and helping us to look at what the dream might mean. It made for some laughs and amazing stories - aliens - islands - lava - and fire were among the symbols we discussed. He gave us some hints about remembering dreams - by keeping a pencil and paper by the bed so we can write them as we get up. He thinks it is important to see the whole picture of the dream - like a theme.



Mark has travelled around the world, lecturing for the A.R.E. His favorite country so far is Holland, because they all pretty much speak English, so translation is not a problem.



He is also a father of two kids. When he wanted to figure out how to have more family time with them, he asked his higher self to give him a dream. That night he dreamed that the sports section was different - it was still there, but not a separate section. He decided that it meant that he could still read sports - but not as much, and therefore he would have some more time for the kids!



Mark also runs study group programs, as part of the educational part of the A.R.E. We might be able to learn more about Edgar Cayce's work in one of these groups as we get older. He has learned that one of the most important things to do in life is to be patient with yourself - and remember that you are always learning!



SPARKLE SEZ:

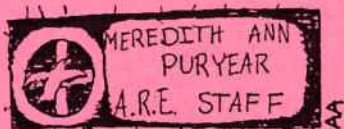
If you really
think about it,
your dreams
can mean a lot!



9 Healing Hands & Prayers

Edgar Cayce's dream was to devote his life to healing children.. Meredith Puryear has devoted hers to healing also - in many ways. She is the Director of Prayer Services and the Prison Project at the A.R.E. This is very important work, and the most important thing she told us was that she doesn't do the healing - GOD does!

Meredith does what is called laying on of hands. Her healing touch has made a difference to many people over the years. She has seen people get rid of almost all dis-eases. She believes that they are there in the body for a reason, but that most people do not really want to get well. Those that do, call or come to her office for prayer or for healing work by her or others. She has taught others how to do it also. She never charges for this work.



In the Prayer Groups and circles a list of 200-250 names are read by each participant daily for a month. Some people request over and over to be on the list. The Prison Project gets all the Cayce information to inmates who request it - free of charge , and helps them to start a study Group if they wish. This is very important work!



People are healed daily. Her favorite healing is the one she will do "today" - they are all miracles. She had a very special healing where Jesus came and actually entered her body to help her with the healing session. The woman saw this happen.

Meredith showed us how the different glands in our body relate to the chakra centers. It looked like a shepherd's crook, and she drew us this diagram:



Meredith taught us how to help others with a healing touch, and we practiced with each other. We were getting attuned (or at-one-ment) with the God within us, and within each other. It was a neat sensation to feel the other's warmth and energy.



SPARKLE SEZ:

Meredith Puryear is pretty! We think she is amazing at working with God to heal people.



11 The Library

Wayne Emley gave us a great tour of the Library. We found out that this library is probably is one of the best - probably in the world - for information on dreams, parapsychology and related topics like psychic research. He is in charge of the Periodicals and the helps with research. When people call for information about these areas and the readings, he can help them. That makes him feel especially good!



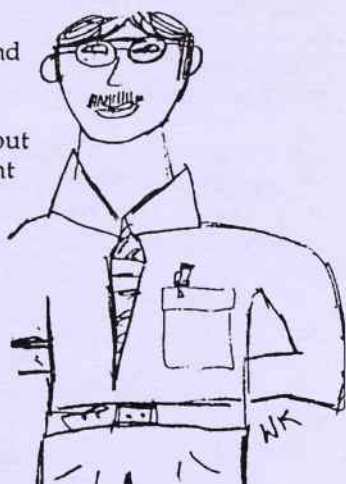
He has been at the library for 13 years, and in that time he said the most popular request for information is about baldness!!

Wayne does research about things people need to know. He really enjoys his work, and like many staffers, he had read about Edgar Cayce and the A.R.E. and decided that it would be a good place to work. His three favorite books in the library are: "There is a River", "Many Mansions", and "The Secret Teachings of the Ages".

As we walked around we discovered videos, audio tapes, and computerized information. We found a big room full of magazines, and even a kid's section. Wayne had us each find a book based upon some call letters he gave us. When we found the books, he told us about each of them and why we might like to read them!



We even discussed the possibility of coming in the library and finding OUR BOOK on the shelf! It was a neat idea.

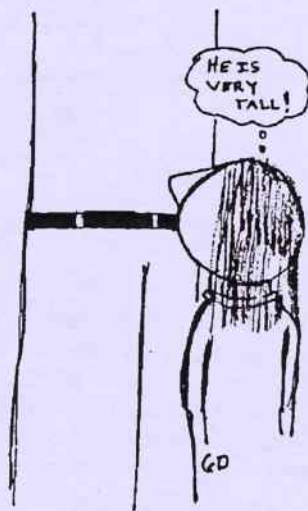


A Cayce Baby

Pat Barnett came to visit us. She told us a story about getting a reading from Edgar Cayce when she was only four years old! She went to his home and he fell asleep on his couch, the same one we all got to sit on at the E. Cayce Foundation!

He told her that because of some vaccines that she had received, her liver and body were messed up. She had been anemic and sickly. She had a loss of appetite. He recommended things for her parents to do, including cocoa butter massage, some herbal pills and other remedies.

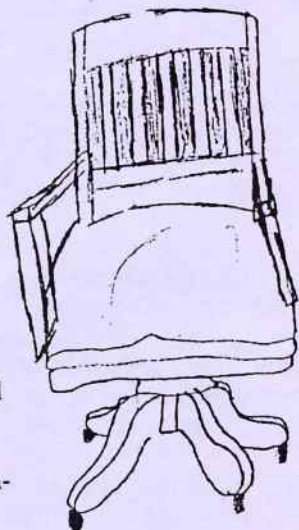
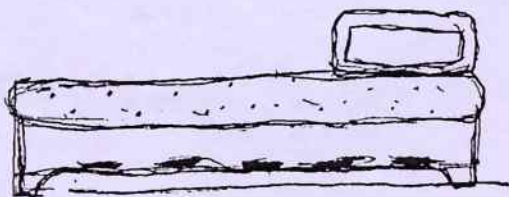
When her parents did use them, she felt much better! When she was leaving, he read her palm. He told her parents that they would have a hard time keeping her off the stage! She now likes to talk about her amazing life!



13 Edgar's Couch

When we found out that there was a vault with all of Edgar Cayce's furniture, original readings and more, we made sure to arrange a visit. The Edgar Cayce Foundation houses these artifacts, and Jeanette Thomas is the Director. She gave us a super special tour, and we got to do some really neat things.

Jeanette first let us sit on Edgar's Couch - the one that all the readings were given from! She showed us his chairs, and many artifacts from his time. There was a bust of Queen Nefertiti of Egypt, a cool aura machine, original wet cell and more.



While working, she feels that she is on hallowed ground - and even in the vault, she feels comfortable and protected. Since 1979 she has been working on the proper cataloging and identification of all these precious original documents, equipment, furnishings, and more.

The vault itself is climate controlled, and you can only use it under supervision. With care, we were each allowed to open a drawer and look at the actual transcriptions and letters from patients of Mr. Cayce's. We tried out this weird machine called an ergonometer, to see if we could tell about the future of our book. We agreed it looked good, most of us got positive results.



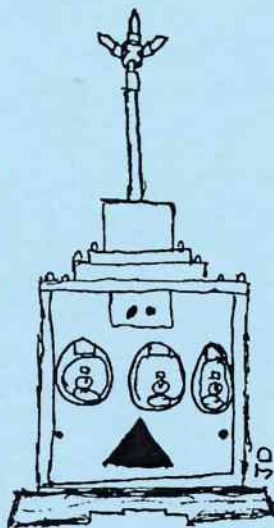
VAULT

Foundation Personnel
Only



Then we got to try the Violet Ray machine - with some amazing results - Willow's eye, which had been bothering her - got better! The smell of ozone was strong. Next, we listened to an actual recording of Edgar Cayce's voice - he was hard to understand, but you could tell he had a Southern accent!

We also got to see a very rare Bible - one that was written in Jesus's original tongue - Aramaic. It was made in the 12th century! We saw so much: photographs of auras, books and notes and more. Before we left, we met Hal Kelly - a man who has done more to computerize the readings than anyone else. He let us search for our names in the readings - it was a great way to end a very busy visit!

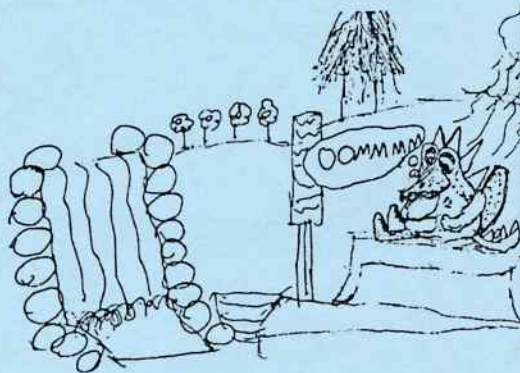
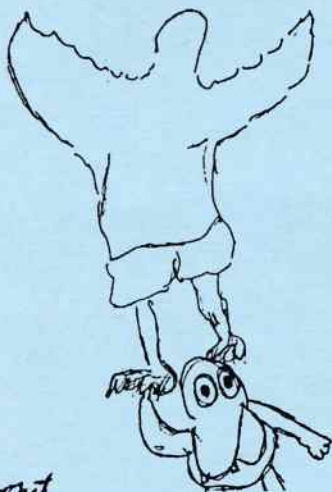


15 Sparkle's Page

Sparkle's big
Adventure at the
A.R.E. ^{Willow.}



When Sparkle came to the A.R.E. she came to a doorway. In the door was Edgar Cayce! He told her -"Go look in a mirror Sparkle, and you will see an amazing thing!" She did, and saw her aura. She decided to go to the Meditation Garden and think about this amazing aura....



While she was meditating, she felt the presence of angels! It was as if she was flying. Being a baby dragon, her wings are still too small to hold her up in the air, so she enjoyed the sensation.

Art

Sparkle then realized that she wasn't dreaming - this was all happening! And there, in front of her were all the members of the Jr. Congress - she was HOME at LAST!



THE
END



17 Goals & Ideals



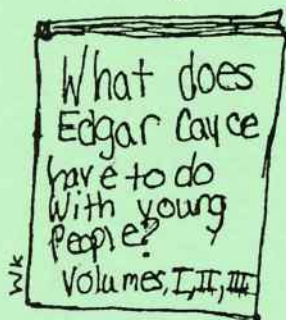
For the last 21 years, Kevin Todeschi has been working at the A.R.E.. He loves to write, and in his job as the Director of the Communications Department, he has to write a lot. Kevin is cool. He loves his work, and like so many other staff members, he came to work here because he knew about the work of Edgar Cayce. When he was 16 he read "There is A River" - and he just KNEW he would work here. It was a big goal to reach. He also wanted to be a writer, so, besides his work 9-5, he writes books too. His latest is about dream interpretation.



Travel and lectures are another part of Kevin's job. At first, he was pretty shy about talking to more than two people. Now, he gives between 20-50 talks a year, and the groups range anywhere from 20 to 200 or more! He has travelled to other countries as well. Talking about Edgar Cayce and his work can be challenging when you have to rely on an interpreter - you only get half the lecture done in the same time, because the translator has to repeat everything you say.

Future

I imagine...



Kevin spent some time talking to us about Jr. Congress goals and ideals - especially those related to getting our book published. He gave us some great ideas on how we might make it happen. The two most important things are to have agreement on what the book will look like, and what we want people to experience when they open the book. We each meditated on it, and discussed it. We can see that this will help us a lot. Kevin offered to help us next year too.

When we were visiting the Cayce Foundation, we found out about carbon ash capsules, the wet cell, the violet ray, and the radiac machine. We then found out that the people who make these healing tools were going to be available for an interview! Bruce and Kathy Baar came and told us about their business.



Bruce has been working on perfecting this equipment for more than ten years. As a child, he suffered with asthma, and found out about the Cayces reading from his mom. He read and decided that this work was very important to his health and could be important to others too.

Bruce was in a bad car accident which damaged his nervous system. He discovered that the wet cell made a big difference in getting better. He really enjoys being able to help people.

His work on the carbon ash capsule has really helped people all over the world. He is constantly trying to improve what he has made. We think his work is important!



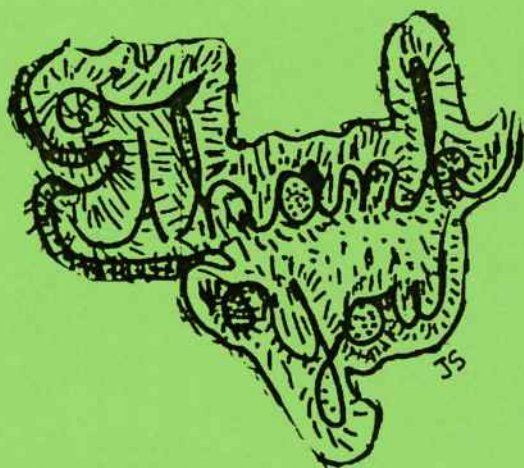
19 The A.R.E. Press

When we got to the A.R.E. Press, we met Joe Dunn and Jon Robertson. They talked to us about their jobs. Jon is charge of the Editorial and Acquisitions department. They decide if the ideas an author presents is worth publishing. Then the project goes to Joe Dunn in Marketing. He figures out if the book will sell. From there the book proposal goes to Norrene Leary, in Pre-Press. She determines the costs to publish the book. Finally, the proposal goes to the Business department, with a math wizard named Jenny Taylor. She figures out the final cost of the book.

The A.R.E. Press has two missions: one is to teach people about the work of Edgar Cayce and the A.R.E., and the second is to make enough money to pay the expenses! When they look at an idea, they try to see if it matches the mission!

Over 400 proposals are submitted each year. Only 14 are selected for publishing! We hope our book will be included next year!





TO:
A.R.E. PRESS and "Lucy"
Norrene Leary
Ellen Cayce
Rob Grant
Mark Thurston
Meredith Puryear
Pat Barnett
Wayne Emley
Jeanette Thomas
Kevin Todeschi
Jon Robertson
Ken Skidmore
Joe Dunn
Meryl Ann Butler
Karen Davis
and
YOU - for purchasing this book
and helping us underwrite
Jr. Congress!