VOLUNTEERS
ARE OUR BACKBONE

Hugh Lynn Cayce (1907-1982) was the eldest son of Edgar Cayce. He turned the A.R.E. into an organization of international renown and developed widespread recognition and acceptance of subjects such as psychical research, dream analysis, meditation, and spiritual development.

Dear Volunteer:

Would it surprise you if I called you one of the vertebrae in the backbone of the A.R.E.? There is a good precedent for using the body as a symbol. It has to have a head that is planning, directing and guiding the work. Hands busily cooking, writing and shaping things. Feet to walk and travel to many places. A voice to talk, lecture and teach. But important to this body, to hold it together, is the backbone. I think of all the volunteers who work for the ARE. as the backbone. Without you we simply could not function. We might be able to think, talk and make a noise now and then, to organize all kinds of things, but it is the backbone that holds it all together and makes a total job of sharing tools found in the Edgar Cayce Readings, tools that heal and change people's lives. The backbone makes it all possible.

You help us share the information in the Edgar Cayce Readings with those who seek. Many are sick in body and mind, with emotional tensions and pressures. Don't underestimate the smallest job. One never knows, when you fold a letter, stamp an envelope or collate a program, how much your caring and your love go into that envelope and the strange effect they may have on someone (out there) who is searching." Your decision to serve as a volunteer with the A.R.E. is a welcome and precious gift to our organization, staff and members.

Volunteers are our greatest resource. The skills, talents and life experiences that are shared here at the A.R.E. are an amazing gift of love. Your reasons for volunteering are as individual as you are, but no matter what your reasons, there are rewards in volunteering. You can learn about self, learn about others and meet interesting people by volunteering. You can help others as you help yourself.