



Edgar Cayce's Association for Research and Enlightenment

Virginia Beach Conferences FAQs

Frequently Asked Questions about Headquarters Conferences

Please note: A.R.E. Headquarters campus and grounds are a smoke-free campus.

- **Do I need to register in advance?**
 - In order to ensure a seat at the program, it is best to register in advance. Some programs have limited enrollment and can sell out. In addition, most programs have a higher fee for “at-door” registrations. PLEASE NOTE: in-person advance registration will CLOSE at end of day two days before the program start date unless the program starts on a Sunday or Monday, in which case it will close on the Thursday before.
- **How can I register?**
 - By phone:** 800-333-4499 or 757-428-3588 x0
 - By mail to:** Conference Registrar, A.R.E. Headquarters Conferences, 215 67th St., Virginia Beach, Va., 23451 and give name of conference, member ID#, and customer code. Make check payable to “A.R.E.”
 - Online:** Click on the registration link for the program you are attending.
 - By cash:** You may pay cash at the door as space allows. Please do not send cash through the mail.
 - At-door:** We highly recommend advance registration. However, you can register at the door as space allows and pay by cash, check, or credit card. Most programs have a higher tuition for at-door registrations.
 - Registration Confirmation:**
 - By Online, Phone, or Mail:** A confirmation will be emailed to you. You’ll receive a name badge and any other conference materials in person at registration check-in the day of the program.
- **I registered online. Will I receive an e-mail confirmation?**
 - Yes. You will also receive a registration confirmation by email. You’ll receive an attendee packet, name badge, and other materials in person at registration check-in the day of the program.
- **Will I receive a packet of materials by mail?**
 - You will receive a registration confirmation by email. You’ll receive an attendee packet, name badge, and other materials in person at registration check-in the day of the program.
- **Where are the conferences held?**
 - Conferences are held in the A.R.E. Headquarters Visitor Center in the Main Auditorium, on our campus in Virginia Beach. For Field Conferences, venues vary by city and program.
- **Where do I check in for the conference once I arrive at the A.R.E.?**
 - Registration is held in the Visitor’s Center. You will receive a packet and name badge at check-in.
- **Do I need a ticket?**
 - You’ll receive a registration confirmation by email; it is not necessary to bring it with you. Your name badge is your “admission” and it will be given to you in person at registration check-in at the start of the program. Please wear it at all times, including when returning from breaks.

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- Please note that if extreme weather occurs the day a program starts, or during the course of the program, A.R.E. may make adjustments to the program hours or may cancel the program for the safety of attendees and staff. We recommend calling the A.R.E.'s main phone line at 757-428-3588 for weather updates in this scenario.
- We recommend travel insurance for your peace of mind. Consult a travel agent for details.
- **I need to cancel. Can I get a refund?**
 - For most programs, you may receive a full refund or credit toward another conference. Some programs incur a processing fee and/or forfeiture of deposit. Refunds for cancellations after the event or for “no shows” may be charged a processing fee. Refund requests must be made within ten days of the end of the program. See individual program registration pages for details.
- **What are the directions to get to A.R.E.?**
 - Our address is 215 67th Street (at Atlantic Avenue) in Virginia Beach, 23451. Directions are located on our website here: <http://www.edgarcayce.org/about-us/virginia-beach-hq/directions>.
 - ***PLEASE NOTE:*** If you are driving to the A.R.E. coming from the north using Interstate 64 and passing through the Hampton Road Bridge Tunnel, be advised to expect a back-up at the Tunnel of at least 45 minutes or more at any time of day, but especially at rush hour and on Fridays. If you are driving on a Friday for a conference starting Friday night, please allow additional travel time.
- **What is a Life Member program?**
 - Life members have “passes” that can be redeemed to attend one or both of the two “Life member” designated programs we hold each year: our annual members Congress held in June, and our annual New Year’s conference held December 29-31. They can be used for the in-person program, or for the virtual (online) version if that is an option. Life member passes cannot be used on other A.R.E. programs or for local events.
- **Do you issue CEU’s (Continuing Education Units) for your conferences?**
 - No, A.R.E. does not issue CEU’s unless indicated on the brochure.
- **Can I get a Certificate of Attendance or Certificate of Completion?**
 - There is a \$30 fee for a Certificate of Attendance or Completion for a conference that you have attended, unless stated otherwise in the course description. You will receive your certificate approximately three weeks after your request. This is not a Continuing Education Certificate (CEU).
- **Can I get a printout of the schedule?**
 - Once available, the daily schedule is posted online at EdgarCayce.org/HQ-Conferences either on the brochure pdf or on the program’s schedule page. It is usually available 10 to 12 weeks in advance of the program date.
- **How do I get to the A.R.E.?**
 - See “What are the directions to get to A.R.E.?” located on page two of this document.

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- **Where can I stay?**

- The Wyndham Virginia Beach at 5700 Atlantic Ave., just ten blocks away, is the closest hotel to A.R.E. They provide free parking and a free shuttle to the A.R.E. for some programs, plus a discounted group rate for our conference attendees. All rooms include a refrigerator, hair dryer, and coffee maker. For hotel reservations, call **800-365-3032** and ask for the **A.R.E. group rate**. Use the group rate codes/links for the following 2022 conferences: Annual Ancient Mysteries Conference: 100522ARE. Annual Psychic Development Training: 110322ARE. Annual New Year's Conference: 120322ARE. ***Please make your reservations early, since hotels in our area are often booked months in advance***, and the Wyndham cannot guarantee a room fewer than four weeks prior to a conference. Additional lodging information is available here: EdgarCayce.org/accommodations.
- Holiday Inn Va Beach-Oceanside (21st St), at 2101 Atlantic Ave., Located a little over three miles south of A.R.E. (9 minutes). All Oceanfront Rooms with Private Balconies. Full Service Restaurant. Complimentary WiFi and parking. For reservations call: 1-757-491-1500, receive the special A.R.E. group rate use code "AMC" for [Ancient Mysteries Conference - Booking Link](#) or use code "ECM" for [Edgar Cayce Meditation - Booking Link](#).
- Holiday Inn & Suites North Beach at 3900 Atlantic Avenue, an oceanfront family beach resort with indoor/outdoor pools and 3 restaurants just two miles south of A.R.E., offers a courtesy discount to attendees for most conferences. To make reservations: call **1-866-456-3446** and reference the rate code "IXE1Y" or name Edgar Cayce's A.R.E. or Use the [booking link](#).
- Holiday Inn Express at 2607 Atlantic Ave., offers all oceanfront rooms with private balconies and free breakfast. ***Please make your reservations early; rates are available based on hotel availability.*** For hotel reservations, call **757-491-6900** and be sure to state that you are with the Edgar Cayce's A.R.E. or use rate code "IXEFY" when booking your reservation.
- Active duty and retired military can access military accommodations directly across from the A.R.E. at 67th Street and Oceanfront by calling 877-628-9233 (877-NAVY-BED).
- Alternate hotel and lodging information is available upon request.

- **Is there a shuttle from the Wyndham Hotel to the A.R.E.?**

- The Wyndham hotel provides a free shuttle service to and from the A.R.E. for some conferences according to the conference schedule given to them by the Conferences team, including for lunch and dinner breaks. The hotel is about 10 blocks away from the A.R.E. Check with the hotel for details.
- As of 7/2022, Hampton Roads Transit has a bus that runs hourly from across the street from the Wyndham to A.R.E. hourly. Check with the Wyndham for updates.

- **What is the closest Airport?**

- Norfolk International Airport is about 35 minutes west of Virginia Beach.

- **Is there a shuttle from the airport to local hotels?**

- Shuttle services are available and average \$55. Taxis, Uber, Lyft and rental cars are also available.

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- **Where is the nearest campground?**
 - There are several campgrounds nearby. The most convenient is First Landing State Park on the Chesapeake Bay, located about five minutes from A.R.E. Contact the State Park at dcr.virginia.gov/state-parks for more information and reservations.
- **What type of clothing should I bring?**
 - In Virginia Beach, temperatures vary from generally cool winters to hot summers. To make sure you are comfortable during the program itself, it is a good idea to wear comfortable, layered clothing.
- **Can I bring my own water and snacks?**
 - You can, but water and other beverages and light refreshments are provided during program breaks and also are available for purchase in our bookstore and in our new Cayce-Miller Café.
- **Is there a lunch service?**
 - Lunches can be purchased in our new Graze Kitchen restaurant in the Cayce-Miller Café. The seasonal menus at Graze Kitchen will reflect Chef Kilby's passion for healthy southern-style food, prepared with fresh and locally sourced ingredients. She is committed to producing delicious, beautiful food, paired with exemplary service, and maintaining her commitment to being client-focused. The café hours are typically Tuesday-Saturday, 11 a.m. to 5:00 p.m. Hours may vary depending on conference schedule and other activities. You may call them directly at 757-457-7105.
 - Some programs also offer the option of ordering a boxed lunch for \$15 (subject to change) at registration check-in from a special menu.
- **Can I eat all my meals in the new Graze Kitchen in the Cayce-Miller Café?**
 - Lunches can be purchased in our new Graze Kitchen in the Cayce-Miller Café. The café hours are currently Tuesday-Saturday, 11 a.m. to 5:00 p.m. Hours may vary depending on conference schedule and other activities.
- **What restaurants are close?**
 - We have a list of nearby restaurants at our front desk and at registration.
- **Do you provide childcare services?**
 - No, we do not provide childcare services. A limited number of A.R.E. Life Member events include a Youth Program option, which will be indicated in the program description.
- **Can I buy the speakers' books at A.R.E.?**
 - The A.R.E. Bookstore and Gift Shop, the region's largest and most comprehensive metaphysical bookstore, carries books written by and recommended by our speakers as well as books from the A.R.E. Press catalog. They also carry thousands of other books, gifts, cards, jewelry, CDs, and DVDs. You can reach the Bookstore and Gift Shop by telephone at 800-333-4499 or 757-428-3588, extension 7231.
 - Registered conference attendees enjoy a 10 percent discount on all purchases made in the A.R.E. Bookstore and Gift Shop for the duration of the program by showing their valid attendee badge.

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- **Can I buy a recording of the lectures?**
 - Some programs may be available as a live streaming event or on demand digital download. You can go to <http://www.edgarcayce.org/online> to view the available live streaming/on demand presentations. All in person event attendees for Headquarters programs will receive the on-demand recording of the program for FREE (excludes certificate trainings and some retreats).
- **Where can I find a listing of Field Programs or A.R.E. Conferences near me?**
 - On our website, under the “Events” tab, you will see a listing for “U.S. Conferences.” It will take you to listings for programs sponsored by A.R.E. HQ and our affiliates, or follow this link: EdgarCayce.org/FieldConferences.
- **What other activities can I enjoy while I'm at the A.R.E.?**
 - As a registered conferee, for the duration of the conference, enjoy a **10 percent discount** on all purchases at the A.R.E. Bookstore, one of the largest metaphysical book stores in the nation.
 - Enjoy the beautiful beach and Atlantic Ocean just across the street from the A.R.E.
 - Schedule a massage, steam, and other health treatments at our A.R.E. Health Center & Spa (1-800-333-4499, ext. 7206 or 757-457-7202) or schedule online at A.R.E. Health Center and Spa.
 - Spend time in our metaphysical library, the largest of its kind in the U.S.
 - Enjoy our meditation room and garden, or relax with friends in our new Cayce-Miller Café.
 - Walk our beautiful labyrinth or our unique Bimini Road reflexology walkway.
 - Take advantage of the beautiful state park just three blocks from our center.
 - The Wyndham Hotel can arrange for bike rentals and other services for their guests.
- **Where can I get more information about the Virginia Beach area?**
 - The resort city of Virginia Beach and the surrounding Hampton Roads area provide many options for vacations and free time, including historic sites, parks, beaches, nature trails, bike paths, golf, concerts and festivals, and more. The City of Virginia Beach maintains up-to-date information on area activities at vbfun.com.
- **Are A.R.E. Conferences available to view online?**
 - A select number of conference presentations are available through our website live and on-demand. For a list of available and upcoming programs go to EdgarCayce.org/online.

Please note that A.R.E. may take video or photographs of participants for future promotional use. No individual video or audio recording permitted.

PROGRAMS, speakers, and pricing are subject to change. Check our website often for the latest updates.