

A silhouette of a person in a meditative pose (lotus position) is centered against a background of soft, ethereal light in shades of blue and purple. A bright, glowing yellow-orange light emanates from the chest area, representing the heart chakra. The overall atmosphere is serene and spiritual.

# **The Conscious Mind**

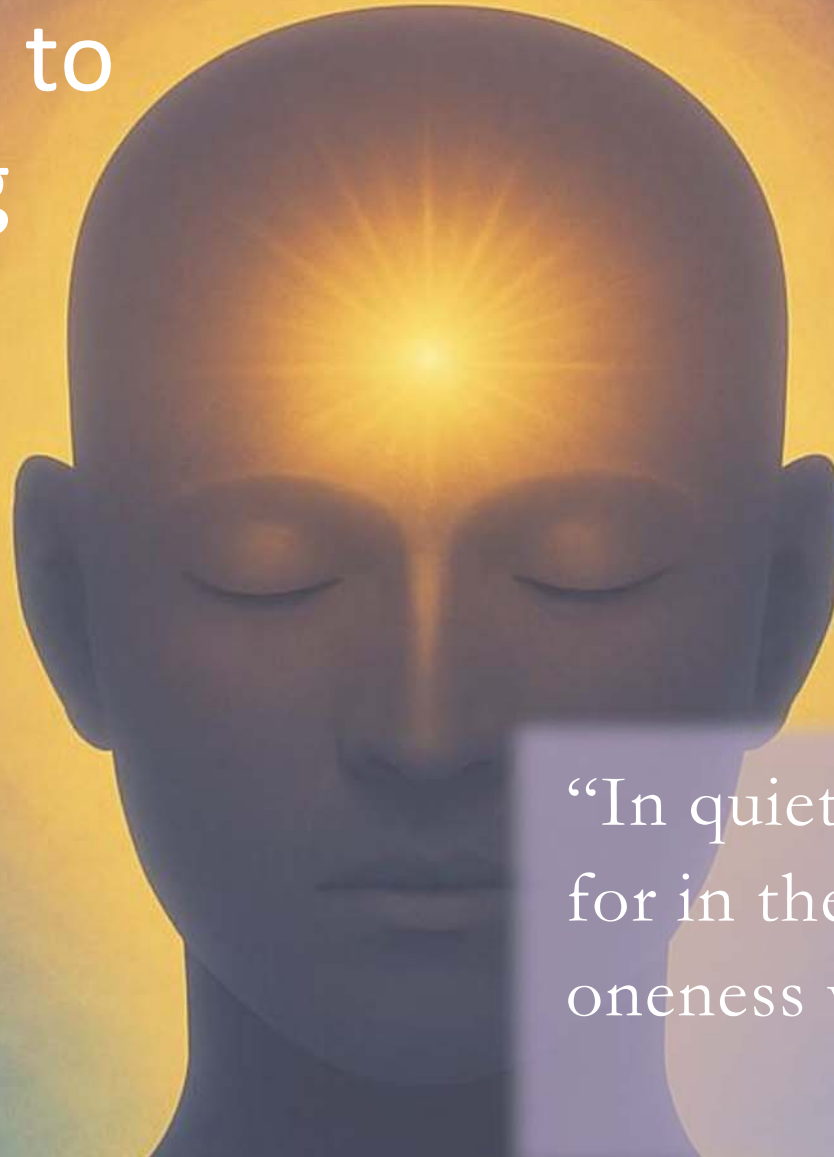
*Your Gateway to Healing*

**Presented by Lynn MagikCraft Swain**

*In collaboration with the Edgar Cayce Foundation (A.R.E.)*

# The Gateway to Inner Healing

Positive in through  
your nose &  
negative out  
through your  
mouth and shake  
off your hands



“In quietness the soul grows,  
for in the stillness it finds its  
oneness with the Creator.”

— *Edgar Cayce 1158-14*

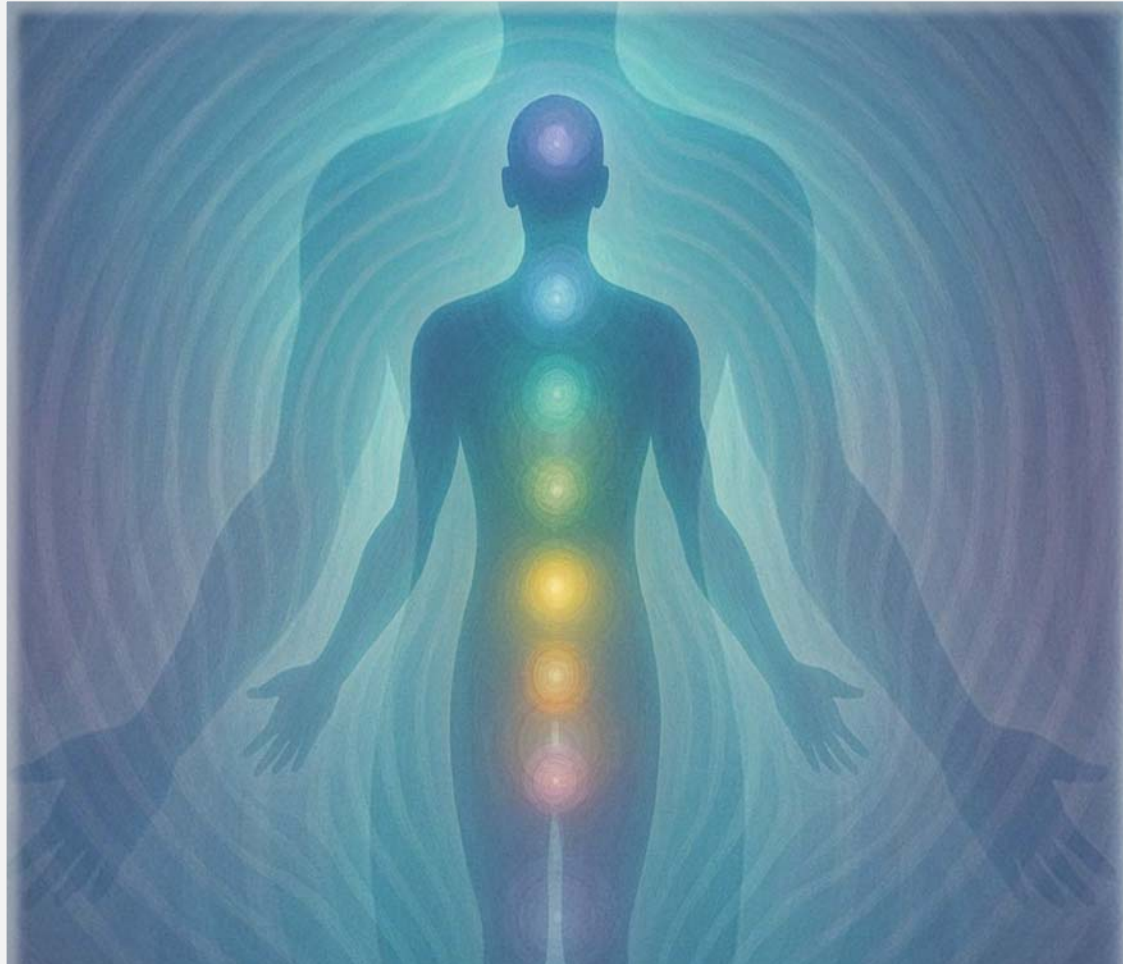
# The Foundation Conscious Healing

*“Spirit is the Life. Mind is the Builder. The  
Physical is the Result.”*

Edgar Cayce 349-4



# The Living Body Energy in Motion



Let's shift  
our energy  
with our  
conscious  
mind  
together  
now to raise  
our  
vibration!

“Every vibration in the body is  
the result of a thought.” ~ Edgar Cayce

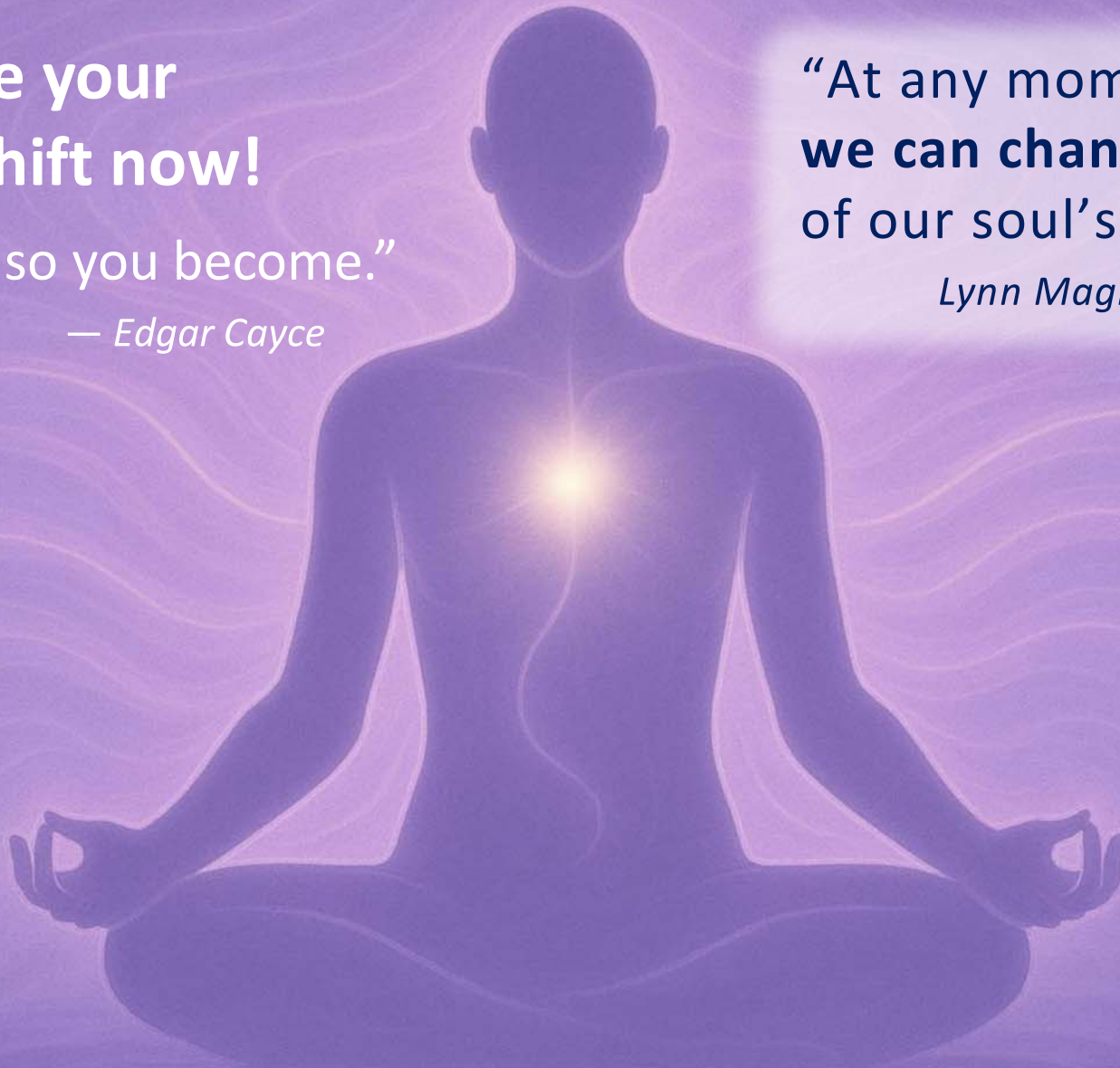
**Create your  
destiny shift now!**

**“As you think, so you become.”**

*— Edgar Cayce*

**“At any moment in time  
we can change the destiny  
of our soul’s outcome.”**

*Lynn MagikCraft Swain*



# The Soul is Eternal

We evolve not by avoiding life's challenges,  
but by transforming them through  
understanding and forgiveness.

Every challenge is a classroom for your soul.

Forgiveness and love raise your vibration.

The ultimate goal is ascension — to rise in awareness.

**“Stand in your power, follow your soul  
goal— elevate your spiritual frequency.”**

-Lynn MagikCraft Swain

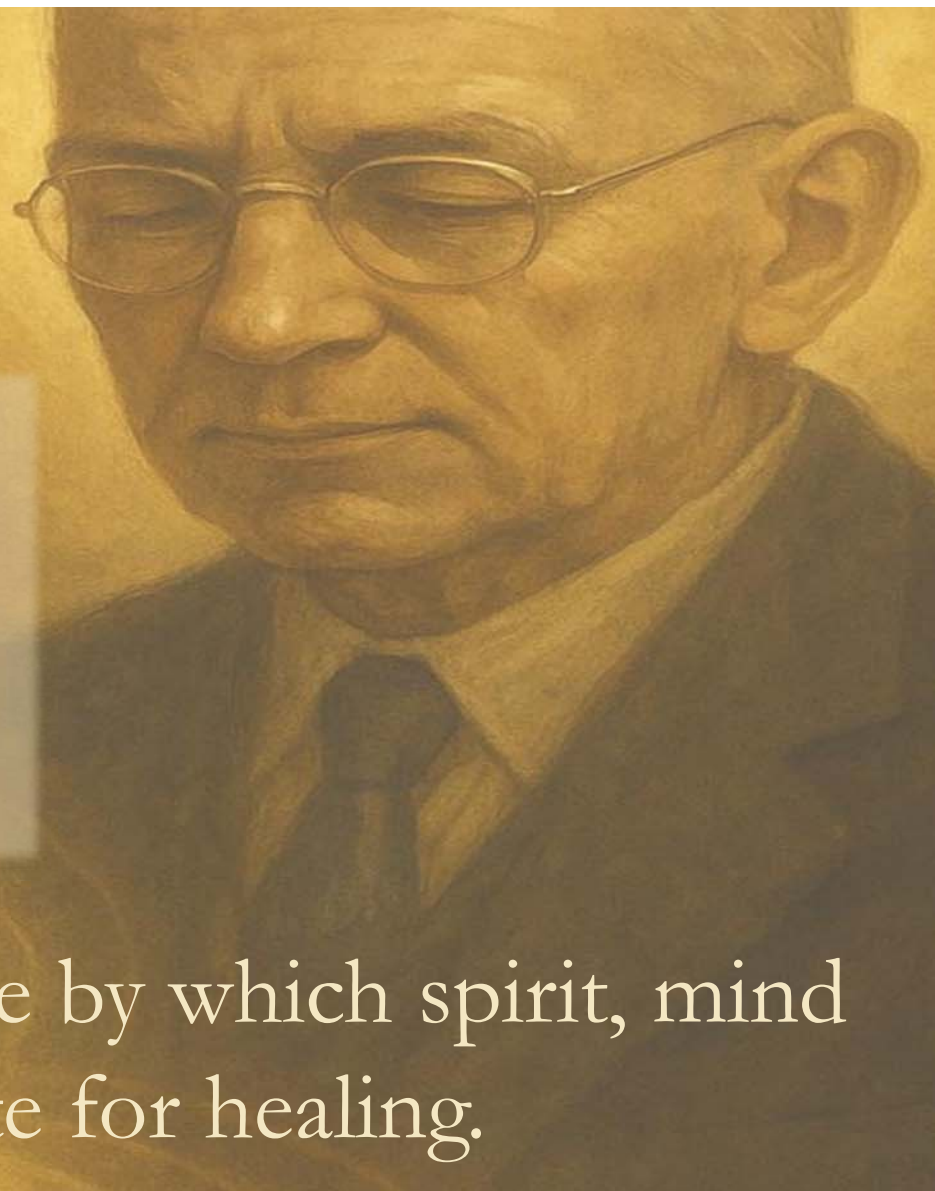


# Healing in Action: The Miracle Oil

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- Used in over *500 Cayce readings*
- Typical cycle: *3 days on, 4 days off*
- Apply for *one hour daily*, non-infected areas only
- Castor oil holds a *vibrational frequency*, purity matters

Castor oil serves as the bridge by which spirit, mind and body coordinate for healing.



# The Healing Power of a Smile

*Smiling activates "feel-good" neurotransmitters that raise your healing frequency*

## Endorphins

Natural painkillers, create mild euphoria and relaxation

## Dopamine

Boosts motivation and pleasure, the brain's "reward" signal

## Serotonin

Enhances mood stability and reduces stress

## Oxytocin

Fosters bonding and social trust when smiles are shared

Let's smile together now and share a vibration of love and laughter. This conscious choice allows you to heal your **body, mind, and spirit.**

# Love: The Highest Vibration

*Close your eyes. Straighten your spine.*

Take a deep breath in — feel your heart expand.

*Reflect on a time when you felt unconditional love — for yourself, another, or all of life.*

What does it feel like in your body when you are in the vibration of love?

How can you direct this frequency toward healing your body, mind, and spirit?

*Breathe. Feel. Align.*

I Believe in YOU! Believe in Yourself  
Everyone has the Power to Heal!

# ELEVATE TO YOUR HIGHEST VIBRATION

Believe in your Magic for it has always been within you. Your soul never

Step into your power & <sup>forgets.</sup> Follow your soul goal

## Explore More with Lynn MagikCraft Swain

Book: *Ancient Wisdom for the Modern Practitioner*

Oracle Deck: *The MagikCraft Oracle*



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*Transform Your Life and the World Around You  
Contact Nancy if you have any questions*

