



Cayce/Reilly® School of Massotherapy
 Celebrating Over 20 Years of Excellence in Education

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Through 2012, massage therapists are likely to see a 20% to 35% increase in job opportunities.

A Career in Massage Therapy

One of the most frequent comments massage therapists make about their occupation is, "I love what I do and I love being able to help others." They feel this way because a career in massage therapy allows them to help people in a meaningful way with a high degree of personal contact. Massage therapy provides an opportunity to express very positive values about caring and well-being in their work in a way that is both personally and professionally rewarding. Massage is a healing art as well as a science. It requires a balance of academic and technical knowledge, clinical skills, sensitivity, and awareness.

Massage therapists practice in a variety of settings, such as private offices or massage therapy clinics, chiropractors' or doctors' offices, holistic health clinics, health clubs and fitness centers, spas, nursing homes and hospitals, with sports teams, and sports medicine facilities. The average annual income for a massage therapist working part-time (15 hours weekly) is \$30,000. The 2008 annual report from the American Massage Therapy Association (AMTA) shows that 82% of massage therapists provide Swedish massage, followed by 70% who provide deep tissue, and 40% perform sports massage. The possibilities in this growing profession are limitless!



The field of massage therapy is growing rapidly in response to the public's expanding interest in forms of healthcare that promote well-being and a higher quality of life. Almost one in five adult Americans report discussing massage therapy with their doctors or health care providers (AMTA Annual Report 2008). Groundbreaking studies on alternative medicine have shown a consistent pattern of both increased use and acceptance of massage, not only as a viable healthcare modality, but a valuable one. 63% of massage therapist report they receive client referrals from healthcare professionals.

Massage is increasingly recognized for the contribution it brings to the whole person and the opportunities for jobs in the massage therapist industry are estimated to increase by 20-35% by the year 2012.

*Make a choice that will change your life...
Choose the Cayce/Reilly School of Massotherapy*

Interview with student Ann Stallings

If you would like to visit the school, tour the beautiful campus, or sit in on a class, please call us at :
757.457.7270 x7286

Your Journey Begins Here...

Want to know more about the Cayce/Reilly School? Visit our website & community pages at:

Website:
www.edgarcayce.org/massageschool

Facebook:
www.facebook.com
then search "Cayce Reilly"

MySpace:
www.myspace.com/caycereillyschool



Ann began her journey of personal transformation at the Cayce/Reilly School in September 2008. *"I choose the Cayce/Reilly School's massage program because I wanted to learn the techniques and mechanics of massage with a holistic approach and an emphasis on body, mind, and spirit."*

Practicing as a massage therapist is about reclaiming the wisdom and truth of the human body, for both you and your clients. Doing this type of work has meaning and makes a difference in people's lives – it's a special responsibility and a privilege. *"I am so much more aware of how to live a healthy, whole life and I am excited and humbled to offer this gift to others. I am so grateful to have a career that I love and will enjoy going to every day,"* says Ann.

Students at the Cayce/Reilly School experience the convergence of technical instruction with the concepts of holism, healing, and the theory of body/mind/spirit. Cayce/Reilly students also receive instruction in anatomy and physiology, as well as advanced massage modalities. *"Learning massage and being able to give that form of healing back to so many people has given me a deeper love and appreciation for life, and every moment it has to offer us."* Students are also provided with opportunities for their own personal transformation, cultivating the age-old understanding that the only way to truly heal is to be healed.

As Ann prepares to graduate in April, she reflects on how much she has learned and the experiences she will take with her. *"The most memorable experience is meeting so many beautiful souls on this incredible journey and making lasting friendships!"*

Weekend 🌸 Workshops

Explore these therapy techniques in our upcoming weekend workshops. These workshops are open to everyone.

For more information about our Continuing Education Program or to register:

www.edgarcayce.org/massageschool/ce

workshops@edgarcayce.org

757.428.3588 x7285

The Student Clinic at the Cayce/Reilly School offers 1 hour massage and reflexology sessions! The clinic is open Monday – Saturday.

Call 757.457.7146 to book your appointment!

April 6-7 **Reiki II**

Saturday 9:30- 6:30pm & Sunday 9:30-1:30pm

Reiki II attunes the student for healing on the mental and emotional levels. Students learn three Reiki symbols to use in-person and in long distance sessions. Participate and share healing through Reiki sessions with classmates.

April 17-20 **Infant Massage Certification Training**

Friday – Monday 9-5pm

Prerequisites: Students must be 18 years of age or older.

This training prepares the participants to teach parents and caregivers how to massage their infants and children and to become Certified Educators of Infant Massage (CEIM). Infant Massage USA's fifteen-point curriculum offers students the knowledge base, experience and confidence to fulfill their role as educators. In the four-day workshop, participants experience three parent-baby classes. To earn certification after the four-day workshop, participants complete an exam and practicum and submit a certification packet for review.

April 26 **Raindrop Technique**

Sunday 9:30 – 4:30pm

This 6-hour workshop covers Young Living Raindrop Oils, their purpose, indications, contraindications, and healing potential. After a demo, each participant gives and receives a session.

May 1-3 **Introduction to Holistic Aromatherapy**

Friday 1-9pm, Saturday & Sunday 9- 5pm

This workshop is designed for people interested in incorporating aromatherapy in their daily lives to greatly improve their overall well-being. This class is an introduction to uses and applications of 12 essential oils and their healing properties.

May 15-17 **Breath & the Chakras**

Friday 6-9pm, Saturday 1-6pm, Sunday 10-2pm

In this workshop we focus on the following topics: learning how to stay present with the breath and feel the energies in the chakra system, comprehension and understanding of the anatomy of breath and the human energy field, the chakras and working with the breath and the energy field, grounding technique exercises, and looking within yourself to experience the power of being in the present moment.